

The Association of Plastic Surgeons of India



Newsletter



August 2015

E- Newsletter No. 71

Vadodara

Dear All,
Greetings and best wishes!

Plastic Surgery has been always a fusion of science and art. The harder we work the better we convert a chance to a choice. The beauty of our specialty lies in the fact that we are not confined to one specific area. We operate from head to toe. This wide spectrum keeps monotony at bay by sustaining our interest. The emergence of twelve subspecialties has further widened the scope of Plastic Surgery.

However Plastic Surgery is still synonymous with cosmetic surgery. Setting aside laymen, even the medical fraternity is unclear about the wide range of cases we are capable of handling. That is why the administrators often ask roll of Plastic Surgery in cancer hospital or in emergency. We ourselves are responsible for these misconception. We should, at various forums create an awareness of our role in restoration of form and function relating to various regions of the body, consequently helping in rehabilitation, be it congenital anomalies, burn, agro industrial accidents, traffic accidents, cancer management, etc. In my opinion aesthetic surgery too can be termed functional surgery in a country like ours as most of it pertains to job oriented people from different spheres of life. Conscious efforts to educate mass about the plastic surgery must become part of every plastic surgeons schedule. Efforts to write article in newspaper-magazine, radio talk or television interview need to be more frequent. Regular precise updates of progress in our speciality will benefit everyone. Even God Shankar, the performer of heterogenic head transplant, believed in mass education. Mahadev, used DAMRU to attract and gather mass.



There are more than 50 plastic surgery teaching institutes in India. The prime objective of these institutions is to impart knowledge of plastic surgery on a broad basis to the M.Ch. or D.N.B. trainees. Due to growth and development of super specialities, it has become impossible to learn or have complete knowledge at any one centre. Knowledge is unlimited. Students are visiting centres of their interest and many institutes are offering short course, observer ship, workshop and competitions. Adequate basic facilities are available easily. It is possible to enter the unexplored regions which are lovely, dark and deep. Future is promising and bright. Digital communication is available easily. It has become simple to share photograph, video. Various groups are active. Instant suggestion, opinions are helping choosing precise remedy. Medical education has become lengthier and costly. Young skill is attracted by easier and faster earnings. Teaching institutes are running short of qualified faculties. Future of our academic institutions is bleak. The need of the hour is to provide our young skilled specialists with adequate incentives, lucrative enough, to incline them towards academic institutions. Bearing in mind a conscious and critical appraisal of our short comings, we should be enthusiastic about our future and play our roles in society as super specialists with none at par.

INDIAN women have made significant progress in traditionally male-dominated professions like medicine and the sciences. Creation, reformation and rebuilding is intrinsic to women. Our First Women organizing team worldwide, will initiate change and make a positive impact on careers of upcoming new generation. The task is enormous. I am sure, your participation will make it easier and great success!

Golden Jubilee Conference theme is Advocacy and mass education. Gather, interact, educate, learn from each other, update knowledge and understand the finer intricacies of the subject more profoundly. This will certainly equip us to triumphantly face the emerging challenges of the twenty first century!

With warm regards,

Prof. Prabha Yadav
President, Association of Plastic Surgeons of India, 2015

Let us all be part of this unique exhibition 'Down Memory Lane'

Dear Colleagues and members of APSI,

I hope you are all registering in good numbers for APSICON 2015. This is going to be our 50th Annual Conference and in keeping with that spirit Madam President has given me the task of creating an exhibition called 'Down Memory Lane'.

Essentially this exhibition is open to all units and individuals in the country to put up lovely posters of 2 x 3 metres in the large pre conference area of the venue. The poster should trace the history of the unit starting with its founders. Typically I expect them to include old and rare photos of founders and the Consultants that followed, Old case photos, memorable events in the unit's history, evolution of its premises, interesting statistics of 'then and now' and so on. Senior members in individual practices can also make something on similar lines if they wish to.

Through our news letter I am taking this opportunity to reach out to every member and unit head, past and present, so that maximum posters are displayed.

Please communicate with me with your queries, suggestion and more importantly your confirmation of making such a poster. I visualise it as a great exhibition which we will constantly see during the entire APSICON 2015. My email id is: mthatte@gmail.com

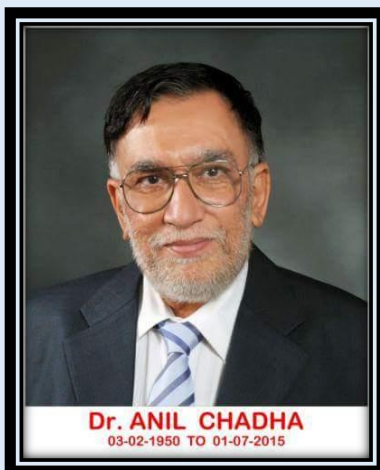
Welcome to Mumbai and look forward to hearing from you all.

Sincerely,

Mukund R. Thatte, Hon. Trustee, APSI

The fraternity and the society lost an honest, upright, hardworking and a simple person.

Prof. Anil Chadha passed away on First of July, 2015 in Ahmedabad. All his students and subordinately will fondly remember him for him for his kindness and perfection. So proclaim that Dr. Chadha was a thorough gentleman, a fine clinician, a good friend and an efficient administrator would be an understatement. He was a rare breed of human race, beyond comparison. He was a big fighter and despite having such a dreadful disease to overcome, he was always smiling and cheerful. May his soul rest in eternal peace and may the Almighty give the family strength and courage to bear this loss. Students of Prof Chadha had gathered to pay their respect to him on 5th February, 2015 in Ahmedabad



APSICON 2005 -APSI- Ethicon Instructional Course on Breast Surgery

VENUE: Rustom Choksi Auditorium, Tata Memorial Hospital, Parel, Mumbai -400012

Pre Conference: Fri, Sat, 25th - 26th December 2015

APSI has initiated professional development courses to complement curriculum-based post doctoral surgical training and education. To this end the Breast Surgery course is being organised along with the conference at Mumbai. The fee for first 40 delegates (APSI members or Plastic Surgery students) will be refunded at the end of the programme. Please register through conference Web Site.

CME on Vascular Access For Hemodialysis

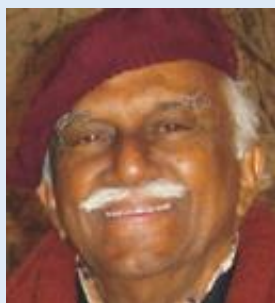
This unique programme was held on the 28th June 2015 in Pune, Maharashtra.



DR.SAM C BOSE & SAROJA BOSE

BEST PAPER ON AUDIT AND RESEARCH IN PLASTIC SURGERY

Anyone of the members of APSI from the junior most to the senior most either individually or in combination can submit their paper for this category with the name of the principal presenter first.



While submitting the abstract of the paper, select the category as "Best paper award on audit and Research in Plastic Surgery". Depending on planning of Scientific Sessions at APSICON 2015, such papers may or may not be grouped for presentation simultaneously. Panel of Judges will choose winner from

presentations. More details at end of the instructions on the page <http://www.apsicon2015.com/abstract.php>



National Plastic Surgery Day – 15th July

To gain access to acceptable and affordable reconstructive surgery and post-operative rehabilitation services and educate primary physicians, nurses, paramedics and technicians in particular and public at large, many awareness cum health education program in the form of outpatient clinics, School Screening Camp, Rural Specialty Services Camp, Operative workshops, Industrial visits etc were organized as a part of "National Plastic Surgery Day" during the period between 15th July and 22nd July, 2015 by many members and organizations. Special among them were SGPGI, Lucknow, ICAPS, SIMS, Chennai, Department of Plastic Surgery, SRM Medical college and Research Institute, Sir Gangaram Hospital, New Delhi, PGI, Chandigarh, KGMU, Lucknow, DMCH, Ludhiana, Ganga Hospital with a special Quiz, just to name few.



DMCH launches 24x7 burns helpline

HT Correspondent

ludhiana@hindustantimes.com

LUDHIANA: Dayanand Medical College and Hospital (DMCH) observed World Plastic Surgery Day by introducing a 24-hour burns helpline number for city residents in Ludhiana on Wednesday.

DMCH principal Dr Sandeep Puri launched the helpline number.

Dr Puri said, "This helpline will be helpful to city residents throughout the year. Being an industrial city, cases of burns appear every now and then. Anyone, who needs help, can call on helpline number- 946469 1616."

DMCH plastic surgery professor and head Dr Sanjeev Uppal said, "Plastic surgery originated in 600 BC in India when Shushruta, an Indian surgeon, created a new nose from a person's forehead skin."

"To spread the advent of this specialty worldwide, the Association of Plastic Surgeons started celebrating July 15 as Plastic Surgery Day every year."



DMCH principal Dr Sandeep Puri (centre) and other doctors launching the free helpline number for burns emergencies in Ludhiana on Wednesday.

JS GREWAL/HT

This helpline will be helpful to city residents throughout the year. Being an industrial city, cases of burns appear every now and then. Anyone, who needs help, can call on helpline number- 94646-91616.

The department of plastic surgery conducted sessions on first aid in burns and reconstructive options in plastic surgery at government schools of Gobind Nagar and Sarabha Nagar.

The sessions were conducted

National Plastic Surgery Day today

Plastic surgery is for common man too

In contrast to common belief, plastic surgery does not involve insertion of plastic into the body.

Cosmetic surgery and plastic surgery are not one and same. Cosmetic surgery is for enhancing the beauty whereas plastic surgery is a broader speciality dealing with repair, reconstruction, and rejuvenation of various body parts, ranging from treatment of birth anomalies like cleft lip-palate, syndacty (joined fingers) to post burn contractures, disfigurement, and accidental injuries to hand and face.

Unlike other specialities, plastic surgery is not restricted to any specific age group, organ, organ system, or a disease. There are lots of myths about the speciality like it does not



leave any scar, is very expensive, meant for celebrities and models etc. The proper understanding of the speciality in the

public as well as medical and paramedical area is lacking.

Thereby, to improve the understanding and to bring awareness about the speciality APSI (Association of Plastic Surgeons of India) members celebrate July 15 of every year as 'National Plastic Surgery Day'.

Some common problems

Burns is a common problem and mostly the affected individuals are poor.

The treatment of burns is improved with advanced research in skin substitutes. Skin banks like blood bank and eye bank are becoming reality in India. The individuals, once they survive, need multiple surgeries to improve the function of eyes, neck, hand, and also im-

prove the cosmetic outcome.

Their morale is down and need rehabilitation and a job to sustain them. Various government and NGOs are extending their helping hands and it needs to be enhanced.

Vitreolage (throwing acid) is a heinous crime that is committed on many young women for various scrupulous reasons, and needs to be stopped by implementing the law in stricter way. These patients can be helped by plastic surgery with voluntary help by charitable trusts. The children born with cleft lip-palate cause agony and depression to the parents and family alike. These anomalies are not caused by any sin or misdeeds of the parents. These can be corrected.

Last but not the least, every

individual wishes to look good.

An ugly scar on a face, crooked nose, hairy naevi, asymmetric breasts, a big tummy or obesity etc, can cause depression, lack of self-confidence, avoidance of public meetings, and even suicidal tendencies.

These patients can be helped by cosmetic surgery to enhance beauty and self-confidence, and self-esteem. The cosmetic surgeries are as safe as any other surgical procedures, and not very expensive. The proper understanding and awareness about the plastic surgery by a common man can help to build a healthy, functional, and beautiful society.

Dr S S Shirol, Consultant Plastic Surgeon, Hubballi



View of Poster Exhibition Gallery at Sir Gangaram Hospital. Dr. Suresh Gupta was felicitated on the occasion of completing 50 golden years in this hospital. Femina Miss India-2014, Ms. Koel Rana, graced the occasion as Chief Guest and inaugurated the Poster Gallery.

15th IPRAS 2009 Humanitarian Activities Fund

1. The fund will be governed by general rules applicable to all corpus managed by APSI Trust, i.e. the usual rules of APSI Trust will apply in disbursing the interest and in augmenting the corpus on an annual basis.
2. If there is no proposal in a financial year the entire interest generated will be used to augment the corpus.
3. It will be specifically used for organizing humanitarian activities on behalf of APSI, like organizing 'Surgical Camps' at remote places with the help of local charitable groups or medical colleges, where Plastic Surgery facilities don't exist.
4. The first such disbursement was in the year 2013.
5. The proposals will be submitted to Secretary, APSI at least 8 months before the camp activity.

6. All proposals should include the complete plan, the co-hosts (and their role), financial details, list of surgeons and other staff, food and stay arrangements, venue of surgery etc. Proposals should be comprehensive in all aspects.
7. The Committee to consider such proposals will consist of the President and Secretary of APSI; President, Chairman and Secretary General of IPRAS-2009, and Dr. Chanjiv Singh (Chairman-Humanitarian Committee-IPRAS). This group (Secretary APSI) will present the proposal to the APSI Executive and an electronic approval of the APSI Executive will be taken by him/her to expedite the decision.
8. Surgeons from overseas will need MCI and / or State Medical Council Registration as per rule applicable at the time. This will be ensured by the organizers.
9. A separate bank account will be opened for this purpose by the Chief Organizer and it will have a minimum of two signatories, who will be authorized by APSI Executive to operate this account jointly,
10. This is a financial support of the nature of one time lump sum grant
11. APSI or IPRAS or IPRAS 2009 Organizing committee will take no responsibility in the conduct of the camp. APSI is only a disbursing agency in this regard. The Chief Organizer will furnish a signed statement absolving the above agencies from all risks and liabilities - clinical social and legal - in the conduct of the camp.
12. APSI or IPRAS or IPRAS 2009 Organizing committee will not accept or entertain any demands if there are shortfalls of any manner in the conduct of the camp.
13. The surgical camp will not be conducted in a personal nursing home of a member of APSI. However, it may be carried out in a nursing home where Plastic Surgery facilities don't exist in the Region.
14. Chief Organizer of the camp is to furnish a full audited statement of accounts within 2 months of the conclusion of the activity. If there are any savings from the amount disbursed they will be returned along with the audited statement.
15. The Chief Organizer will also be responsible to furnish a report of the camp which includes the proceedings, number of cases operated (their detailed list) and some pictures of activity as well as clinical results.
16. All branding for the Camp will bear IPRAS, IPRAS 2009 and APSI Logo. Branding will also have the words inscribed, 'Supported by Association of Plastic Surgeons of India'.
17. No personal promotion by way of pictures or names etc will be permissible.
18. Any misconduct during the 'Camp' which brought to the notice of APSI Executive will invite disciplinary proceedings according to 'Rules & Regulations' governing APSI.
19. The Chief Organizer requesting APSI funds will sign the 'Rules' mentioned above from serial 3-18 on a Rs. 100 non judicial stamp paper, as a token of acceptance, and get it notarized.

TENDON TRANSFER IN NERVE PALSIES

Bangalore, 31st October & 1st November

Contact Dr. Venkatesh

mysore_venkatesh@yahoo.co.in or call 09341218859

Dr. Ashok Gupta was awarded a unique honour recently. Global Officials of Dignity Awards (G.O.D. Awards) is a global humanitarian awards event honoring those who have contributed to humanity significantly on Global Peace, Human Rights, Green Environment, Education, Eradication of Poverty, Health and Wellness and Empowerment, WCH under the leadership of Dr. Ashok Gupta is working on to give Nepal, a grant of US\$500,000 (RM1.87 million) worth of medical supplies and equipment especially to the victims of the earthquake under its Global Health Initiative for Humanity (GHIH) project



Guidelines

International Visiting Scholar Program

Association of Plastic Surgeons of India – APSICON2012

Introduction

- The Association of Plastic Surgeons of India (APSI) awards one International Scholarship per Calendar year to a suitable overseas candidate for visiting Plastic Surgery centers in India to enhance his/her professional and academic career.
- The Fellowship was established in the year 2014 through a generous grant from the proceeds of APSICON2012, the 46th Annual meeting of the Association of Plastic Surgeons of India held at Lucknow, Uttar Pradesh, India in the year 2012.
- The Fellowship provides financial support to the tune of Indian Rs. 1,50,000 (One Hundred and Fifty Thousand Only) which is inclusive of the Early Bird Registration for the Annual Meeting of the APSI (APSICON) usually held towards last quarter of calendar year. It will be paid in Indian Rupees to the candidate or to any one of the host institute to be passed on to the scholar.
- The award amount is fixed and is intended to cover the travel costs and stay in the host institute. It can be used to cover costs for visa, passports, airport taxes etc. The award does not cover medical care, insurances or taxes in the country of the scholar; none of which the APSI will be liable for. They also should not be used to provide support for accompanying dependents.
- The Fellowship is not granted for basic training, courses, lectures, meetings, conferences, congresses, etc. It cannot be granted to candidates who are already physically present at the proposed host institute whilst their applications are under consideration.
- The period of fellowship in general will be for 3 months, which can be extended by the Fellow with mutual consent of the host institute for a period not more than another three months. The fellowship amount granted by the APSI will remain the same.
- The original Fellowship cannot be prolonged, or run concurrently with other awards, even those funded by other agencies. These Fellowships may not be financially supplemented by agencies other than the home or host institutes, or the Fellows personally.

- The candidate may choose to visit any center of his/her choice subject to approval from the Executive Committee of the APSI. In case the candidate is unable to find a placement, the association may assist him in the matter.
- The candidate shall be responsible for communicating directly with the centers that he or she wishes to visit and obtaining their approval, which then has to be communicated to the APSI before the application can be considered for approval.
- The candidate shall be responsible for making his or her own travel and lodging arrangements and visa formalities.
- If an individual is selected as an International Scholar and is unable to obtain a visa, APSI is not responsible for continuation of the offer beyond a reasonable date, in which case the offer shall be extended to next candidate in waiting.
- The APSI shall ask the host institute to furnish a letter of acceptance to the fellowship program should the candidate require such a documentation for visa purposes.
- The candidate has to plan his or her itinerary such that he or she should be able to attend the Annual Conference of the Association of Plastic Surgeons of India (APSICON), which is usually held in the last quarter of the calendar year.
- The fellowship certificate shall be awarded to the candidate at this Annual Conference of the APSI.
- The fellowship award is inclusive of the Early Bird Registration fee of the candidate for attending the Annual Conference of the APSI following which the candidate shall be eligible to apply for the Overseas Membership of the APSI at prevailing rates.
- Majority funds shall be sent to the candidate or the host institute by APSI on receiving intimation of arrival of the scholar. The remaining remuneration if any shall be awarded to the candidate upon completion of the fellowship.
- The completion report along with a daily log of activity at the centers visited shall be submitted compulsorily to Secretary - APSI, before the award can be completed. The completion report should include details regarding the candidates' experience in India, what objectives were achieved and how the experience will affect their career goals.
- The candidates should, in their report, evaluate the program and the centers they visited and offer suggestions for modification and improvement.
- The report should be submitted preferably at the completion of the Fellowship related to visit of each of the centers.

Eligibility

- The candidate has to be a Plastic Surgeon/ Surgeon practicing plastic surgery in his/her native country in the early stages of his/her plastic surgical career.
- Candidates who have passed the eligibility exam of their respective country within ten years of the date of application shall be preferred.
- Candidate should be residing outside India.
- Candidate has to be a surgeon of good standing among his peers as attested by the recommendations required by the application process.
- Each applicant should submit a short project summary of the objective of the visit, the reasons for selecting the host supervisor and the way the experience will be utilized after return from India. Hence, preference will be given to candidates who have shown adequate inclination to

the sub-specialty they have chosen as well as their future prospects of utilization of the training obtained.

- The candidate has to be in good health and not suffering from any communicable diseases and has to furnish sufficient documentation to the effect.
- Candidate should be able to communicate in English language.
- The APSI or the host centers shall in no way be responsible for any health or safety issues that may arise during the course of the fellowship. The candidate should be suitably insured for the same.

Application process

- The application process has to be completed and submitted to the APSI Secretary usually before 30th July of each year (30th October, 2015 for the fellowship commencing in the year 2016) for the fellowship program that begins the next year.
- The application has to be on the prescribed format downloadable from the Association's (APSI) website (www.apsi.org.in)
- The application has to be bolstered by the necessary documents as mentioned in the concerned section.
- The application has to be submitted electronically to the Secretary of the Association of Plastic Surgeons of India (APSI) at email address specified in the form, and the same to be copied to singhkarun@hotmail.com
- The candidate may re-apply for a maximum of three years in continuity.

Documentation

- Application completed in all respects along with one recent frontal photograph and documents as demanded in application.
- Two recommendation – one from the Head/Director/Dean of the Department from where the candidate has passed the eligibility exam and another from the Secretary, President or any office bearer of the National Organization of the candidates specialty. In case there is no association then he may send the recommendation letter or from the association of his basic speciality.

Congratulations - A research Book by DR.S.A.SUBRMNI " A NEW CLASSIFICATION OF CRANIOFACIOCERVICAL CLEFTS [Anterior And Posterior]" comprising his research of 20 years will be released on in the CME PLASTIC SURGERY to be conducted by the Department of Plastic Surgery in Vydehi Institute of Medical Sciences, Bangalore.



Ear Reconstruction Workshop, 11-13 September 2015

Nair Hospital and Bombay Hospital.

International Faculty - Dr. Francoise Firmin and Dr. Alexander Marchac from Paris

For Details Contact - Dr. Amresh Baliarsing < amresh_baliarsing@hotmail.com >

Various APSI Sponsorship and Grants for use in 2016

Financial Assistance is provided based on the available interest from respective corpus. Interested candidates may confirm about the amount available. Applications in prescribed format along with short CVs as attachment in email should reach the Secretary, APSI by 31st August 2015. The Training fellowships are for a period of 4 weeks. Applicants must be associate or full member of the Association and should submit their applications with the scanned approval of the consultants under whom they wish to train. Applications received after the due date and without accompanying approval letters will not be entertained. Successful applicants are required to maintain a daily diary as per proforma during the period and obtain a certificate of attendance from the consultant. Application from PG trainees to attend APSICON should include acceptance letter for their presentation, proof of registration, a short CV and a scanned forwarding letter from Head of the department. PGs who are not members of Association can also apply in this category.

APSI sponsorship for PG trainee to attend APSICON 2015

Apply in prescribed form so as to reach Secretary-APSI by 31st August, 2015.
Applicant may not be a member of APSI. Must have registered for APSICON 2015.

Training Fellowships

- Ethicon Training Fellowship in Plastic Surgery One
- Ethicon Training Fellowship in Cosmetic Surgery One
- Ethicon Training Fellowship in Microsurgery One
- Prof. S. R. Tambawekar KEM Microsurgery fellowship One
- APSICON 2010 International Training Fellowship- One
- R.G. Saraiya International Training Fellowship One
- IX IPRAS Fund International Traveling Fellowship One
- Myovatec Training Fellowship in Plastic Surgery One
- Vasudhan Arjin Fellowship in Laser Surgery One
- Brig Kathpalia fellowship in Hand Surgery One
- IX IPRAS Fund National Traveling Fellowship One
- Chennai Fellowship in Tamil Nadu (junior plastic surgeon) One
(Within 5 years of M.Ch./DNB) or plastic surgery trainee from anywhere in the country -
To visit one center for training in Tamil Nadu.
- Chennai Fellowship outside Tamil Nadu (junior plastic surgeon). One
(Within 5 years of M.Ch./DNB) or plastic surgery trainee from Tamil Nadu
To visit a center outside Tamil Nadu for training.
- APSICON 2010 Research Award- For a recently concluded research.One
- Assistance to attend APSICON2015 (junior plastic surgery resident) Two

APSI Sponsorship Grants for use in 2016 till September 2016

- Dr. C. R. Sunderrajan National CME One
- 15th IPRAS 2009 Humanitarian Activities Fund One - See separate rules
- Plastic Surgery Venture Fund One
- Promotion of Scientific Activity in Gujarat Fund One
- UP APSICON award for Promotion of Scientific Activity in UP One
- APSI sponsorship for PG trainee to attend APSICON 2015 Two

Prescribed form available with Secretary-APSI **Last date 31st August, 2015.**

APSI Junior BEST PAPER AWARD

Eligibility:-Junior Plastic Surgeon undergoing post doctoral training, or not more than one year after training.

Submission:-While submitting the abstract of the paper, select the category as “ APSI best paper ”. The paper should not have any co-author. The title should not indicate the name of the institution. After submitting the abstract, please also send a covering letter with scanned copy of certificate from the Head of the Dept. (where the participant is undergoing training) to apsicon2015@gmail.com

Presentation: -Seven minutes will be allowed for presentation, to be followed by 2 minutes discussion. Anybody from the audience is free to ask questions on the presentation. Submission is to be done to APSICON2015 through their web site

For more details go to the end of page at <http://www.apsicon2015.com/abstract.php>

Peet Prize – APSICON 2015

Entries are invited from APSI members. The award is given for presentation of the paper after preliminary selection.

Eligibility: All full / life members of APSI

Submission of papers: The paper should be of high standard and should have originality. It should be relevant to the Indian context. If experience of a long series of cases is being presented, it is preferable to include a statistical analysis also. New ideas and innovation / new achievements and feats can be presented. Modification of techniques, highlighting cost effectiveness and superiority of results, development of newer instruments, etc. Necessary Application Form should be obtained from Secretary by sending email to secretary.apsi@gmail.com. Send the same after signing as PDF

Later entry is to be sent as One PDF attachment to email along with all photographs as well as illustrations, in the same PDF so as to reach him before 31st August, 2013. Author also needs to submit an undertaking in another PDF that work has not been published. Nowhere in the submission, should name of author or organization be revealed.

Acceptance: The final acceptance of the paper for podium presentation will be communicated to the participants by the Secretary, APSI. Authors who are not selected under Peet Category and still wish to present their papers in APSICON for the year if their paper is not accepted for the Peet Prize Session will have to themselves submit the same to the organizing secretary of the conference.

Time for Presentation: Ten minutes will be allowed for presentation, to be followed by 3 minutes of discussion. Anybody from the audience is free to ask questions on the presentation. The title slide should NOT indicate the name of the institution

Kilner Essay Award – APSICON 2015

1. Essay on any topic has to be submitted in the same way as IJPS submission, in single PDF by email attachment so as to reach the Secretary, APSI by 31st August, 2015. Entry will have to be accompanied by application form available by email from the secretary. Author also needs to submit an undertaking that work has not been published. Nowhere in the submission, should name of author or organization be revealed.
2. Open to all full or associate members of the association of less than 10 years standing after post-graduation. Please attach scanned copy of MCh/DNB degree certificate
3. It should not be more than 5000 words, excluding references, charts, tables, photographs.
4. This is an essay. It may also include author's original work in this suggested sequence, introduction, material and methods, review of literature, observations, discussion, summary and conclusions.
5. The winner will be chosen based on the subject matter, content and outline of the essay. Judges may also refuse selection for the award if entries are not up to the mark. All participants will be informed about result three weeks before the APSICON. Winner shall have to register for APSICON and present the topic from podium.

One APSICON-2010 International Training Fellowship

Made available from the savings of APSICON 2010 held in Goa. The award amount is likely to be around Rs. One Lakh subject to realization of interest on the corpus and subject to TDS. The selection shall be done along with other fellowship applications.

APSI members may send application with approval from proposed centre of visit to Secretary - APSI by August, 31, 2015

One APSICON-2010 Research Award

Made available from the savings of APSICON 2010 held in Goa. The award amount is likely to be around Rs. One Lakh subject to realization of interest on the corpus and subject to TDS. Recently concluded prospective and clinical research will get priority. The applicant will have to declare about all financial, departmental and other help received for the research. The application has to be done by the candidate with research results in the pattern of IJPS. The three judges for selection are Dr. Mukund Thatte, Dr. Rajeev Ahuja and Dr. K. Sridhar.

IJPS will have first right to publish the research. Winner will be free to submit it elsewhere if IJPS does not communicate within six months of declaration of selection.

Send entry in PDF format to Secretary APSI along with application form and letter from Head of the unit by 31st August, 2015

Publication Awards

Kindly use email mode, send hot link of article or send pdf reprint of the article along with the application form

- N.H. Antia Best Article Published in any Journal including IJPS during 2014.
- Armed Forces endowment best case report / ideas and innovation award published in IJPS in 2014.

Notice for General Body Meeting

The General Body meeting shall be held on 30th December, 2015, 5:00 pm. at venue of conference, The Renaissance Convention Centre, Powai, Mumbai

The following shall be the agenda:-

- 1. Opening remarks by the president.*
- 2. Reading the notice of the meeting.*
- 3. Condolences to deceased members.*
- 4. Laurels*
- 5. Confirmation of the minutes of the last general body meeting held at Chandigarh
(Already circulated in newsletter Vol. 69 of December 2014)*
- 6. Secretary's report.*
- 7. Editor's report and accounts for 2014-15.*
- 8. Treasurer's report and accounts for 14-15.*
- 9. Accounts- Year Ending 31st March 2016*
- 10. Trustee's report for the year 2014-15.*
- 11. Matters arising out of executive council meetings held on 15.02.15 and 27.12.15.*
- 13. New memberships & distribution of certificates.*
- 14. Results of awards:
Peet Prize, APSI best paper (Junior), Dr. S. K. Bhatnagar Quiz, Dr. Sam and Mrs. Saroja Bose Research and Audit paper, Kamath poster, McNeil best audio-visual, R.N. Sinha best paper, NH Antia best publication, Armed Forces Best report, etc.*
- 15. Elections to the following posts:
a) President - One (for 2016)
b) Vice President - One (for 2016)
c) Hon. Secretary – One (for 2016-18)
d) Executive members - Three (for 2016-18)*
- 16. Remarks by the incoming President, and outline of activities and 51st APSICON-2016.*
- 17. Welcoming the new President Elect and Bank Accounts for APSICON 2017*
- 18. Any other matter with permission of the chair.*
- 19. Thanks to the chair.*

Hon. Secretary

PGI - Sawhney Outstanding Teacher of the Year

Prof C P Sawhney, has offered to donate an amount of rupees 4 lakhs to start an award to be known as "PGI - Sawhney Outstanding Teacher of the Year" award that shall be given to one of the teachers of plastic surgery. The award will be limited to all the practicing teachers and those with in two years of their retirement. He has suggested that the entries can be by nomination and the final award will be decided by a four member core team comprising of Dr. C P Sawhney, Dr. Ramesh Sharma, the current President of the APSI and one more co-opted member from the plastic surgery fraternity. Dr. Sawhney has desired that the same may be started from next year onwards. Dr. Sawhney shall donate about Rs. Four Lakh and Dr. Sharma stated that from saving of this conference he will make the final corpus of Rs. Ten Lakh. Nomination of a teacher shall be done based on scores derived from his seniority, popularity among students, research activities, publications, contribution to society, attendance and contribution to APSICONS and APSI. Members are requested to submit nominations for the teachers. Please email to drsharmark@gmail.com before 30th September.

“APSI – PLASTIC SURGEON FOR THE YEAR 2016 Award”

The Dr. K.S. Shekar endowment

Members can nominate by sending proposal in a prescribed form to The President of the year. Forms can be obtained by email to the secretary. The proposal must reach the President by 15th September, 2015. Please email to secretary.apsi@gmail.com to obtain the proposal form.

New Scheme of Election

- i). Two Election Officers shall be appointed by the President for supervision of election process.
- ii) Nominations duly proposed and seconded by members can be submitted to Secretary, on the day of Charles Pinto CME and day one of conference ie 28th and 29th December 2015 till noon 1200 hours. Application forms for the same shall be available with the Secretary.
- iii) Scrutiny of nominations shall be done between 12 -1 pm. On day one of conference
- iv) The list shall be displayed on the notice board by 1pm on 29th December, 2015
- v) Withdrawal shall be permitted till 5 pm on same day.
- vi) The final list of contestants will be put on by 6 pm on day one of conference
- vi) Ballot paper shall be distributed and submitted between 10 am - 3 p.m. on 30th December, 2015
- vii) Counting shall be done 4 p.m. onwards.

Once the counting has started no ballot papers shall be issued.

Two member nominated by the President with the help of the secretary and treasurer of APSI shall scrutinize the list of delegates for their good standing. The result shall be declared at appropriate time during the general body meeting, on 30th December, 2015

Members are requested to take note of this scheme and make it convenient to visit the election polling booth at specified time to be able to cast their vote.

The Executive Council 2015 Association of Plastic Surgeons of India

EXECUTIVE MEMBERS

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GOLDEN JUBILEE CONFERENCE

APSICON 2015

The Renaissance, Mumbai
25th to 31st Dec 2015



50th Annual Conference of Association of Plastic Surgeons of India, Mumbai



Pre Conference: Fri, Sat, 25th - 26th December 2015

APSI-APSICON 2015-Ethicon PG Course on Breast Surgery

VENUE: Rustom Choksi Auditorium, Tata Memorial Hospital, Parel, Mumbai -400012

Sunday, 29th December, 2015 Dr. Sunderarajan Video Workshop at Tata Memorial Hospital

Also Simultaneous Hands-on Cadaver Dissection Course at KEM Hospital Anatomy Hall

Monday, 28th December 2015 Dr. Charles Pinto CME at Renaissance

Interesting Reading

Hysterectomy with Concurrent Panniculectomy: A Propensity-Matched Analysis of 30-Day Outcomes

(http://journals.lww.com/plasreconsurg/Fulltext/2015/09000/Hysterectomy_with_Concurrent_Panniculectomy_A.26.aspx#)

Safe amount of liposuction depends on body weight (<https://www.ibcworldnews.com/2015/09/03/new-study-revealed-that-safe-amount-of-liposuction-depends-on-body-weight/>)

Notice of disposal of Used and Unused Ballot Papers and election related stationary

These material of all previous Executive council elections held at past general body meetings shall be disposed off by 30th September, 2015. Objections, if any may please be sent to The Secretary.

Every possible care is taken in collecting material and editing this E-Newsletter, However any omissions/errors are unintentional. The Newsletter is e-printed & e-published by Dr. Atulkumar K. Shah, Secretary, on behalf of Association of Plastic Surgeons of India.