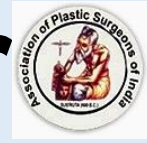


# The Association of Plastic Surgeons of India



# Newsletter



August 2014

E- Newsletter No. 68

Vadodara

*Dear Friends,*

*I take this opportunity to congratulate you on the Plastic Surgery Day that we celebrate on July 15 every year. This also an occasion to reflect on ourselves and take a stock of what is in store for us. I feel that plastic surgery is at the cross roads today. There has been an information and learning explosion and a change in the societal mindset over the last decade or so that has led to a paradigm shift in the practice of Plastic Surgery. In this context it would not be out of place, if we, tarry a while and ask ourselves the eternal bewildering question: "who am I"?*



*After a decade of learning and labor, all plastic surgeons face the identity crisis. It is travesty of the changing times and ever evolving scenario. On one hand we have been taught and exposed to the numerous lifesaving labor intensive procedures and techniques during our formative years of residency training. While on the other hand, glitzy world of cosmetic surgery beckons us. It is very difficult to forsake one for the other. The choice is indeed difficult. At that juncture it is worthwhile going back to our initial years and asking ourselves: "why did we choose to become plastic surgeons?"*

*No doubt the lure of cosmetic surgery and the associated lucre is compelling but it would be unfair to forsake all our learning and training for this alluring proposition? Learn and practice cosmetic surgery, but at the same time do not forget your origin as a plastic and reconstructive surgeon. This paradigm shift leads us to another question: How to compete and deal with other practitioners of cosmetic surgery, the doctors and non-doctors. Our exposure and training gives us a definitive edge. Our approach based upon the sound concepts and principles surely puts us at an advantage to carry out various procedures to meet the realistic expectations of a demanding customer. We have to prevent the spread of misinformation and practice the science and art to the best of our capability. At the same time we must not forget the reconstructive surgery and make it an essential part of our practice.*

*We must continue to surge ahead and explore all the frontiers of this ever challenging specialty of Plastic Surgery. At the same time we should not forget to give due and justified time and energy to our training. . The message has to be spread that the specialty caters to the needs of both the "masses" and the "classes. Let us rest on both the pillars of reconstructive and aesthetic aspects and zoom ahead.*

*I also invite all of you to the city beautiful Chandigarh for the annual meeting of Association of Plastic Surgeons of India from October 15-19, 2014. The details are available at our website [www.apsicon2014.org](http://www.apsicon2014.org).*

*Dr. Ramesh K Sharma,  
President 2014 and Chairman  
Organising Committee APSICON 2014*

## Obituary



Dr. C. S. Vaidya, a senior Plastic Surgeon from Nagpur, India, left for heavenly abode on 26<sup>th</sup> January 2014. Dr. Vaidya was a well-known figure in Nagpur, and served as Unit Head in the Department of Plastic Surgery, Government Medical College and Hospital (GMCH), Nagpur. Dr. Vaidya joined the Department of Plastic Surgery under Dr. C. Balakrishnan in 1961. He retired from service in 1989 from the department. He was a respected Plastic Surgeon, and continued the legacy of Prof. C. Balakrishnan in GMCH, Nagpur. His students benefited from his deep understanding of the subject, and a keen eye for detail. His punctuality was revered, and anyone who came in contact with Dr. Vaidya would learn something to relish, from him. Difficult plastic surgical problems would look easy to solve in Dr. Vaidya's presence, due to his meticulous approach to problem-solving, calmness and perseverance. Dr. Vaidya was a gentle man in the true sense of the word, and never imposed his thoughts on others.

(Compiled by Dr. Sudhanshu Kothe Consultant Plastic Surgeon, Nagpur with Inputs from Shri Rajendra Vaidya, son of Dr. C. S. Vaidya)

### ***New Scheme of Election***

*i). Two Election Officers shall be appointed by the President for supervision of election process. ii) Nominations duly proposed and seconded by members can be submitted on the day of Charles Pinto CME and day one of conference ie 16th and 17th October 2014 till noon 1200 hours.*

*Application forms for the same shall be available with the Secretary.*

*iii) Scrutiny of nominations shall be done between 12 -1 pm. On day one of conference*

*iv) The list shall be displayed on the notice board by 1pm on 17th October, 2014*

*v) Withdrawal shall be permitted till 5 pm on same day.*

*vi) The final list of contestants will be put on by 6 pm on day one of conference*

*vi) Ballot paper shall be distributed and submitted between 10 am - 3 p.m. on 18th October, 2014*

*vii) Counting shall be done 4 p.m. onwards.*

*Once the counting has started no ballot papers shall be issued.*

*Two member nominated by the President with the help of the secretary and treasurer of APSI shall scrutinize the list of delegates for their good standing. The result shall be declared at appropriate time during the general body meeting, on 18th October, 2014*

*Members are requested to take note of this scheme and make it convenient to visit the election polling booth at specified time to be able to cast their vote.*

### ***GUJAPSCON2015 at Diu(UT)***

*Meeting will start on 17th January 2015 Saturday after lunch and will get over on 18th January 2015 Sunday afternoon after taking lunch. Contact: Dr. Ketan Patel +91 9824245656 drket@hotmail.com Ratnam Hospital, Next to Adarsh Complex, Jail Road, Bhavnagar 364001*

## **15th IPRAS 2009 Humanitarian Activities Fund for 2015**

- 1. The fund will be governed by general rules applicable to corpuses managed by APSI Trust, the usual rules of APSI Trust will apply in disbursing the interest and in augmenting the corpus on annual basis.*
- 2. If there is no proposal in a year the entire interest generated will be used to augment the corpus.*
- 3. It will be specifically used for organizing humanitarian activities on behalf of APSI, like organizing 'Surgical Camps' at remote places with the help of local charitable groups or medical colleges, where Plastic Surgery facilities don't exist.*
- 4. The proposals will be submitted to Secretary, APSI at least 8 months before the camp activity. The last date for a particular year is 31<sup>st</sup> July of previous year.*
- 5. All proposals should include the complete plan, the co-hosts (and their role), financial details, list of surgeons and other staff, food and stay arrangements, venue of surgery etc. Proposals should be comprehensive in all aspects.*
- 6. The Committee to consider such proposals will consist of the President and Secretary of APSI; President, Chairman and Secretary General of IPRAS-2009, and Dr. Chanjiv Singh (Chairman-Humanitarian Committee-IPRAS). This group (Secretary APSI) will present the proposal to the APSI Executive and an electronic approval of the APSI Executive will be taken by him/her to expedite the decision.*
- 7. Surgeons from overseas will need MCI and / or State Medical Council Registration as per rule applicable at the time. This will be ensured by the organizers.*
- 8. A separate bank account will be opened for this purpose by the Chief Organizer and it will have a minimum of two signatories, who will be authorized by APSI Executive to operate this account jointly,*
- 9. This is a financial support of the nature of one time lump sum grant*
- 10. APSI or IPRAS or IPRAS 2009 Organizing committee will take no responsibility in the conduct of the camp. APSI is only a disbursing agency in this regard. The Chief Organizer will furnish a signed statement absolving the above agencies from all risks and liabilities – clinical social and legal - in the conduct of the camp.*
- 11. APSI or IPRAS or IPRAS 2009 Organizing committee will not accept or entertain any demands if there are shortfalls of any manner in the conduct of the camp.*
- 12. The surgical camp will not be conducted in a personal nursing home of a member of APSI. However, it may be carried out in a nursing home where Plastic Surgery facilities don't exist in the Region.*
- 13. Chief Organizer of the camp is to furnish a full audited statement of accounts within 2 months of the conclusion of the activity. If there are any savings from the amount disbursed they will be returned along with the audited statement.*
- 14. The Chief Organizer will also be responsible to furnish a report of the camp which includes the proceedings, number of cases operated (their detailed list) and some pictures of activity as well as clinical results.*
- 15. All branding for the Camp will bear IPRAS, IPRAS 2009 and APSI Logo. Branding will also have the words inscribed, 'Supported by Association of Plastic Surgeons of India'.*
- 16. No personal promotion by way of pictures or names etc. will be permissible.*
- 17. Any misconduct during the 'Camp' which brought to the notice of APSI Executive will invite disciplinary proceedings according to 'Rules & Regulations' governing APSI.*
- 18. The Chief Organizer requesting APSI funds will sign the 'Rules' mentioned above from serial 3-18 on a Rs. 100 non judicial stamp paper, as a token of acceptance, and get it notarized. Please communicate to secretary for the draft MOU, and other details about application at your earliest*

## **Notice for General Body Meeting**

*The General Body meeting shall be held on 18th October, 2014, 5:00 pm. at venue of conference, PGI, Chandigarh*

*The following shall be the agenda:-*

- 1. Opening remarks by the president.*
- 2. Reading the notice of the meeting.*
- 3. Condolences to deceased members.*
- 4. Confirmation of the minutes of the last general body meeting held at Lucknow  
(Already circulated in newsletter Vol. 67 of April 2014)*
- 5. Secretary's report.*
- 6. Editor's report and accounts for 2013-14.*
- 7. Treasurer's report and accounts for 13-14.*
- 8. Accounts- Year Ending 31st March 2015*
- 9. Trustee's report for the year 2013-14.*
- 10. Electronic voting – cost and adoption*
- 11. To adopt SAARC bylaws*
- 12. Matters arising out of executive council meetings held on 09.02.14 and 15.10.14.*
- 13. New memberships & distribution of certificates.*
- 14. Results of awards:  
Peet Prize, APSI best paper (Junior), Dr. S. K. Bhatnagar Quiz, Dr. Sam and Mrs. Saroja Bose Research and Audit paper, Kamath poster, McNeil best audio-visual, R.N. Sinha best paper, NH Antia best publication, Armed Forces Best report*
- 15. Elections to the following posts:
  - a) President - One (for 2015)*
  - b) Vice President - One (for 2015)*
  - c) Hon. Treasurer – One (for 2015-17)*
  - d) Hon. Editor - One (for 2015-17)*
  - e) Executive members - Three (for 2015-17)**
- 16. Remarks by the incoming President, and outline of activities and 50<sup>th</sup> APSICON-2015.*
- 17. Welcoming the new President Elect and Bank Accounts for APSICON 2016*
- 18. Any other matter with permission of the chair.*
- 19. Thanks to the chair.*

*Hon. Secretary*



**Draft BYLAWS**  
**THE FEDERATION OF PLASTIC RECONSTRUCTIVE & AESTHETIC SURGERY SOCIETIES OF SAARC COUNTRIES**

**Article I Name and Location:**

**Section 1**

**Name:** *The name of the organization shall be*

*“ FEDERATION OF PLASTIC RECONSTRUCTIVE AND AESTHETIC SURGERY SOCIETIES of SAARC COUNTRIES” (FPRASS -SAARC).*

**Section 2:**

**Location:** *Location of office(s) of the Federation shall be determined from time to time by the Board of Directors.*

**Article II Participating Organizations:**

*All countries of SAARC region with at least 5 Plastic Surgeons and a fully registered Plastic Surgery Association will have full representation within this federation.*

*Plastic Surgeons from other SAARC nations, not eligible under this clause, shall be allowed participation without right to hold office or vote and may be represented by a senior Plastic Surgeon nominated from their respective country.*

**Article III Objectives:**

*The objectives of the Federation shall be:*

- 1. To promote and advance the art and science of Plastic Surgery in the entire SAARC region and to maintain highest standards of professional skill and competence among its members.*
- 2. To establish a forum for the exchange of knowledge, experiences and opinion through discussion, study, meetings, seminars and publications.*
- 3. To stimulate research and investigation in the in the fields of Plastic Reconstructive and aesthetic Surgery*
- 4. To foster and coordinate training in Plastic, Reconstructive and Aesthetic Surgery at both undergraduate and postgraduate teaching programs and to encourage exchange program and visiting professorship.*
- 4. To disseminate information regarding clinical and scientific progress in the field of Plastic Surgery,*
- 5. To project correct image of this specialty and Plastic Surgeons in this region and take effective measures to eliminate quackery as is consistent with the public interest.*
- 6. To affiliate with and promote other organizations with similar objectives including sub-specialties like burns, hand, cranio-facial, aesthetic and onco-plastic, Microsurgery, Lasers, etc.*
- 7. To provide humanitarian assistance within and outside this region as and when required and deemed feasible.*

**Article IV Membership:**

**Section 1**

**Members:** *All full members in good standing of Plastic Surgery Associations of participating countries from SAARC region shall constitute active membership of the Federation.*

**Section 2**

*The participating Associations shall provide a valid membership list of all their current and new full members to FPRASS-SAARC Secretariat.*



## **Article V Board of Directors & Officers:**

### **Section 1**

#### **The Board:**

*The board of directors shall consist of nominated members from participating countries. For a country which has five or less national members there shall be one member but without voting rights. Countries with more than five but up to twenty members shall have one member with voting rights. Twenty to less than fifty shall have one more member on the board of directors. Fifty to hundred, shall entitle one additional member on the board from that country. There after one more member for next two hundred members. No country shall have more than six members. The above members are over and above the President, the President Elect and the Secretary General to represent it on the Board of Directors of FPRASS - SAARC for a term of two (2) years. Together, they will constitute the Board of Directors*

### **Section 2**

#### **Officers:**

*Officers of the Association shall be the President, President Elect and Secretary General. They shall hold position for a two year period. (The first secretary general shall hold a term of four years and eligible for re-election for one more term). The secretary general will be eligible for re-election for another term of two years.*

### **Section 3**

#### **Eligibility:**

*All officers must be active members of their respective national association for not less than five (5) years.*

### **Section 4**

#### **Term of office:**

*Term of office of all members nominated for the Board of Directors shall be two (2) years that will expire at the time of Annual General Body meeting.*

### **Section 5**

#### **Election:**

*The Officers of the board shall be elected by the members of the board. Any full member of more than 15 years good standing of the participating country, which has voting right can present his candidature for the post of President elect or the secretary general. His candidature must be proposed and seconded by two members from the participating countries. More than one nomination for a post will entail election by secret ballot. The President elect shall ordinarily be automatically elevated as the President. In case one of the Board of Director member is elected to the post of President – elect or the Secretary General, his vacancy shall be filled by a nomination from the same country.*

### **Section 6**

#### **Duties of Officers:**

#### **President:**

*The President shall be the chief executive officer of the Federation, shall serve as the chairperson of Board of Directors, and shall serve as ex-officio member with right to vote on all committees. He will represent entire SAARC region as section of IPRAS. The President shall preside over all meetings of the Board and membership of the Federation.*

**President Elect:**

*Same as above in absence / insolvency of the President*

**Secretary General:**

*The Secretary general shall be responsible for keeping the minutes of all meetings of the members and Board of Directors, shall see that all notices are properly sent out. He shall be the custodian of corporate seal and records, keep a roster of all members, shall organize and arrange meetings, shall prepare the annual report and perform all such duties as are incident to his office or prescribed by the Board of Directors. He shall also be responsible for running the web site of the federation.*

## **Article VI Committees:**

### **Section 1**

**Standing committees:**

*Standing Committees of the Federation shall consist of*

- a) Scientific Committee,*
- b) Publication Committee,*
- c) Ethics Committee,*
- d) By-Laws Committee,*
- e) Humanitarian aid committee,*
- f) Public Relations Committee.*
- g) Co-ordination Committee.*

*In addition special committees of the Federation may be constituted by the President to serve the needs of the Federation.*

### **Section 2**

**Compilation:**

*Each year the President shall recommend the names of at least three (3) members including a chair person for each of the standing and special committees to the Board of Directors for approval.*

*Chairperson of all committees shall be active member of the Federation. Each person so appointed shall serve a term of two (2) years or until such time that a successor is appointed.*

## **Article VII Finances**

**Section 1** *Fiscal Period: Fiscal period of the Federation shall be from January 1 to December 31<sup>st</sup>.*

### **Section 2**

**Operating Budget:**

*There shall be no membership dues to begin with for the participating Associations. However, it may be added if the need is felt at a later date.*

*The secretary general shall maintain the accounts.*

*This fund shall be made available to the President for FPRASS-SAARC activities.*

### **Section 3**

*Gifts: The Board of Directors may accept any contribution, gift or bequest to the Federation.*

### **Section 4**

*Report: At the end of each fiscal year the secretary general shall collect information about dedicated fund and its utilization from all participating Associations and present a report to the membership during bi-annual meeting of the Federation.*

## **Article VIII Meeting and Voting**

### **Section 1**

*Meetings: Meeting of the Federation shall be held every two years on rotation among participating countries. The Presidents of the National Associations shall determine location and timing of the meeting.*

### **Section 2**

*Special Meetings: The President or a majority of Board of Directors may call a special meeting of the Federation.*

### **Section 3**

*Notice of Meetings: A notice stating the place, day and time of the bi-annual or special meeting shall be sent to all members by letter and/or e-mail at least ninety (90) days prior to the annual meeting and thirty (30) days prior to the date of any special meeting.*

### **Section 4**

*Voting: At all meetings of the Federation, only members of participating countries who have registered national societies with more than five members have the right to vote. Voting must be in person and not by proxy. In exceptional situations the member can send his vote by email from his registered email address. A simple majority of voting members at the meeting shall decide all ordinary business except any changes in these by-laws. In case of a tie, the President shall have a casting vote.*

## **Article IX Amendments**

### **Section 1**

*Proposal: Amendment of these Bylaws may be proposed by the Board of Directors, Bylaws Committee or by at least five (5) active members of board of directors. It must be submitted to the President, at least ninety (90) days prior to board of directors meeting. A written notice of proposed Bylaws changes shall be sent by letter and/or e-mail, to all eligible voting members, at least thirty (30) days prior to the meeting.*

### **Section 2**

*A two third majority of voting members present at the meeting is required for approval of amendments. Amendment shall be ratified by a majority vote of members of all participating Associations at their respective annual meetings before final approval.*

## **Article X Dissolution**

*The Federation shall use its funds only to accomplish the purpose specified in the Bylaws. No part of the said funds shall inure to the benefit of or distributed to any member of the Federation.*

*In the event of dissolution of the Federation, the Board of Directors shall after paying or making provision for the payment of all liabilities of the Federation, distribute the remaining assets to such organizations operated for one or more of the purposes contained in the articles of Incorporation and the Bylaws of the Federation.*

**Members of APSI are requested to send their comments on these bylaws to the secretary. We propose to adopt these bylaws during next general body meeting.**



**“APSI – PLASTIC SURGEON FOR THE YEAR 2015 Award”**

**The Dr. K.S. Shekar endowment**

Members can nominate by sending proposal in a prescribed form to The President of the year. Forms can be obtained by email to the secretary. The proposal must reach the President by 5th September, 2014. Please email to secretary.apsi@gmail.com to obtain the proposal form.

**49<sup>th</sup> Annual Conference APSICON 2014 Chandigarh**

**October 17-19, 2014 visit [www.apsicon2014.org](http://www.apsicon2014.org)**

**All at PGIMER – Chandigarh**

**13<sup>th</sup> and 14<sup>th</sup> Oct, 2014 Mon / Tue**

**APSI INSTRUCTIONAL COURSE on Orthognathic Surgery**

**15<sup>th</sup> Oct, 2014 Wed**

**Dr. CR SUNDERARAJAN OPERATIVE Workshop**

**16<sup>th</sup> Oct, 2014 Thurs Dr. Charles PINTO MEMORIAL CME PROGRAM**

**17th to 19<sup>th</sup> Oct. 2014 Fri / Sat / Sun APSICON 2014**

**Every possible care is taken in collecting material and editing this E-Newsletter, However any omissions/errors are unintentional. The Newsletter is e-printed & e-published by Dr. Atulkumar K. Shah, Secretary, on behalf of Association of Plastic Surgeons of India.**

**The Executive Council 2014 of Association of Plastic Surgeons of India**

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