

# The Association of Plastic Surgeons of India



# Newsletter



April 2011

E- Newsletter No. 58

Vadodara

Esteemed APSI Members.

The most successful stir at Jantar Mantar and the coveted win in the world cup are very fresh in our minds. Our President is in communication to you every month through the email and the web site. Please gear up for the combined programme with the IMA College of General Practitioners as well as for the National Plastic Surgery Day.

APSI is happy to share with all the members about one Commendable happening.



The Organizing team of Goa APSICON 2010 handed over savings of Rs. Fifty Lac to the Executives recently. It is the wish of the APSICON 2010 Team that the interest generated from this amount till Coimbatore

General Body Meeting should be given for IJPS expenditure, and utilization of APSICON 2010 funds shall be decided once all surpluses are available. Our heartiest compliments to Dr. Mukund Thatte and the entire APSICON 2010 team.



With initial endowment from our past president Dr. K.S. Shekar, the “APSI – PLASTIC SURGEON FOR THE YEAR 20-- Award” has been initiated. Task force for this award and the Executive council are pleased to announce that the recipient for this award for the year 2011 shall be Prof. Sam C. Bose of Madurai. The scheme for this award is printed in this newsletter. Members can nominate by sending a prescribed form to The President of the year. Forms can be obtained by email to the secretary. Your association will be host to ISAPS course in January 2012. The venue is Goa. Registration details are published in this newsletter. There are several fellowship and event assistance awards available from the association, and interested members are requested to apply in the prescribed form, available from secretary. Please also note the General body meeting and the Election Notice.

Hope many of you have already registered for our upcoming annual conference in Coimbatore in September. The web site of this [www.apsicon2011.com](http://www.apsicon2011.com) is being updated very regularly. Even our Association web site [www.apsi.org.in](http://www.apsi.org.in) has got several new features added. Soon there will be members' area with personal detail updating facility. We are also planning for a membership cum trade directory in the form of a well bound handy desk reference. It is therefore important that your updated address and all electronic contacts must be available with Association.

Best wishes for your Vancouver trip in May.

Atulkumar Shah  
Hon. Secretary

From The Desk of The President



Dr. S. Raja Sabapathy, President (2011)

Thank you for giving me the opportunity to serve as the President of our association for the year 2011. I understand that leadership brings with it responsibility and also opportunity. Opportunities to make a difference in the way we learn and teach, in the way we deliver our services to our patients and in the way our profession and specialty is recognized by our peers and public. Some feel that our profession is at crossroads. Throughout history every generation has felt the same. At times of change, progress is made by choosing the right fork of the decision tree. I as your President, feel that the future of Plastic Surgery is very bright and it can be made even brighter by our concerted actions in the decades that follow. Specialties developed when surgeons with special skills filled in the need of the patients and patients let those specialties grow which excelled in providing a perceivable difference in outcome. Expressing the same view point a Tamil scholar said that the growth of the country mirrors the

growth of the individuals. There lies the message for us. As individuals, let us excel in everything that we do. Every day we are given an opportunity to excel by every patient whom we treat. Globalization has resulted in the softening of borders. That has become inevitable in medical specialties also. It is not an exclusive phenomenon faced by plastic surgeons. Every medical specialty faces it from sister specialties. Even industries face it. Who will lead the industry or the medical field depends upon the response to this challenge. We could take a lesson from Bill Gates when he said, 'As we look ahead into the next century, leaders will be those who empower others'. The way to empower others is by educating others. Educating younger surgeons of our specialty must become a priority by everyone who excels. That is the way to empower our specialty. It is these thoughts that provided the theme for the coming year and our 2011 meeting. Future of Plastic Surgery can't, but be bright if we believe in ourselves. We just have to excel in everything we do, educate the next generation of Plastic Surgeons and by that way we will empower our specialty. Let us do it. The time is now. Each one of us can make a difference. If anyone has any doubt I would like to sign off by quoting Margaret Mead, 'Never doubt that a small group of thoughtful, concerned citizens can change the world. Indeed it is the only thing that ever has'. Future of Plastic Surgery can't, but be bright if we believe in ourselves. We just have to **excel** in everything we do, **educate** the next generation of Plastic Surgeons and by that way we will **empower** our specialty. Let us do it. The time is now. Each one of us can make a difference. If anyone has any doubt I would like to sign off by quoting Margaret Mead, 'Never doubt that a small group of thoughtful, concerned citizens can change the world. Indeed it is the only thing that ever has'.

Sincerely  
S. Raja Sabapathy  
Hon. President

Best Outgoing Student of Stanley Medical College, Madras; standing first in Medicine and Surgery of Madras University completed his MBBS in 1979. Again with the B.C Roy Fellowship for Postgraduate Studies he obtained MS in General Surgery from Madras Medical College in 1982 and completed his MCh from Stanley Medical College in 1985 as also DNB in the same year. He obtained advanced training in Hand and Microsurgery in UK in 1988 and 1989, and was later Christine Kleinert Fellow in Hand Surgery, at Louisville, U.S.A. in 1989 - 90. Currently he is Director, and Head of the Department of Plastic, Hand, Reconstructive Microsurgery & Burns at Ganga Hospital, Coimbatore as well as Honorary Consultant / Advisor of Armed Forces Medical Services and Member of Armed Forces Medical Research Committee. He was president of Indian Society for Reconstructive Microsurgery and International Trauma Care (Indian Chapter). He has been awarded with Douglas Lamb Lecturer of British Society for Surgery of the Hand in 2005, Distinguished Guest Lecturer of Royal Australian College of Surgeons and Visiting Professor, Yale University, USA, Ann Arbor, Michigan, USA, and the Mayo Clinic, USA.

## President Elect (2011)



Dr. Arun Kumar Singh, Professor and Head of Plastic Surgery, C.S.M. Medical University (erstwhile K G's Medical College - KGMC), was born in 1956. He had his schooling at Allahabad and most of his medical education at M.L.N. Medical College, Allahabad. He did his MCh. in Plastic Surgery from C S M Medical University, Lucknow, Where he is working since 1986. He started Microsurgery, Brachial Plexus and Craniofacial surgery in the region and this department which is one of the few departments in the government sector to be ISO certified. The department, besides imparting routine training to MCh. students and undergraduates (both MBBS and BDS), is also extensively involved in philanthropic activities. He is an examiner to a number of institutes for MCh. and PhD programs. He is associated with MCI as inspector and curriculum committee member. He is in the executive committee of a number of academic organizations. He has been associated with APSI since 1982 and attended most of the annual meetings. He has contributed as member editorial board of IJPS for 6 years, chairperson scientific for APSICON 1997 and 2000, member executive 2001- 2004 and secretary of the Association of Plastic Surgeons of India 2005 -2009. As secretary, he initiated many new things including life membership certificates, identity cards and launched the web site, which he is looking after.. He is on the medical advisory board of the World Craniofacial foundation ([www.wcf.org](http://www.wcf.org)). Besides, this he has been called upon to shoulder additional responsibilities of the place of work. He is Provost of CV hostel and President of Athletic association. He is President of UP chapter of APSI (which he started in 1994 as secretary), President of Indian Cosmetologists and Beauticians association.

## Your New Executives



Dr. Nitin Mokal, presently Honorary Associate Professor of Plastic Surgery, Grant Medical College & Sir J.J. Group of Hospitals was born on 31<sup>st</sup> August, 1962. He completed his MS in 1988 and DNB in Plastic Surgery in 1990 as well as MCh in 1991. Later he worked as Fellow, Craniofacial Centre, Chang Gung Hospital, Taiwan and Clinical Research-Teaching Fellow at National University Hospital, Singapore. He is also attached to Wadia Children Hospital and Bombay Hospital.



Dr. Ravi Mahajan did his M.B.B.S in 1982 and M.S (General Surgery) in 1986 From Govt. Medical College, Amritsar, followed by M.Ch(Plastic Surgery) in May 1990 From Govt. Medical College, Patiala. He later worked as Consultant, Dept. Of Plastic & Microvascular Surgery CMC and Hospital, Ludhiana From Oct. 1991 to Dec. 1993 And as Head Department Of Plastic Surgery Postgraduate Institute of Medical Sciences Rohtak From Jan 1994 to Dec.2001. Currently he is HEAD DEPARTMENT OF PLASTIC AND MICROVASCULAR SURGERY AMANDEEP Trauma and Super specialty Centre, AMRITSAR since 2002 He is also Co-coordinator for DNB and Project Director "The Smile Train" at Amandeep Hospital since 2004.

## Visiting Professors (2011)

### Ethicon Visiting Professor in Plastic Surgery

Dr. Mukund Jagannathan is M.Ch graduate of BYL Nair Hospital, Mumbai in 1990, under Dr. Mahalaxmivala and Dr. Pandya. He was working in Nair hospital as Lecturer till Nov 1997, then was promoted as Assoc Prof and transferred to Sion Hospital. He took over as Head of the Department of Plastic Surgery at Sion Hospital from June 1998. He became Professor from 2001 and the Department received MCI recognition from the same time. He worked with Dr. Ian Jackson and achieved exposure to craniofacial and cleft expertise. He has around 40 publications, mostly in the field of cleft and craniofacial surgery. Serves on the editorial board of the IJPS, and has reviewed articles for indexed journals. Special interest: Cleft, Craniofacial surgery and Aesthetic Surgery. Interested in teaching and surgical skills Development



### Ethicon Visiting Professor in Micro Surgery



-Dr. Rajendra Nehete

Born July 1, 1967, Dr. Nehete is working in Nasik. He is a graduate of BJMC, Pune.

### Ethicon Visiting Professor in Cosmetic Surgery

Dr Rakesh Kalra, presently in private practice at Ashirwad Hospital, Dehradun, has done his MBBS, MS in General Surgery and MCh (1986) in Plastic Surgery from King George's Medical College, Lucknow. He is a full Member of the IAAPS, APSI and ISAPS. He has an endearing interest in Cosmetic Surgery and has single

handedly developed the concept of Medical Tourism for the State of Uttarakhand, ever since 1997, and continues to be the single node for the same in his state even today. Active in many Associations like Founder and Governing Member



as well as Treasurer of the IMA Blood Bank of Uttarakhand, President Elect IMA Dehradun. Past Editor of IMA, Uttaranchal Bulletin, Cancer Society of UA and Surgical Society of Dehradun. He has participated as invited faculty in many scientific meetings, congresses and courses in India, Australia, Barcelona, Bangkok, and San Francisco, Taiwan and published papers in the IJPS. He is the Ethicon Traveling Professor in Aesthetic Surgery for APSI for the present year.

### Gen.N.C.Sanyal Visiting Professor in Plastic Surgery



Lieutenant General (Retd)

**Dr. Pradeep**

**Bhargava**, VSM has illustrious career in Army Medical Corps since 7.4.1971. He was in charge of the department at AFMC, Pune and later worked as

Officer-in-charge Surgical Division at Army Hospital, R&R. He worked as DDG, P&T in Office of the DGAFMS and worked as Sr.Consultant, Surgery He retired on 31-8-2010 while he was in charge DIRECTOR GENERAL OF ARMED FORCES MEDICAL SERVICES. He was the organizing Secretary of 42<sup>nd</sup> Annual conference held in Pune in December, 2007.

## Notice for General Body Meeting

The general body meeting shall be held on 10<sup>th</sup> September, 2011, 6:00 pm. at Hotel Le Meridian, Coimbatore

The following shall be the agenda:-

1. Opening remarks by the president.
2. Reading the notice of the meeting.
3. Condolences to deceased members.
4. Confirmation of the minutes of the last general body meeting (already circulated in newsletter Vol. 57 of December 2010)
5. Secretary's report.
6. Editor's report and accounts for 2010-11.
7. Treasurer's report and accounts for 10-11.
8. Accounts- Year Ending 31<sup>st</sup> March 2011
9. Accounts- Year Ending 31<sup>st</sup> March 2012
10. Trustee's report for the year 2010-11.
11. Matters arising out of executive council meetings held on 27.03.11 and 07.09.11.
12. New inclusions in Website of APSI.
13. Increase in number of Executive Council Members – Letter from Dr. Arun Kumar Singh and Dr. Vijay Kumar – Constitutional Amendment to increase number from present 6 to 9.
14. New memberships & distribution of certificates.
15. Results of awards :  
Peet Prize, APSI best paper(Junior), Kamath poster, McNeil best audio-visual, R.N. Sinha best paper, NH Antia best publication, Armed Forces Best report etc.
16. Elections to the following posts:
  - a) President - One (for 2012)
  - b) Vice President - One (for 2012)
  - c) Treasurer - One (for 2012-14)
  - d) Executive members - Two (for 2012-14)
17. Remarks by the incoming president, and outline of activities and APSICON-2012.
18. Welcoming the new President Elect and Bank Accounts for APSICON 2013
19. Any other matter with permission of the chair.
20. Thanks to the chair.

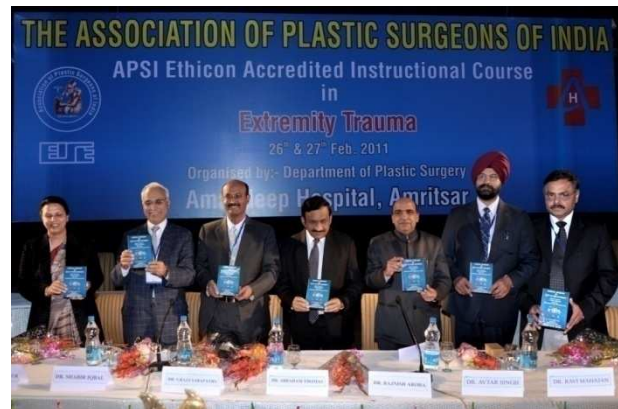
Hon. Secretary



Dr. Rajiv B. Ahuja has been conferred with Honorary Lifetime Membership of the PAN AFRICAN BURN SOCIETY at Cape Town. He was a keynote Speaker at their meeting recently. Presently, Head of the Department of Burns, Plastic, Maxillofacial & Microvascular Surgery, Lok Nayak Hospital and associated Maulana Azad Medical College, New Delhi, he is Secretary General of Asia Pacific Section of IPRAS, Secretary of International Society for Burn Injuries (ISBI) and Founder President of Asia Pacific Burn Association,

### APSI – APSICON 2005 – Ethicon Professional Development Course

First course for 2011 was held at Amritsar on 26<sup>th</sup> and 27<sup>th</sup> February. The theme of the course was extremity trauma. Souvenir consisting of proceedings of the course was released on this occasion.



**The EC very strongly advises the members to practice enough dignity and mutual respect when dealing with colleagues. Repeated violations and complaints bring in disrepute to the individual.**

## Silver Jubilee Celebrations of Post Graduate Teaching Departments

Department at Victoria Hospital, Bangalore celebrated silver Jubilee on 8 January, 2011 by holding CME on various topics in Plastic surgery by national & International Speakers including Dr. Niri Niranjana from UK. Inauguration of the department library by the Donor, Dr K S Shekar also took place the same day. Later in the day, the alumni meeting with all past HOD's, was attended by all past academic Staff, PG's and paramedical staff from the past 25 Yrs. Several senior staff members were felicitated.

Live operative workshop on Post Mastectomy Breast reconstruction took place on 9<sup>th</sup> January. Four patients including two cases of primary resection of carcinoma Breast and immediate reconstruction and two cases of

secondary reconstruction were demonstrated by national and international faculty. This included two free flaps and two pedicled flaps.



## Silver Jubilee Celebrations of Post Graduate Teaching Departments

The Teaching department at Medical College and SSG Hospital, Vadodara (Baroda) celebrated silver Jubilee on 24<sup>th</sup> December, 2010. The highlight of the programme was a family reunion of all alumni and felicitation of Teachers as well as the support staff.



On 25<sup>th</sup> and 26<sup>th</sup> February, The Baroda Association of Plastic Surgeons organized a unique programme on Unfavourable results in Plastic Surgery and how to avoid and treat. APSI supported this programme from Scientific Activities in Gujarat Fund. Lectures were moderated with a view to discuss plans to salvage.

**Dr. C R Sunderrajan National CME** was held at Ahmedabad on 26<sup>th</sup> and 27<sup>th</sup> February with theme based on Cosmetic Surgery. Full day operative session on 26<sup>th</sup> February included demonstration on Fat harvesting and Fat Grafting as well as split ear repair using conchal cartilage. Next day's programme included demonstration on Obagi Blue Peel by Dr. Arumugam, and demonstration of Fractional CO<sub>2</sub> Laser

Our colleagues from Jabalpur Surgeons Association have shared pictures of the Cosmetic Surgery and Hand Surgery workshop that was held there on 18<sup>th</sup> September, 2010. Dr. Hari Venkatramni and Dr. Shailesh Patel participated in operative demonstration. The meeting was organized by Dr. Vinod B. Tamrakar, under banner of Plastic Surgeons of Madhya Pradesh and Chhatisgadh and Vidarbha. A State Association was also formed.



**MAPSICON** – The sixth biennial conference of Maharashtra section of APSI was held in Akola on 19<sup>th</sup> and 20<sup>th</sup> February 2011. APSI accords financial assistance to this event. The conference was held at the committee hall of Panjabrao Deshmukh Krishi Vidyapeeth. Dr Bipin Sharma, Commissioner of Akola Municipal Corporation. Vice-chancellor Dr Venkat Mayande and Dr Subhashchandra Korpe, president of Surgical Society of Akola were present at the inauguration. MAPSI president Dr JJ Kashikar, APSI president Dr Raja Sabapathy and president-elect Dr AK Singh will attended the conference.





## Election

- i). The Election Officers shall be appointed by the President for supervision of election process.
- ii) Nominations duly proposed and seconded shall be submitted on the day of Charles Pinto CME and day one i.e. 8th and 9th September, 2011 of the conference till noon time.
- iii) Scrutiny between 12 -1 pm. On 9th September.
- iv) The list shall be displayed on the notice board by 1pm. On 9th September.
- v) Withdrawal shall be permitted till 12 noon On 10th September (day 2 of the conf).
- vi) The final list of contestants will be put on by 1pm on 10th September.
- vi) Ballot paper shall be distributed and submitted between 2 - 5 p.m. on 10th September.
- vii) Counting shall be done 5 p.m. onwards on 10th September. Once the counting has started no ballot papers shall be issued.

A member nominated by the President with the help of the secretary of APSI shall scrutinize the list of delegates.

The result shall be declared during the general body meeting, on 10th September.

### **APSI - Dr. J. R. Jaju Junior Best Paper Award**

Eligibility: Junior Plastic Surgeon undergoing training, or not more than one year after training.

The paper should not have any coauthor.

Submission: 1. While submitting the abstract of the paper please indicate on top that the paper be considered for this particular session.

2. The abstract should be accompanied either by a certificate from the Head of the department or a photocopy of passing certificate suggesting that the qualification has been obtained in last one year only.

3. The abstract should be submitted to the Organizing Secretary of APSICON 2011 by 30 June 2011.

For further details visit [www.apsicon2011.com](http://www.apsicon2011.com)

Presentation:

1. The title slide should NOT indicate the name of the institution.
2. The work should reflect that it has been carried out by the presenter.
3. Ten minutes will be allowed for presentation, to be followed by 3 minutes for discussion.
4. Anybody from the audience is free to ask questions on the presentation.

### **Kilner Essay Award**

1. Essay on any topic has to be submitted in four copies so as to reach the Secretary, APSI by 30<sup>th</sup> June, 2011. Entry will have to be accompanied by application form available by email from the secretary.

2. Open to all full or associate members of the association of less than 10 years standing after post-graduation.

3. It should not be more than 5000 words, excluding references, charts, tables, photographs, etc.

4. This is an essay. It may also include author's original work in this suggested sequence, introduction, material and methods, review of literature, observations, discussion, summary and conclusions.

5. The winner will be chosen based on the subject matter, content and outline of the essay. Judges may also refuse selection for the award if entries are not up to the mark.

## Peet Prize – APSICON 2011

The award is given for presentation of the paper after preliminary selection.

Eligibility: All full / life members of APSI

Submission of papers: The paper should be of high standard and should have originality. It should be relevant to the Indian context. If experience of a long series of cases is being presented, it is preferable to include a statistical analysis also. New ideas and innovation / new achievements and feats can be presented. Modification of techniques, highlighting cost effectiveness and superiority of results, development of newer instruments, etc.

Necessary Application Form should be obtained from Secretary by sending email to [secretary.apsi@gmail.com](mailto:secretary.apsi@gmail.com). Later entry is to be sent as attachment to email along with all photographs as well as illustrations. Each participant should also send 4 copies of the full text of the paper along with photographs and illustrations etc. as hard copies to Secretary, APSI; so as to reach him before 30<sup>th</sup> June, 2011. The papers to be presented in "Peet Prize Session" should be marked on the envelope

Author also needs to submit an undertaking that work has not been published.

Acceptance: The final acceptance of the paper will be communicated to the participants by the Secretary, APSI. Authors who still wish to present their papers in APSICON for the year if their paper is not accepted for the Peet Prize Session will have to themselves submit the same to the organizing secretary of the conference.

Time for Presentation: Ten minutes will be allowed for presentation, to be followed by 3 minutes of discussion. Anybody from the audience is free to ask questions on the presentation. The title slide should NOT indicate the name of the institution.

## Applications invited for Training Fellowships and activities for the year 2012.

### Training Fellowships

Ethicon Training Fellowship in Plastic Surgery . . . . .	One
Ethicon Training Fellowship in Cosmetic Surgery . . . . .	One
Ethicon Training Fellowship in Microsurgery . . . . .	One
KEM Microsurgery fellowship . . . . .	One
R.G. Saraiya International Training Fellowship . . . . .	One
IX IPRAS Fund International Traveling Fellowship . . . . .	One
Myovatec Training Fellowship in Plastic Surgery . . . . .	One
Vasudhan Arjin Fellowship in Laser Surgery . . . . .	One
Brig Kathpalia fellowship in Hand Surgery . . . . .	One
IX IPRAS Fund National Traveling Fellowship . . . . .	One
Chennai Fellowship in Tamil Nadu to be given to any junior plastic surgeon . . . . . One (within 5 years of M.Ch./DNB) or plastic surgery trainee from anywhere in the country - to visit one centre for training in Tamil Nadu.	
Chennai Fellowship outside Tamil Nadu to be given to a junior plastic surgeon . . . . . One (within 5 years of M.Ch./DNB) or plastic surgery trainee from Tamil Nadu to visit a centre outside Tamil Nadu for training.	

### Sponsorship Grants

Dr. C. R. Sunderrajan National CME . . . . .	One
APSI sponsorship for PG trainee to attend APSICON 2010 . . . . .	Two
Promotion of Scientific Activity (Plastic Surgery) at Mumbai fund . . . . .	One
Maharashtra Chapter Fund For CME program / workshop in Maharashtra. . . . . (Proposal to have prior approval of Executive Committee of Maharashtra Chapter)	One
Promotion of Scientific Activity in Gujarat Fund . . . . .	One
Plastic Surgery Venture Fund . . . . .	One
UP APSICON award for Promotion of Scientific Activity in UP . . . . .	One

### Publication Awards -- Kindly send six reprints of the article

N.H. Antia Best Article Published in any Journal (Indian or Foreign) including IJPS during the year 2010.  
Armed Forces endowment best case report / ideas and innovation award published in IJPS in 2010.

Applications in prescribed format along with short CVs as attachment in email should reach the Secretary, APSI by 30th June 2011. The Training fellowships are for a period of 4 weeks. Applicants should submit their applications with the approval of the consultants under whom they wish to train. Applications received after the due date and without accompanying approval letters will not be entertained. Successful applicants are required to maintain a daily diary during the period and obtain a certificate of attendance from the consultant. Application from PG trainees to attend APSICON should include acceptance letter for their presentation, proof of registration, a short CV and a forwarding letter from Head of the department.

### Reviewers / Judges for various awards of APSI.

i. Kilner Essay	Dr Ramesh Sharma	Dr TC Chandran	Dr AK Choudhary
ii. Peet Prize Reviewers	Dr James Pandian	Dr AS Bath	Dr R P Narayan.
Judges	Dr S P Bajaj	Dr Pradeep Bhargava	Dr Mukund Reddy
iii. APSI Junior Best Paper	Dr A Goplakrishnan	Dr Anil Behl	Dr Vijay Obed
iv. Kamath Best Poster	Dr K Sridhar	Dr B K Majumdar	Dr PK Bhilwani
v. McNeil Audio Visual	Dr R B Ahuja	Dr G V Sudhakar	Dr K Ramachandran
vi. R N Sinha Best Paper published in IJPS	Dr. S. Bhattacharya Editor	Dr. Mukund Thatte President	Dr. Atul Shah Secretary
vii. N H Antia Best Publication & Armed Forces Endowment	Dr Karoon Agarwal Dr Prabha Yadav	Dr M Thatte Dr Shashank Chatterjee	Dr Raja Sabapathy

**APSI – APSICON 2005 - Ethicon Courses in Plastic Surgery** are to complement the training of postgraduate students of plastic surgery and qualified plastic surgeons. These courses have been providing holistic approach to the management of problems and time for academic discussion.

Applications are invited from Departments and Associations for hosting such courses in 2013. Honorary Co-Coordinator for this scheme is Prof. Rajeev Ahuja. Kindly communicate with him in case you have plans to host such course.

**Scheme** - The course is usually limited to 40 participants and registration is on first come-first served basis. The course fee is restricted to Rs. 2,500 per delegate. This is fully refundable to first 40 students/APSI members who attend the course.

Application should include Name, correspondence address, mobile phone number or contact number and email. Application should be accompanied by draft / at par cheque of Rs. 2,500 payable at the relevant city. PG's should include certificate from the head of the department.

APSI Ethicon Accredited Course on Hand Surgery will precede the APSICON 2011. It is being held at Ganga Hospital, Coimbatore on 5<sup>th</sup> and 6<sup>th</sup> September, 2011.

Visit [www.apsicon2011.com](http://www.apsicon2011.com) for details.

### **Bangalore May 14-15, 2011**

Cranio-Maxillo -Facial Surgeries  
Contact Dr. Anil Behl for details  
[anilbehl@yahoo.com](mailto:anilbehl@yahoo.com)

### **Proposed Courses for 2012**

January 2012 - Trunk and Genitilila - Mumbai  
May 2012- Basics in Plastic Surgery - Vadodara  
November 2012 - Cleft - Lucknow along with APSICON 2012

## **APSICON 2011**

The 46th Annual Conference of The Association of Plastic Surgeons of India is being held in India's most industrialized city Coimbatore from 9<sup>th</sup> till 11<sup>th</sup> September, 2011.

On 7<sup>th</sup> September Prof. CR Sunderrajan Memorial Live Surgery Workshop will be held at Ganga Hospital. On 8<sup>th</sup> September Dr. Charles Pinto Memorial CME and later the main conference will be held at Le Meridian 762 Avinashi Road, Neelambur Village Coimbatore. Visit [www.apsicon2011.com](http://www.apsicon2011.com) for details.

## **APSICON 2012**

The 47th Annual Conference of the Association of Plastic Surgeons of India will be held at Lucknow in **November 2012**. Please mark the dates.

*Main Conference – 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>*

*PG course on Cleft 2<sup>nd</sup> and 3<sup>rd</sup>*

*Dr. CR Sunderrajan Memorial Workshop 4<sup>th</sup>*

*Dr. Charles Pinto Memorial CME - 5<sup>th</sup>*

### **APSI Membership Certificates and I Cards**

Membership Certificates and Member's Identity cards is not ongoing process with APSI. Such drives were undertaken in past and most of the senior members are in possession of both these documents. Every new member is given these documents once. If any of you wish to obtain any of these documents, please communicate to secretary on email so that arrangements can be done depending on the demand generated.

### **Deformity Prevalence in India**

We do not have any authoritative data regarding deformity prevalence. Secretary had written to The Registrar General of India, New Delhi-110 011, and also requested the members to do so. Members will be happy to note that during the census, the form included question no. 9 on deformity. Once the data is compiled, our national statistics on congenital and acquired deformities will be available.

# Indian Journal of Plastic Surgery 2011 issues

**The advertisement rates and specifications for advertisement in Indian Journal of Plastic Surgery 2011 issues. All members are requested to make extensive efforts in generating advertisements for the Journal.** This year there shall be three issues including a theme issue on 'Hand' between the two regular issues. Drafts Payable to **'Editor APSI' in Lucknow**

Specifications	Rates		
	One issue	Two issues	Three issues
Full page color	Rs 18,000/-	Rs 35,000/-	50,000/-
Full page black and white	Rs 12,000/-	Rs23,000/-	34,000/-
Inside Cover front or Back BW	Rs 22,000/-	Rs, 43,000/-	63,000/-
Inside Cover Front or Back Colour	Rs 25,000/-	Rs, 49,000/-	72,000/-
Back cover page color	Rs 35,000/-	Rs 69,000/-	1,00,000/-
Extra cover			1,20,000/-

## Fact File – Indemnity Insurance

Names received in April 2008 from Secretary APSI Dr. Arun Kumar Singh in response to LOI form printed in news letter as well as posted on Yahoo Group. Out of these members who had shown interest by filling the form, only few ultimately sent proper application and payment. These members who sent LOI were

### Medical Indemnity Policy

This offer was announced at Mahabalipuram General Body of Apsicon 2009 as well as printed in circular No. 53, 54, 55 Each member will be insured for Annual sum of Rs. 40 Lakh. With same one event sum. Annual premium is Rs. 11,500.

This is a group policy sold to APSI and hence total annual cover for each individual member will remain same. Fill form available in June 2010 newsletter No. 55 at

<http://www.apsi.org.in/Newsletter/Newsletter.html>

attach all required documents and at par Cheque of Rs. 11,500 favouring APSI and hand over at APSI counter in Goa Conference.

1.DR. SALIL MALLIK. 2. DR. Kuldip Chand Gang 3.DR. CONTRACTOR URMISH AJITBHAT 4. DR. RAJENDRA SINGH JALAM SINGH RAJPUT 5.DR. Bhaumik Bhayani. 6 DR. R.ANAND SUBRAMANIAM 7.DR. S.N. JAJOO. 8.DR. Rajiv P. Usgaocar. 9.DR. Dhansukh Bhagubhai Shah. 10.DR. VITRAG DHANSUKH SHAH 11.Dr. Atul K.Shah 12.Dr. A.K. Singh. 13.Dr.Vishwa Prakash. 14.Dr. S.H.Bhatnagar. 15. Dr.Bimal B. Mody 16. Yuri Agnel Roque Dias – Amborcar 17.Dr Ramalingam venkatesh 18.DR. PRASHANT TYAGI 19.RAJAN TONDON. 20.Dr Satish H V 21.Dr. Hemant A. Saraiya 22. Dr. GURU BHUSHAN. 23.RAKESH KALRA 24.Dr.Sunil Manohar Keswani 25. Dr.Sanjeev Kumar 26.Dr. SANJAY MAHENDRU 27.Asif Masood 28. Partha Sadhu 29.Dr. Ramesh P. 30 DR MANISH PATEL 31 Dr Bijoy Vishwambharan Methil 32 JASWANT SINGH BATH 33Dr. Satish Bhat 34Dr. Hiren Bhatt 35Dr.Richie Gupta 36Dr. Sasanka SekharChatterjee 37DR. ASHOK GUPTA

Payments and forms were received from following members till end of December in response to the matter published in APSI Newsletter

in 2009 and elaborately announced in Chennai APSICON. Payment had to be returned in April 2010 End

Ganesh Kumar S. Narakula, Atul Shah, Dhansukh Bhagubhai Shah, Vitrag Dhansukh Shah, Lokesh Kumar, Anup Dhi, Asit Shah, Hiren Navnitrai Desai, Ashutosh Ajitbhai Shah, Naveena Rao, Prashant Tyagi, Jyotsna Murthy, Manohar Lal Sharma, Hemant Ashiwin Kumar Saraiya, Avinash K Deodhar, Jimmy Thomas, Gangaprasad. G, Parag Balachandra Shashrabudhe.

Again, Personal letters were posted to all members from the Insurance Company. Personal phone calls were made by Mr. Nirav Patel, in charge of our file, and personal visits were made by him to many members in Gujarat. Matter was published along with scheme details and application form in Newsletter. Payments so received from following members had to be returned again in December 2010

*Shah Ashitkumar, Bhayani Bhaumik, Shukla Priti, Sharma Charu, Deodhar Avinash, Lakhani Ashwin, Padubidri Ramesh, Murthy Jyotsna, Karmarkar Sudhir, Rao Naveena, Hande Krishna, Bembde Ramakant, Thomas Jimmy, Gharwade Chandrakant, Saraiya Hemant, Gagaprasad G, Venkatesh R, Bisoniya Hari Singh, Shah Atul, Kumar Lokesh, Singh Kuldip, Shah Vitrag, Shah Dhansukh, Gupta Suresh Chandra, Chatterjee Sasanka Sekhar, Anantheswara Y N, Ashok B C, Srikanth V, Vartak Arvind , Saple Anjali.*

**And News from NEW YORK: India has been named among the top five countries globally where more people have gone under the knife for cosmetic enhancements, reflecting their growing financial clout and desire to look good. According to a global survey by the International Society of Aesthetic Plastic Surgery (ISAPS), India is ranked fourth with 894,700 surgical and nonsurgical cosmetic procedures last year, accounting for 5.2 per cent of all procedures recorded globally. The statistics revealed that a total of 683,160, or 8 per cent, surgical and 211,540, or 2.4 per cent, nonsurgical procedures were carried out by Indian doctors last year. However, the US topped the list with 17.5 per cent of all procedures being performed there, followed by Brazil with 14.3 per cent and China with 12.7 per cent. Mexico ranked the fifth, accounting for 4.8 per cent of the total procedures performed worldwide. "It is no surprise to me that the US has the largest number of aesthetic procedures, and same with Brazil," ISAPS President Foad Nahai, a plastic surgeon in Atlanta, said in a release. "But countries like China and India with emerging economies are generating a lot wealth and as that wealth is passed around, people are choosing to their spend discretionary income on aesthetic procedures." According to the ISAPS survey, the types of procedures that people are opting for differs among countries. While liposuction representing 18.8 per cent of all surgical procedures, remained the top choice for people worldwide, breast augmentation was the second best choice with 17 per cent opting for it. Blepharoplasty (upper or lower eyelid lift) was third best choice at 13.5 per cent, while rhinoplasty -- nose reshaping -- was fourth at 9.4 per cent followed by abdominoplasty, or Tummy Tuck, at 7.3 per cent. The popularity of surgical procedures varied by country with Brazil, the United**

**States, China, Mexico, India and Japan the dominant countries for the top five procedures. India remained at fourth position in all these surgical procedures. The survey also noted that the number of non surgical procedures performed by plastic surgeons actually topped surgical procedures, reflecting both "advances in cosmetic surgery innovation and the desirability of less expensive treatments". "While there is no previous baseline of information against which to compare these figures, there can be no doubt that this is a dramatic turn of events," it said.**

### **ISAPS Course 2012 , Goa** (Registration limited to first 100 applicants.)

1. Early bird 31 July 2011 ( Rs. 13500/-)
2. Regular Registrations: ( Rs. 18000/-)
3. Spot registration : (Rs. 22500/-)  
Applicable after 31st December 2011.
4. Accompanying person: (Rs. 9000/-)
5. Preconference Workshop(Rs. 2000/-)

#### **Contact**

isaps@dacindia.com  
Dr. Lokesh Kumar  
Chairman Organizing Committee  
ISAPS COURSE 2012  
& National Secretary ISAPS-India



**“APSI – PLASTIC SURGEON FOR THE YEAR 20-- Award”**  
**The Dr.K.S.Shekar Endowment**

The ASSOCIATION OF PLASTIC SURGEONS OF INDIA (APSI) is pleased to establish the following Award along with the following guidelines for the implementation of the award. The first award is to be made in the year 2011 at the 46<sup>th</sup> National Conference of the APSI at Coimbatore. The proposal was considered by the Executive Council at its meeting on October 26, 2010, at Holiday Inn, Mobor Beach, Goa, venue of the 45<sup>th</sup> Annual Conference of the APSI, and recommended favorably to the General Body, and the proposed scheme was favorably approved by the General Body at the Annual General Meeting of the members on October 28, 2010. Now the following directives for the task force have been approved at the Executive Council Meeting held on 27<sup>th</sup> March 2011 at Habitat Centre, New Delhi.

The name and style of the award shall be: **“APSI – PLASTIC SURGEON FOR THE YEAR 20-- Award”**  
**The Dr.K.S.Shekar Endowment**

**Vision:** **TO ESTABLISH AND MAINTAIN THE AWARD AS ONE OF THE MOST PRESTIGIOUS AWARD OF THE ASSOCIATION OF PLASTIC SURGEONS OF INDIA (APSI)**

**Mission:** **THE AWARD WILL SEEK TO RECOGNISE:**

1. An enlightened teacher OR a teacher of eminence.
2. A Plastic Surgeon of eminence, i.e. a practicing Plastic Surgeon, not necessarily a teacher.
3. A Plastic Surgeon for making an epoch making discovery / breakthrough or for a path-breaking contribution / invention.
4. A Plastic Surgeon for making significant contribution to APSI or the specialty.

**A. CRITERIA**

**a. Criteria for inclusion**

- No age bar
- Open only to members of APSI (residing and working/teaching/practicing in India)
- Living person
- On basis of cumulative contribution to the APSI or Specialty (Plastic Surgery)

**b. Excluded from consideration for the year under consideration**

- President of APSI
- Immediate Past President
- President Elect
- Secretary

**B. ANNOUNCEMENT OF THE AWARD**

Availability of the Award will be informed to the members of APSI through

- Electronic Newsletter and web site
- APSI Journal
- Notice circulated by the convener
- Members can nominate a person through a letter justifying the nomination:

**C. SELECTION PROCESS / PROTOCOL:**

1. The awardee / recipient shall be selected and nominated one year in advance from a short of list of nominations received /considered by the Task force. Forwarded to the EC for approval (except for the nominee for 2011) and reported/ announced at the GB.
2. No canvassing for or by candidates.
3. The award should ordinarily be received by the recipient personally at the inaugural function of the APSI Conference in the year of the award, unless there is a special reason or if physically unable to receive the award.
4. If there are no nominations/ popular choice expressions for a particular year, the committee can decide on its own accord on the recipient or even withhold the award. If no suitable candidate is available for a particular year the award need not be made.

**D. “SELECTION COMMITTEE”:**

I. a ***TASK FORCE*** consisting of the following ex-officio members and selected members constituted by the APSI is empowered to proceed with the selection and nomination process:

President	APSI	Ex-officio
President-elect	APSI	Ex-Officio
Immediate Past President	APSI	Ex-Officio
Prof V Bhattacharya, Varanasi	Past President APSI	Nominated/selected
Dr K Sridhar, Chennai	Past President APSI	Nominated/selected
Dr. BA Anantharam, Bendgaluru	Past President ISSH	Nominated/selected

II. Instigator / patron of the endowment

Dr.KS Shekar	To ensure formulation of the guidelines and application of the principles of the award process during the initial years. Once the scheme is finalized, he will get himself relieved. He may be the first one to retire from the task force.
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**E. TASK FORCE FUNCTIONS**

**a. Task Force Functions**

For 2011 the task force for streamlining the procedure and modality shall consist of the president, the president elect, the immediate past president, plus Dr. V. Bhattacharya, Dr. K. Sridhar. Dr. B. A. Ananthram and Dr. K. S. Shekar.

Later after 2011 or one year thereafter, The President, The Immediate Past President and the President Elect at that time will continue to remain ex-officio members and one of the other four will voluntarily retire by rotation every year, remaining members of this task force will suggest a panel of at-least three names of Full members of the APSI for more than 20 Years; to the then Executive Council, which shall then choose one from the panel and recommend to general Body for ratification

- Detailed Inclusion Criteria for nomination for this award will be circulated in News Letter to all members
- Non Executive member will have tenure of four years.
  - The President of the APSI will co-ordinate / chair all functions of the task force.

\* Task Force will select the convener from amongst its members.

Convene a meeting at least once in a year before the award, usually with APSICON.

Implement the scheme through the convener.

Review the scheme each year and “realign” if need be the policy during the initial three years, so as to enable formulation of the permanent scheme.

Develop guidelines and establish the criteria for the screening and selection process

Deliberate as is necessary and decide upon the final recipient and communicate the decision through the Executive Council to the General Body of the APSI one year in advance. (Except for the first year i.e. 2011).

The members of the Task Force, will decide upon and invite any suitable member of the APSI to the Task Force in the event of a vacancy ( for any reason)from amongst the nominated members, subject to the approval of the EC and the GB.

Recommend any changes to the scheme within the framework of the constitution of the APSI and the rules and regulations of Charity Commissioner and the IT department.

#### **F. TASK FORCE MANDATE-**

- Only one award can be made in one /each year.
- The allocated amount for each or one year shall not be carried over and added to the next year’s amount.
- Any unutilized portion of the income generated for the award will automatically be reinvested and added to the primary fund to augment it.

#### **G. FUNDS**

##### **1. Availability of Funds**

a) The Primary fund shall be derived from the endowment made by Dr.K.S.Shekar- Past President of the APSI—viz. a sum of Rupees ten lakhs (Rs.10,00,000/-) to the APSI/APSI Trust

b) The fund is established as an OPEN ENDED endowment to enable it to be augmented as indicated by 2(b) below and also by any person/s or organization interested and willing to do so at any time in the future.

##### **2. Application of Funds.**

a. Only 90% of the income /interest derived from the fund can/shall be utilized for the award, in the following manner:

- i) A silver plaque with suitable inscriptions shall be presented to the recipient.
- ii) Presentation of a Cash award of all amounts remaining after spending for silver plaque to the recipient/Awardee
- iii) A citation also shall be presented to the recipient.

b. The balance of 10% of the interest earned shall be added to the corpus to augment the fund each year.

3. APSI shall consider/ prefer the *recipient to be a Guest of the organizing committee so far as the registration for that particular APSICON is concerned*

## **Caption Contest**

Email your caption for each of these pictures



# The Association of Plastic Surgeons of India

## Executive Council - 2011



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Every possible care is taken in collecting material and editing this E-Newsletter, However any omissions/errors are unintentional.  
The Newsletter is e-printed & e-published by Dr. Atulkumar K. Shah, Secretary, on behalf of Association of Plastic Surgeons of India.



# IMA NATIONAL SOCIAL SECURITY SCHEME (IMA NSSS)

A wing of IMA (HQ) New Delhi



Young Doctor Friends,

Please Do not overlook the Family Security.

Thinking that we are too young to die but Mishap and Death can occur unpredictably at any time.

**Always one step ahead,  
when it comes  
Best Scheme**

**I.M.A. N.S.S.S.  
By members for  
family members**

## **BENEFIT :**

- Financial Assistance to family members in event of death of member.
- On death of member, Amount given to Nominee=Rs. 40 x Total member of IMA NSSS

## **ELIGIBILITY :**

- IMA Life Member upto 60 years.
- For 40 to 60 years, life member have to complete 3 years of life membership

## **IMA NSSS AS ON 31-03-2011**

Total Members	:	12,640
Last DFC Paid to Nominee	:	Rs. 4,80,170/-
Total DFC Paid	:	Rs. 13,31,46,067/-
Help given to Number of families of deceased members	:	448
Amount paid by member as DFC since inception	:	Rs. 21,850/-

**BE A MEMBER OF IMA NSSS**

## **IMA NATIONAL SOCIAL SECURITY SCHEME (IMA NSSS)**

2<sup>nd</sup> Floor, AMA House, Opp. H. K. College, Ashram Road, Ahmedabad - 380 009.

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