

March, 2006

# No. 43 www.apsi.in

Message from President, Dr. Mukund Reddy



Dear Friends,

Greetings from Hyderabad, the city of Pearls

There are a number of issues which had to be addressed. How many times has someone asked you ".....do you

do that also; we thought you only did nose jobs or treated burns" The specialty, as you can very well see, needs to be publicized in the media. It needs to be propagated to attract fresh talent.

We need also to actively protect our domain. Every day we see advertisements of "facial plastic surgeons". "head and neck plastic surgeons", "cosmetic surgeons" and so on; majority of these people are not qualified plastic surgeons at all and a few not even qualified surgeons! We have to collectively fight for what we have trained for and not be apathetic to what is happening around us.

We also need to collectively fight against the "parachute drop" camps. We also see everyday the aftermath of inadequate, incorrect and many times wrong surgeries done in such camps. It is time that we take this issue seriously, again to protect our 'domain'.

All the issues can be discussed electronically through our website and I urge you to log on and be actively involved yourselves.

Note that the website of APSI now has a new look and it is time that we all started using it to our benefit. Please visit site www.apsi.in and the give your suggestions/comments for improvement. We plan to make it fully operational by June end. For it to be successful, your active participation is vital.

The organizing team of APSICON-2006, Hyderabad is leaving no stone unturned to make it a memorable one. We plan to make it intellectually stimulating and at the same time a relaxing one in the comfortable ambience of Film city. We encourage you to attend with your family

as we have plenty to keep them occupied. For full details please visit our website www.apsicon.com. The final brochure is under preparation and will be mailed to you shortly

Dr. Mukund Reddy President



## Know Your Executive

Dr L P Sadhotra, President Elect: 2006

Born at Katra (Vaishno Devi), a small town in the state of Jammu & Kashmir. he graduated from

Government Medical College, Srinagar in 1968 and joined the great Indian Army in 1969 as Medical Officer. He took his MS (General Surgery) from Armed Forces Medical College (Pune University) in 1976. After working in field units, he went for his Post Doctorate training in Plastic Surgery (M.Ch) and Diplomate National Board of Examinations in 1982 to PGIMER, Chandigarh.

He worked in various service hospitals as Plastic Surgeon and was instrumental in starting newer procedures in Micro Vascular and Brachial Plexus Surgery in the Armed Forces. He has published numerous scientific papers in the national and international journals and has been a teacher in General as well as Plastic Surgery in various service hospitals. He is examiner in M.Ch (Plastic) of various medical universities in India. He has trained a number of General and Plastic Surgeons during his stint at Army Hospital (R&R) and Command Hospital (Southern Command) Pune (AFMC). By virtue of his organisational skills, he has been instrumental in reactivating the Delhi Chapter of Association of Plastic Surgeons of India (APSI) and organising a national conference of APSI in 1996 as Organising Secretary.

After heading the Department of Plastic Surgery as Professor at the famous Armed Forces Medical College Pune, he moved on promotion as Brigadier to administer a zonal hospital and then as Deputy Director of Medical Services in an operational corps in North-East. He had the distinction of heading the most prestigious hospital of the Armed Forces, (Army Hospital (R&R) Delhi Cantt) as Commandant and now has been appointed to head the Medical Services in Army as Director General Medical Services (Army). In recognition of his academic and administrative achievements he was awarded Ati Vishist Seva Medal by His Excellency the President of India on the occasion of Republic Day in 2005. He has also been elected as President of the APSI for the year 2007. He is the first medico from the state of J & K to be the Director General Medical Services (Army) and also the President elect of the APSI.



## Dr Lokesh Kumar Treasurer: 2006-2008

Did his graduation and post graduation from Meerut and super specialised in 1988 from PGI, Chandigarh. Subsequently worked as Pool Officer at Safdarjung Hospital

and had his higher training at U.K. Currently working as Senior Consultant Plastic Surgeon at Indraprastha Apollo Hospital, New Delhi. He has been academically active, and presented a number of papers at national and international conferences. He has been invited to deliver lectures at many conferences, all over the country. Currently his main interest is aesthetic surgery. He was secretary of Indian Association of Aesthetic Plastic Surgeons and is currently its Vice President. He is life member of British Association of Plastic Surgeons. His hobbies includes Indian classic music, sports and flying.



## Dr. Jyotsna Murthy (nee Patel) Executive Member: 2006-2008

Associate Professor of plastic surgery at Sri Rama Chandra Medical College and Research. Did her M.Ch. in plastic surgery in 1991 from Mumbai and DNB the same year.

Subsequently worked as Pool Officer at LTMG Hospital, Mumbai. Her desire for paediatric plastic surgery led her to Paris, where she did her diploma (AFSA) as well. In her paediatric plastic surgery practice she has further specialised in cleft care and in vascular malformations. In this connection she has travelled to many plastic surgery and craniofacial centres of USA and Taiwan. She is currently the Secretary of Indian Society of Cleft Lip, Palate and Craniofacial Anomalies. She has been academically active, and presented papers at a number of national and international conferences. In many of them has been invited to deliver guest lectures.



## Dr. Prabhat Shrivastava Executive Member: 2006-2008

Dr. Prabhat Shrivastava did MBBS (6 Gold Medals) in 1989 & MS in 1993 from G.R. Medical College, Gwalior.

He was awarded Jiwaji University Gold Medal for standing first in MBBS Exam in 1989. He also received 'Pfizer Post Graduate Medical Award' with the conferment of the title 'Pfizer Award Winner' for his outstanding performance. He was an active participant in sports & other extra curricular activities.

He obtained M.Ch. in Plastic Surgery from King George's Medical College, Lucknow. He received Fellowship of International College of Surgeons-Indian Section, in the year 2003 & Fellowship of Association of Surgeons of India in the year 2005. He is also the recipient of APSI Traveling Sponsorship (1995), IX IPRAS-APSI National Training Fellowship (1999), Brig. Kathpalia' Fellowship in Hand Surgery (2002) and Ethicon Fellowship in Cosmetic Surgery (2006). He is the life member of 10 National & International Professional Associations. He is also an Executive Committee Member of National Academy of Burns-India (NABI) for the period 2005-2008. So far in his career, Dr. Prabhat has been Invited Faculty / Chairman at 13 National/State meetings/workshops, has 21 publications, presented 41 Scientific Papers, attended 46 Conferences, 22 Workshops & 18 CME's / Updates & has completed 3 research projects.

He went to UK in the year 2000, under Group Study Exchange Program of Rotary International. He visited Hand Surgery Unit in U.K. Since 1997, he is working at the Dept. of Burns, Plastic, Maxillofacial & Microvascular Surgery at Lok Nayak Hospital & associated Maulana Azad Medical College, New Delhi.

## Kilner Essay Award

- 1. On any topic
- 2. Open to all full or associate members of the Association of less than 10 years standing after post- graduation.
- 3. Four copies of the essay to be sent to the Secretary, APSI before 31<sup>st</sup> July, 2006.
- 4. It should not be more than 5000 words, excluding references, charts, tables and photographs etc.
- 5. It should include author's original work in sequence, introduction, material and methods, review of literature, observations, discussion,

Photographic summary and conclusions. representation of quality is essential substantiate the original work.

Eligibility: All full / life members of APSI

Submission of papers: The paper should be of high standard and should have originality. It should be relevant to the Indian context. If experience of a long series of cases is being presented, it is preferable to include a statistical analysis also. New ideas and innovation /new achievements and feats can be presented. Modification of techniques, highlighting costeffectiveness and superiority of results, development of newer instruments etc.

The papers to be presented in "Peet Prize Session" should be marked on the envelope. Each participant should send 4 copies of the full text of the paper along with photographs and illustrations etc. to Secretary, APSI. The last date for sending the paper is 31<sup>st</sup> July, 2006. The author also needs to submit an undertaking that the same work has not been published earlier.

Acceptance: The final acceptance of the paper will be communicated to the participants by the Secretary, APSI. Authors who still wish to present their papers in APSICON for the year if their papers are not accepted for the Peet Prize Session will have to themselves submit the same to the organising secretary of the conference.

Time of Presentation: 10 minutes will be allowed for presentation, to be followed by 3 minutes discussion. Anybody from the audience is free to ask questions on the presentation.

It stands confirmed that Peet Prize is for oral presentation, and even if there is a single paper approved by the selection committee, it would not qualify for an award till the paper is presented and adjudged to be award winning by the Judges.

## APSI Best Paper Award

Eligibility: Junior Plastic Surgeon undergoing post doctoral training, or not more than one year after training. The paper should not have any co-author. Submission:

- While submitting the abstract of the paper please 1. indicate on top that the paper be considered for this particular session.
- The abstract should be accompanied by a 2. certificate from the Head of the Deptt. where the participant is undergoing training.
- 3. The abstract should be submitted to the Organising Secretary of the conference where

Presentation:

to

- The title slide should **not indicate** the name of 1 the institution.
- 2. The work should reflect that it has been carried out by the junior plastic surgeon.
- Ten minutes will be allowed for presentation, to 3. be followed by 3 minutes discussion.
- 4. Anybody from the audience is free to ask questions on the presentation.

#### Fellowships/Training/Funds etc.

Applications are invited for the following Training Fellowships and activities for the year 2006.

- Ethicon Training Fellowship in Plastic Surgery One
- \* Ethicon Training Fellowship in Cosmetic Surgery - One
- \* Ethicon Training Fellowship in Microsurgery - One
- \* R.G. Saraiva International Training Fellowship - One
- \* Myovatec Training Fellowship in Plastic Surgery - One
- \* Vasudhan Arjin Fellowship in Laser Surgery – One (5 days training)
- \* APSI sponsorship for PG trainee to attend APSICON 2006 - Two
- \* Promotion of Scientific Activity (Plastic Surgery) at Mumbai fund - One
- \* Maharashtra Chapter Fund-For CME program / workshop in Mumbai (Proposal to have prior approval of Executive Committee of Maharashtra Chapter) - One
- \* Promotion of Scientific Activity in Gujarat Fund - One
- \* Plastic Surgery Venture Fund – One
- \* KEM Microsurgery fellowship- one
- IX IPRAS Awards (subject to availability \* a) For CME/Workshop - One b) International Travelling Fellowship - One c) National Travelling Fellowship - One
- \* Chennai Fellowship in Tamil Nadu - to be given to any junior plastic surgeon (within 5 years of M.Ch./DNB) or plastic surgery trainee from anywhere in the country - to visit one centre for training in Tamil Nadu.
- \* Chennai Fellowship outside Tamil Nadu - to be given to a junior plastic surgeon (within 5 years of M.Ch./DNB) or plastic surgery trainee from Tamil Nadu to visit a centre outside Tamil Nadu for training.

Applications along with short CVs in triplicate should reach the Secretary, APSI by 30<sup>th</sup> September, 2006. The Training fellowships are for a period of 4-6 weeks training. Applicants should submit their applications with the approval of the Consultants under whom they wish to train. Application received after the due date will not be entertained. Successful applicants are required to maintain a daily diary during the period and obtain a certificate of attendance from the

Consultant. Application from PG trainees to attend APSICON should include acceptance letter for their presentation, a short CV and a forwarding letter from HOD.

It has been lately felt and realised that to maintain highest standards of plastic surgery practice and teaching, the association has to play an important and proactive role. In order to fulfill this aim, Dr. R.B. Ahuja, immediate past president, mooted the idea of having some sort of teaching/refresher program for plastic surgeons. This is also in accordance with the philosophy of the Medical Council of India, which is planning for making accreditation/refresher courses CME mandatory. Dr. Ahuja piloted this project and a blue print is now ready, which is being reproduced below, for kind perusal of all concerned and for their suggestions. The courses are to be named Professional Development Courses of the Association of Plastic Surgeons of India. We plan to have 3 modules each year in different parts of the country...... Secretary

## Association of Plastic Surgeons of India Professional Development Courses

## **Background**

The current debate about the "surgical learning curve" is making the case for deliberate and structured training in surgical skills – rather than their acquisition by default, or osmosis. This in turn requires the development of new teaching and learning techniques, adapted to the rapidly changing learning environment in which surgeons now work. In addition, the future requirement of accumulation of CME credits for re-accreditation, as envisaged by MCI and Government of India, makes it essential that we 'self regulate' and 'accredit' ourselves. APSI must play a supervisory and facilitator role in this venture. The National and Regional conferences themselves will also be accredited for accumulation of credit hours and it will not be mandatory to attend these structured training modules.

## **Philosophy and Aim**

The package of PDC courses will be developed to complement curriculum-based post doctoral surgical training and education, with the following aims:

- 1. Equip to perform competently in the competitive surgical environment.
- 2. Help young plastic surgeons to practice confidently and effectively.
- 3. Complement locally available training.
- 4. Provide a strong foundation for higher surgical training.
- 5. Provide specialized and focussed training in certain fields.
- 6. Allow for structured refresher courses at various levels for re-accreditation.
- 7. Provide a certificate of completed training module.

The latest examples of best practice, state of the art equipment and expert faculty combine to create unrivalled opportunities for learning new skills and procedures. These courses will also be designed to provide training in some of the latest innovative techniques and advanced procedures within a specialty. If possible, renowned international faculty will be invited to some of these courses to complement the eminent national faculty.

## Supervision and Assessment of Program

A committee consisting of the President APSI, Secretary APSI, Prof. Mukund Reddy, Prof. A.K. Singh, Dr. Rajeev B. Ahuja, Prof. Ramesh Sharma, Prof. T.C. Chandran, Dr. Mukund Thatte and Dr. Anil Behl was appointed during the general body meeting at APSICON 2005. Subsequently, Dr. Jyotsana Murthy, Dr. Manoj Khanna, Dr. Prabha Yadav and Dr. Hemen Jaju have been co-opted to this committee to assist as subject coordinators for some modules. Prof. Mukund Reddy, President APSI, has taken the approval of the 'course committee' to have Dr. Rajeev B. Ahuja as the Chairman of the committee for next five years. Each course module preparation will be under the supervision of an expert national faculty - the subject coordinator. These committee members will work to ensure that the courses meet the needs of the profession. In each specialist area, the curriculum will be constantly reviewed and developed to take account of national demands in surgery and the latest technological advances. It will be the endeavor of APSI to liaise with MCI and to prevail up on it to give the role of reaccreditation of plastic surgeons to APSI, should this reaccreditation become mandatory in future. Currently, it is envisaged to allow the courses to 'take off' and subsequently be used to provide CME credit hours.

A standard questionnaire will be given at the end of the module which needs to be filled by each participant before they get the certificate. These evaluation sheets will be posted to the Advisory Committee, as above, which would analyze the results and provide feed back to the organizing team, as well as incorporate useful suggestions for future modules.

## Interval and Cycle

There will be approximately three courses per year and they will repeat every three years. One of these courses is likely to be pre or post fixed to an APSICON for the year. The rest will be stand alone courses. After one complete cycle the module will be repeated at a different centre of the country depending on the interest, demand and availability of local expertise in conducting the course.

#### **Grading of Courses**

Where as it is desirable to have different level of courses as mentioned below, to start with there will be only one module per topic. Thus, specific topic oriented courses, aimed at the highest level, will be introduced gradually. Grade I: Junior and senior postgraduates

Grade II: Senior post-graduates to junior consultant Grade III: Junior consultant to senior consultant

## <u>Participants</u>

These courses should be limited to 40 participants (approximately) per module to provide more interaction with the faculty.

## **Sponsorship**

Ethicon has agreed in principle to sponsor these courses. These courses will, therefore, be called 'APSI-Ethicon accredited courses in Plastic Surgery'. The sponsorship will entail domestic air ticket for faculty (3 per course, 9 in a year), Rs 100,000/- per course (to cover cost of lunches, audio-visual facility, and local hospitality for faculty etc.). Course material to be prepared by APSI will be printed and circulated by Ethicon to all delegates. Thus, there should be no need for local organizing committee to raise funds for these courses. 'Ethicon' / 'course committee' will nominate up to 40 delegates on this course. This in effect means that 40 delegates to each course will not have to pay any registration fee. Delegates will apply to the Chairman, accredited course committee to receive nominations, which will be processed strictly on 'first come first served' basis after the course dates are announced in the APSI Newsletter. The Chairman, accredited course committee will liaise with Ethicon and inform the delegates of their nomination to the course. APSI members will quote their membership number in the request letter and students will forward a recommendation letter from the Head of the Department to receive the nomination. Any person who fails to attend the 'course' after receiving a valid nomination will be debarred for 3 years to receive another nomination till a valid and substantiated reason is offered. This arrangement with Ethicon will last indefinitely.

## **Duration, Budgeting and Fees**

The courses will be for 2 days duration. If desired by the local organising centre it will be free to convert it in to a two and a half or a 3 day course. Plenty of time will be provided for discussion.

The course fee will be Rs. 2,500 per course, to start with for three years. The fee will be reviewed after the initial period. The course will be conducted on a no profit-no loss basis. Any centre wishing to host a 'module' will submit a tentative budget to the committee for approval. The entire budget for the course should not exceed Rs 1.5 lakh. Up on this the committee will recommend Ethicon to release its sponsorship amount, and also the APSI executive committee to release whatever other grants are available for such courses. Course budgets exceeding Rs 1.5 lakh will not qualify for a grant from APSI. Similarly, a course conducted along with an APSICON will not qualify for a grant from APSI corpus, although, the Ethicon sponsorship will be available. This budget should cover the audio-visual aids, meals and hospitality for faculty etc. The organising committee must indicate in its proposal how the shortfall in budget over Rs 1 lakh will be covered. Courses will be advertised in the APSI Newsletter, and therefore, they need to be planned at least 9-12 months in advance. Individual mailing of brochures should not

the host city. The local organizing committee should be in a position to provide subsidized accommodation if requested by participants. The organizing committee will be responsible for submitting a report, list of delegates, the completed response forms and the accounts to Chairman, accredited course committee with in one month of the course, and all surplus money will be added to a corpus created by APSI for such courses.

## **Co-Sponsorships**

It is quite possible that many allied Associations may collaborate in organizing these course modules. In all such collaborations it will be ensured by the local organizing committee that APSI remains the Principal organiser. If any faculty is sought outside APSI membership then APSI will not recommend travel sponsorship for that individual. This may be arranged by other means of sponsorship.

CME courses organized independently by other allied Associations will also qualify for credit hours (as and when applicable), provided such Associations have applied to APSI for 'credit' recognition.

## <u>Content</u>

For first 3 years the following course modules have been planned. These will be grade II level courses. However, junior postgraduates and senior consultants are free to attend them.

attenta them.	
Module	Subject Coordinator
Basics of Plastic Surgery	Dr. Anil Behl
(Grade I only)	
Cleft Lip & Palate	Dr. Jyotsana Murthy
Maxillofacial Trauma	Dr. T.C. Chandran
Aesthetic Surgery	Dr. Manoj Khanna
Craniofacial Surgery	Dr. Ramesh Sharma
Skull Base Surgery	Dr. Hemen Jaju
Burns	Dr. Rajeev B. Ahuja
Hand Surgery	Dr. Mukund Thatte
Microsurgery-Basic Training	Dr. Mukund Reddy
(Grade I & II)	
Head & Neck Cancer	Dr. Prabha Yadav

The course modules will be available on APSI website. They will include didactic lectures and group discussions. Video demonstrations may be included where ever possible. In modules like 'microsurgery' they must include 'hands on training' in the laboratory. The on going Ethicon microsurgery course at their laboratories in Mumbai and Delhi will henceforth have APSI as a co sponsor besides the Indian Society for Reconstructive Microsurgery. The course module will be enhanced for participants from Plastic Surgery specialty. The participant number for such courses may get reduced and the fee may need to be enhanced to cover the costs. On the basis of the response to these courses, subsequently, more advanced and more focused topics will be included. Therefore, the scope is unlimited.

## **Accreditation Points**

1 Point (or credit hour) will be given for 1 hour of CME, excluding meal times etc. Delhi Medical Council has muted the idea of accumulation of 20 points (credit hours), annually, for each doctor. As mentioned before, this will only become applicable, as and when necessary, after due deliberation.

## **Centres**

Plastic surgery centres which wish to hold any of the above mentioned courses, in next 3 years, should apply to Chairman, accredited course committee, mentioning the module, dates proposed and the budget latest by 1<sup>st</sup> September 2006. They should also suggest the names of host (city) faculty and of the external faculty desired for the course. APSI accreditation committee will approve the names of the faculty after which the detailed scientific program should be submitted. APSI accreditation committee is also drawing up a list of 'faculty' for each module which will be made available to local organising committee to enable it to make a choice. The local organising committee will directly approach the 'faculty' after approval of the accreditation course committee to ascertain his / her feasibility and allocate lecture topics. The course will be conducted strictly on the 'module' planned. Subject coordinators can themselves apply for conducting a 'module'.

## **Conclusion**

The goal will be to make a paradigm shift in our teaching methodology and to equip younger colleagues with skills, behaviour and ethics such that they are better prepared to meet future challenges. Also, as stated earlier by immediate past President Dr. Ahuja, we must self regulate and gain powers of accreditation before this is thrust on us in any other manner.

## Forthcoming Events

- National workshop on multidisciplinary approach in wound management and research, 20-21<sup>st</sup> May, 2006, Manipal. For details please contact Dr. Pramod Kumar at pkumar86@hotmail.com
- 3<sup>rd</sup> international symposium on hand surgery and advances in hand therapy, 25-26<sup>th</sup> May, 2006, Bali. For details please contact Dr. Teddy O.H. Prestyono at teddyohp@yahoo.com
- Cosmetic & dermato-laser surgery live demonstration from 2<sup>nd</sup> – 4<sup>th</sup> June, 2006, Mumbai, under aegis of Indian Association of Cosmetic Laser Surgeons. For details please contact Dr. L.D. Dhami at dhami@vsnl.com
- International master course in Aging Skin (IMCAS2006 Master Seminars), 30<sup>th</sup> June – 1<sup>st</sup> July, 2006, Paris. For details at www.imcaswab.com
- UICC world cancer congress, 6-12<sup>th</sup> July, 2006, Washington. For details please contact Isabel Martara at reamonn@uicc.org

- 7th international occular trauma society meeting, 29-30<sup>th</sup> July, 2006, Rome. For details please contact ajeh@vsnl.com
- First national workshop on propeller flaps from 12-13<sup>th</sup> August, 2006, Chennai by Dr. G. Balakrishnan. For details please contact Dr. Vijay Ragwan at drvijayragwan@yahoo.co.in
- 4<sup>th</sup> international workshop on surgical techniques in cleft lip, palate and maxillofacial surgery, 18-20<sup>th</sup> September, 2006, Taipei, Taiwan. For details please contact nd2430@adm.cgfh.org.tw
- International burns injuries conference, 26-29<sup>th</sup> September, 2006, Brazil. Details available at www.isbi2006.com.br
- 5<sup>th</sup> International congress of maxillofacial and craniofacial distraction at Paris. Details at www.distractionparis2006.com
- 17th annual conference of occuloplastics association of India, 28-29<sup>th</sup> October, 2006, Lucknow. For details please contact Dr. Ap...t Kumar Chhobra at apcicon06@rediffmail.com
- 3rd Asia-Pacific reach to recovery international breast cancer support conference from 7-10<sup>th</sup> November, 2006, Mumbai. For details please contact Dr. Isabal Mortara at vandelli@uicc.org
- 6<sup>th</sup> Asia-Pacific craniofacial association conference, 17-19<sup>th</sup> November, 2006, Singapore. For details please contact cdd.marianne@ams.edu.sg
- International tutorials in aesthetic surgery, 10-14<sup>th</sup> January, 2007, Mumbai. For details please contact Dr. Neeta Patel at neetapatel@hotmail.com
- 6<sup>th</sup> Pacific cleft lip and palate congress, 2-5<sup>th</sup> September, 2007, Goa. For details please visit www.apcp2007.com. (Secretary General Dr. Sanjeev Deshpande)

## Obituary

- 1. Dr. B.B Jeevanandan, passed away on 07-03-2005. The information of his demise reached late.
- 2. Dr. A.D. Puranik –Senior plastic surgeon from Miraj passed away on 25-03-2006. He was an active member of APSI. He has been past president of Maharastra chapter of APSI

## Achievement

- Prof. C.P. Sawhney, ex-HOD, PGIMER, Chandigarh, has been nominated national emeritus professor of the national academy of medical sciences – Congratulations
- Dr. A.K. Gupta, has been awarded the fellowship of the national academy of medical sciences Congratulations

## APSICON-2006

41<sup>st</sup> annual conference of the APSI – 20-24<sup>th</sup> November, 2006, Hyderabad. Details at www.apsicon.com

## <u>Secretariat</u>