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### President's Message



**Dr. Surajit Bhattacharya**  
President - APSI

Dear Esteemed Members of APSI,

#### ***The Future is coming faster than you think!***

Plastic Surgery is today no more a purely concept driven speciality. Technology has almost seamlessly enmeshed itself into it and is changing it faster than you can imagine. From reconstruction to rejuvenation to regeneration the journey has been an exciting one and centres which were once considered to be the Mecca of Microvascular surgery, with futuristic leadership have converted themselves to become the apex centres of regenerative surgery and the dream of growing a missing pinna on a petri dish is not very far from realization.

The best way to predict the future is to invent it. Delightfully mesmerizing visions of the future created by research laboratories, think tanks, science fiction authors, other visionaries and clairvoyant sooth-sayers not only form a matrix for the social perception of tomorrow's world but also open up a plethora of opportunities. Such futuristic thoughts

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### Secretary's Message



**Dr. Parag Sahasrabudhe**  
Hon. Secretary - APSI

Dear Esteemed Members of APSI,

It is my privilege and honour to present to you April 2018 newsletter of our Association.

In the last GB the strategic Planning Committee presented vision document for APSI. The various new committees were formed.

The Award restructuring committee met and has presented its interim report to the EC during its Mid term EC meeting held at Lucknow. The efforts of the committee were applauded by the members of the EC. Apart from restructuring of old awards instating of new awards is also considered as discussed during last GB. After receiving the suggestions the committee will meet again to prepare final document which will be presented to GB.

The MCH curriculum finalised by the GB had been communicated to MCI and DNB board.

The APSI office committee is working hard to find suitable space for APSI office.

The Training Supervisory committee is

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## **President's Message** (from page 1)

are known as memes, which propagate in society like a cultural gene. Remember the Asterix comic strips where the medicine man, Getafix would pick up the chopped limbs of fallen soldiers and reattach them to their owners with his magic potion! Today such microvascular limb re-implantation is a reality in a general hospital near you!

Mass media dictates the collective expectations of society; hence they can analyze the memes. Cinema can project new technologies as being real even if they are in the developmental stages and society will accept it, at least in the subconscious mind. The most radical ideas from science and fiction may find solutions to problems that we face in real life. On the other hand, consumer expectations are also programmed in this way and this may be very scary in practice. In three decades of practice I still find it difficult to make patients understand that what is possible is scar revision and not scar removal!

When scientists of the Roslin Institute in Scotland announced that they had succeeded in cloning 'Dolly' the sheep a whole new world of possibilities opened up. So will human life also become programmable? Will families be designed and children selected according to catalogues? The gender of children might be reversible during the course of pregnancy and the little brother may be a robot! Thus, our notion of family happiness might be programmed and human beings would like to make the entire world a theme park where spectacular experience boosters are available. One-minute holidays and artificial hibernation of unproductive times will become the order of the day one day!

But what is certain is that in the healthcare sector of the future, less emphasis will be placed on curing illnesses than on prevention and well-being. Beings and machines will merge; body and consciousness will be rewired. The new combination of natural and artificial hardware and software will create mechanical humans and human machines. Death might become optional with artificial parts increasingly replacing diseased organs. The secret of self-healing will be decoded, changing the treatment pattern of today.

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## **Secretary's Message** (from page 1)

formulating standard teaching modules for subtopics for APSI Accredited courses.

The new website is working as expected and process of new membership applications is now online since last GB. Some new features will be added to the website [www.apsi.in](http://www.apsi.in) in due course of time.

But human evolution will continue and result in new intelligent beings.

The future belongs to those who tell the best stories about the future; in other words, only creative thinkers will get an opportunity to contribute towards future professional needs. Plastic Surgery is generally considered to be a skill-based specialty but we have begun to establish our knowledge base. As a knowledge-based specialty, adoption of new technology is a natural extension of our commitment to patient care and not to skill-based bravado. Many new technologies are adopted from other fields viz. nanotechnology, bioengineering, lasers, etc. With a solid knowledge base, we will not be afraid of technological failures and will adopt technology as early as possible. But, here lies a big pitfall; many technologies are popularized by corporate investments, which may not be inherently interested in patients but be more of business opportunities. Urology is in crossroads today with the introduction of robotic surgery and the leaders in this field are wondering about its true utility as facts are overshadowed by perception and most of us fall victim to perception created by a few, which is more often than not misconceived or market driven. This perception has led to pressure on the surgeons, hospitals, and patients as well resulting in steep rise in acquisition of robots in India too. Patients are asking for robotic assistance for simple nephrectomy, hernia surgery, and varicocele, giving technology undue credit.

This profession has to manage the pressures of the market without ignoring the science because ignoring them totally will be fatal to our future growth. We must have a vision for what is desirable but impossible today, but we must also have the wisdom of differentiating facts from perceptions and all our data collection, data analysis and future research should create facts and not perceptions. The edifice of a bright future is always made by honest facts and not by created perceptions.

Regards,

**Dr. Surajit Bhattacharya**

President, APSI

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I would like to thank all the members of the Association and the members of the executive council for their cooperation. I would like to thank President Dr. Surajit Bhattacharya and the trustees of the Association for their constant guidance and support.

Yours Sincerely,

**Dr. Parag Sahasrabudhe**

Hon. Secretary, APSI

# Laurels



## Dr. Atul Shah

awarded International Gandhi Award 2017 at hands of The Vice President of India, Shri M. Venkaiah Naidu for humanitarian services to alleviate the suffering of leprosy-affected persons.



## Dr. M.R. Thatte

elected as Member of the Sunderland Society (Probably the first ever from India). This is a world wide organisation devoted to Surgery and basic science on Peripheral nerves.

# Concluded Conferences

## Hands-on Perforator Course at Tata Medical Centre, Kolkata



February. This was a part of the Association of Plastic surgeons accredited Course supported by Ethicon.

The course was designed to provide a practical overview in the understanding and application of Perforator flaps.

The Program after a session of initial discussions on „understanding of the operating microscope, instrumentation and working in high magnification was divided into three groups.

1. Hands on anastomosing a vessel of less than 1mm in a chicken wing model. Five operating microscopes -provided by Zeiss was used. Each group was supervised by a faculty guiding each in the nuances of small vessel anastomosis.
2. The second group was introduced to practical aspects of CT Angiography by the Radiology Faculty of Tata Medical Centre. Real time image grabbing, and image reconstruction was demonstrated.
3. The third group were exposed to practical videos of different procedures of Perforator flaps and its applications -such as TDAP, DIEP, SCIP, ALT ,amongst others. throughout the two day course.

These groups interchanged within the two days of the conference.





# Upcoming Conferences



HAND SURGERY UPDATE 2018

## INDIAN SOCIETY FOR SURGERY OF THE HAND (MID TERM CME)



**DATE 21<sup>st</sup> & 22<sup>nd</sup> April, 2018**

==== VENUE ====  
**M.K. HOTEL**  
RANJIT AVENUE, AMRITSAR.

**ORGANISED BY:**



Department of Plastic, Hand & Microvascular Surgery and  
Department of Orthopaedics

Amandeep Hospitals & Clinics, Amritsar.

(M) +91-9988106272

E-mail:- [drravikmahajan@gmail.com](mailto:drravikmahajan@gmail.com) | [www.amandeeptospital.org](http://www.amandeeptospital.org)

# APLAST 2018

27 - 29, April 2018

Venue : Amriteshwari Hall, Amrita Institute of Medical Sciences, Cochin - 41

Tutorials in Plastic Reconstructive Surgery. A joint Initiative of Dept of Plastic Reconstructive Surgery,  
AIMS and Kerala Plastic Surgeons Association  
Endorsed by Association of Plastic Surgeons of India - APSI

This teaching programme is structured in the form of a case based interactive discussion. There will be 10 modules and each module will have 3cases to be discussed. The discussion format has been prepared to help the trainees to equip themselves for their exit examination. The faculty members chosen are experienced teachers and luminaries in their branch of the specialty.

Aesthetic surgery for exams  
Spotter cases for exams  
Ca oral cavity  
BCC cheek  
Naevus trunk  
Eyelid defect  
Pressure sore  
Knee defect  
Cleft palate  
Radial Nerve Palsy  
Thumb Aplasia  
Median Nerve Palsy  
Ulnar Nerve Palsy  
Sub total nose defect

Facial paralysis  
Pan brachial plexus palsy  
Secondary flexor tendon reconstruction  
TMJ Ankylosis  
Apert Syndrome  
PBC Neck and Axilla  
Hypospadias  
PBC hand  
Post mastectomy breast defect  
Middle 1/3rd leg defect  
Sole defect  
Foot drop  
Cleft lip  
Scar Alopecia

\*Special session on Aesthetic surgery for exams and Spotter cases for exams

\* Eminent faculties from all over India will be the attraction of the programme.

**For Registration please contact**

Mrs.Sreedevi Sunil

Research Coordinator

Dept of Plastic Reconstructive Surgery

AIMS, Cochin -41

Ph: 0484 2851428, 6681428

Email: [hnsresearch@aims.amrita.edu](mailto:hnsresearch@aims.amrita.edu)



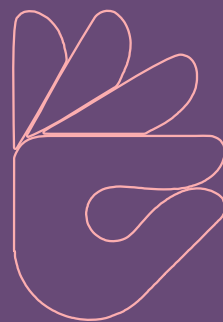
ISSH

## ISSHCON 2018

42<sup>nd</sup> Annual Conference of the  
Indian Society for Surgery of the Hand (ISSH)

Date : 4<sup>th</sup> October 2018  
Live Surgery Workshop  
Venue : Ganga Hospital, Coimbatore

Date : 5<sup>th</sup> - 7<sup>th</sup> October 2018  
Conference  
Venue : Hotel Le Meridien, Coimbatore



ISSHCON 2018

### Contact Details :



**ISSHCON 2018**

Conference Secretariat

**GANGA HOSPITAL**

Department of Plastic, Hand & Reconstructive  
Micro Surgery & Burns

313, Mettupalayam Road, Coimbatore - 641 043.

Phone No.: 0422 2485000, Extn - 5414

Mobile: +91 99423 85334, 94870 72459

Email: rajahand@gmail.com



[www.apsicon2018.com](http://www.apsicon2018.com)



53<sup>RD</sup> ANNUAL CONFERENCE OF  
**ASSOCIATION OF PLASTIC SURGEONS OF INDIA**

Lucknow  
WELCOMES YOU TO  
**APSICON 2018**  
21 - 25 NOV 2018

**MARK  
YOUR  
DATES**

*An evening of merriment at Hussainabad Clock Tower, Lucknow*

## The City of *Nawabs* invites you to **APSICON 2018**

Dear APSI Members & Colleagues,

**W**e take great pride in inviting you to the **53rd Annual National Conference of Association of Plastic Surgeons of India (APSICON 2018)** to be held from November 21 to 25, 2018 at the **Golden Blossom Imperial Resorts** in Lucknow. This memorable event will be jointly hosted by Lucknow Plastic Surgery Club and Society of Plastic Surgeons, UP.

Plastic Surgery is the ultimate expression of science and art that investigates the methods and techniques with an artistic eye, and has plastic surgeons always striving to achieve cutting-edge methods and ever-improving results through constant scientific innovations and advancements. APSICON is a platform where new ideas, researches and innovations are readily shared, hence the organizing committee is excited to organize this conference with the theme **“Innovate to Excel, Research to Lead, Propagate to Prosper”**. It will be our aim to make this event an intellectual treat for all and promote all aspects of Plastic, Reconstructive & Aesthetic Surgery – reparative, reconstructive, rejuvenative and regenerative.

Apart from the scientific sessions, we are arranging many social programmes and entertaining events for participation of members as well as their families and our effort will be to make each day and night a

memorable one for all. Don't miss them, every night will be full of enjoyment and entertainments, fun and frolic. We will ensure that you have plenty of joyful memories to rejuvenate you and keep you refresh for the up coming year.

Fondly known as the “City of Nawabs” Lucknow represents the pinnacle of traditional richness and cultural extravaganza! It is a unique amalgam of the ancient and the ultra-modern. The historic city has kept its old-world-charm absolutely intact and yet boasts of modern modes of transportation, parklands and a vibrant river front!! A delight of the food lovers, Lucknow offers amazing range of culinary options for all types of palates.

The city is popular for its courtly manners (Tehzeeb), heritage buildings, beautiful gardens, chikan-kari embroidery, Urdu poetry, music and exquisite cuisine. You discover and rediscover the royal colours of Lucknow everyday. That is why:

“जिसे आप कहते हैं लखनऊ – उसे हम कहते हैं दूजा जहाँ”  
(The place that you call Lucknow – we call the other world)

We will make sure that you have an excellent academic and social feast during your stay with us in the city of Nawabs!!

“आपके इंतजार में हम नज़रें बिछाए बैठे हैं !”  
We are eagerly awaiting your arrival!!

The Amazing ***Bhool Bhulaiya*** at *Bada Imambara*, a labyrinth of about a thousand passageways



**Dr. Surajit Bhattacharya**  
Organising Chairman



**Dr. R. K. Mishra**  
Organising Secretary



**Dr. Vaibhav Khanna**  
Treasurer



The Glorious Nawabi Heritage: *Roomi Darwaza, Asafi Mazjid (Mosque)* and *Bada imamabara* built by Asaf-ud-Daula, Nawab of Awadh, in 1784.



### Organizing Committee APSICON 2018

**Patrons:**

Prof. Ramesh Chandra, Prof. S D Pandey,  
Prof. MLB Bhatt, Prof. A. K. Singh

**Organizing Chairman:**

Dr Surajit Bhattacharya

**Chairman Scientific Committee:**

Dr Vijay Kumar

**Co-Chairmans Scientific Committee:**

Dr Adarsh Kumar, Dr Brijesh Mishra

**Chairman Reception Committee:**

Dr Rajiv Agrawal

**Organizing Secretary:**

Dr R K Mishra

**Treasurer:**

Dr Vaibhav Khanna

**Registration & Accommodation:** Dr Ankur Bhatnagar

**Souvenir & Brochure:** Dr Divya Narayan Upadhyaya

**Venue & Audio-visual:** Dr Sumit Malhotra

**Travel & Local Hospitality:** Dr Amit Agarwal

**Cultural & Entertainment:** Dr Anupam Saran

**Inauguration & Memento:** Dr Vivek Saxena

**Food & Beverages:** Dr Sanjiv Bhatia

**Trade Exhibition:** Dr Reetesh Purwar

**Accompanying person's programme :**

Dr. Neeta Bhattacharya & Dr Richa Srivastava

## Conference Events

**19th – 20th November 2018:**

APSI Accreditation course on  
“Cleft Lip Palate & Cranio-facial Anomalies”  
Venue: KGMU, Lucknow

**21st November 2018:**

Prof. C. R. Sudararajan Video Workshop  
Venue: Golden Blossom Imperial Resort, Lucknow

**22nd – 25th November 2018:**

**Main Conference**

Venue: Golden Blossom Imperial Resort, Lucknow

**22nd November:** Charles Pinto CME, Conference  
Inauguration, Inaugural Dinner

**23rd November:** APSICON Premier League (APL)  
& Gala Dinner

**24th November:** Executive body election, General  
Body Meeting, Welcome Dinner

**25th November:** Valedictory Function

Theme:  
“**Innovate**  
to Excel,  
**Research**  
to Lead,  
**Propagate**  
to Prosper”



Golden Blossom Banquet



# ACCOMMODATIONS

ACCOMMODATION PACKAGES				
	Duration of Stay	Twin Sharing per person	Non-Sharing Single/Double	Suite
 Golden Blossom (Venue)	4 Nights Package 21 - 24 Nov 2018	8,000	16,000	28,000
	5 Nights Package 20 - 24 Nov 2018	10,000	20,000	35,000
 Fairfield By Marriott	3 Nights Package 22 - 24 Nov 2018	6,750	13,500	30,000
	4 Nights Package 21 - 24 Nov 2018	9,000	18,000	40,000
 Hyatt Regency	5 Nights Package 20 - 24 Nov 2018	11,250	22,500	50,000
	3 Nights Package 22 - 24 Nov 2018	9,750	19,500	49,500
	4 Nights Package 21 - 24 Nov 2018	13,000	26,000	66,000
	5 Nights Package 20 - 24 Nov 2018	16,250	32,500	82,500

Accompanying 2 children < 12 years : No Extra Bed: Complimentary  
Extra Accompanying Person and Child > 12 Years need to pay as per the policy & rates.  
**The Venue: Golden Blossom's services are equivalent to 4 Star as claimed by the Owner**

### Note:

- Rates are inclusive of room rates, daily buffet breakfast, Wi-Fi and all the taxes.
- Check in time is 1400 hrs and check out time is 1200 hrs. Early check-in and check-out is strictly subject to availability.
- Mini bar, room service, laundry, telephones and other paid services will be settled by the guest at the time of check-out.
- Accommodation at venue is subject to availability and on the basis of first come first served.
- Package does not include Airport transfers.

### Mode of Payment

Cheque / DD/Bank Transfer : in favour of "APSICON 2018 ACCOMODATION" payable at Lucknow, or Online payment through Payment Gateway

### Bank Account Details

Beneficiary Name: **APSICON 2018 ACCOMODATION**  
Bank Account Number & Type: **Current Account, 50200027163220**  
Bank Name: **HDFC Bank**  
Bank Address: **Tekari Chambers, Ashok Marg, Lucknow-226001**  
IFSC Code: **HDFC0001267**



### CANCELLATION POLICY

1. Cancellation till 31st May 2018 - 25% of Registration and accommodation charges will be deducted.
2. Cancellation till 30th September 2018 - 50% of Registration and Accommodation charges will be deducted.
3. No refund will made for cancellation after 30th September 2018.

### Refund T&C

- \* Members who will pre-register till Kochi conference (i.e. till 19th November, 2017): will be entitled for full refund in case of cancellation till 30th September 2018.
- \*\* All refunds will be made without any interest & transaction charges and be made after the conference by HDFC bank cheque only.

# REGISTRATIONS

### Registration Fee for Members (Non-Residential)

	Early Bird Till 31-03-2018	Regular Till 30-09-2018	Late & Spot After 30-09-2018
<b>Delegates</b>	₹ 12000	₹ 14000	₹ 16000
<b>Accompanying Person / head</b>	₹ 8000	₹ 10000	₹ 12000
<b>Trainees</b>	₹ 8000	₹ 10000	₹ 12000
<b>Members &gt; 75 Years</b>	Complimentary	Complimentary	Complimentary

Accompanying Children < 12 years - Complimentary, Rest as per the above rates.

**Fee for "APSI Accreditation Course On Cleft Lip, Palate & Cranio-facial Anomalies" (KGMU, Lucknow, 19-20 Nov 2018)**

	Early Bird Till 31-03-2018	Regular After 31-03-2018
<b>Delegates</b>	₹ 3000	₹ 4500
<b>Members &gt; 75 Years</b>	Complimentary	Complimentary

### Paid Workshop Fee

<b>Master Classes (Per Class - Max 3)</b>	₹ 1000
<b>Special Hands - on Workshop</b>	₹ 2000

Limited Seats Available in Each Workshop: Registration will be done on First Come First Served Basis.

### Mode of Payment

Cheque / DD / Bank Transfer: in favour of "APSICON 2018" payable at Lucknow or Online Registration using Payment Gateway

### Bank Account Details

Beneficiary Name: **APSICON 2018**  
Bank Account Number & Type: **Current Account, 50200027162622**  
Bank Name: **HDFC Bank**  
Bank Address: **Tekari Chambers, Ashok Marg, Lucknow-226001**  
IFSC Code: **HDFC0001267**

### Registration Fees Includes

- Video Workshop on 21st November 2018.
- 40 Hrs of Lectures and Discussions on Contemporary Plastic Surgery Topics with Participation from the Best and the Brightest National and International Experts.
- 5 Lunches (21-25 Nov), 4 Dinners (21 to 24 Nov) and 10 Tea/Coffee Breaks
- Entry to Scientific Hall and Exhibition Area
- Conference Kit (including Bag, Badge, Certificate, Note Pad and Pen)

### For Offline Registration / Accommodation bookings:

- Kindly download the accommodation/registration forms, fill it, scan it and mail to [apsicon2018@gmail.com](mailto:apsicon2018@gmail.com)  
or send duly filled forms to conference secretariat along with cheque/ DD / UTR number/deposit slip:

### Conference Secretariat:

**Dr. R. K. Mishra**, Organizing Secretary, **APSICON 2018**  
Room No- 54, SIPS Superspecialty Hospital,  
29 Shah Mina Road, **Lucknow-226003**  
■ **Mobile:** +91-9651 646 866  
■ **Email:** [apsicon2018@gmail.com](mailto:apsicon2018@gmail.com)

Please make payments for registration and accommodation **SEPARATELY** in the respective account as per the details provided in this brochure



# Various APSI Sponsorship and Grants for use in 2018

Financial Assistance is provided based on the available interest from respective corpus.

Applications in prescribed format along with short CVs as attachment in email should reach the Secretary, APSI by 31st July 2018.

The Training fellowships are for a period of 4 weeks. Applicants must be **Associate or Full Life members of the Association** and should submit their applications with the scanned approval of the consultants under whom they wish to train. Applications received after the due date and without accompanying approval letters will not be entertained.

## APSI sponsorship for PG trainee to attend APSICON 2018

Apply in prescribed form so as to reach Secretary-APSI by 31st July, 2018.

Applicant may not be a member of APSI but must have registered for APSICON 2018.

## APSI Sponsorship Grants for use in 2019 till September 2019

- Dr. C. R. Sunderrajan National CME.....One
- 15th IPRAS 2009 Humanitarian Activities Fund .....One  
*See separate rules*
- Plastic Surgery Venture Fund .....One
- Promotion of Scientific Activity in Gujarat Fund .....One
- UP APSICON award for Promotion of Scientific Activity in UP .....One
- APSI Sponsorship to attend APSICON 2017 .. Two

Prescribed form available with Secretary-APSI, Last date 31st July, 2018.

## Training Fellowships to be utilized in 2019

- GOA APSICON 2010 - International Training Fellowship .....One
- R.G. Saraiya International Training Fellowship .....One

Successful applicants are required to maintain a daily diary as per proforma during the period and obtain a certificate of attendance from the consultant. Failure to submit report after being awarded the fellowship or grant will amount to default and the applicant will not be allowed to apply for fellowship or grant for period of three years.

Application from PG trainees to attend APSICON should include acceptance letter for their presentation, proof of registration, a short CV and a scanned forwarding letter from Head of the department. PGs who are not members of Association can also apply in this category.

- IX IPRAS Fund International Traveling Fellowship .....One
- Prof. S. R. Tambawekar KEM Microsurgery fellowship .....One
- Myovatec Training Fellowship in Plastic Surgery .....One
- Vasudhan Arjin Fellowship in Laser Surgery .....One
- Brig Kathpalia fellowship in Hand Surgery .....One
- IX IPRAS Fund National Traveling Fellowship .....One
- Chennai Fellowship in Tamil Nadu (Junior Plastic Surgeon) .....One  
*(Within 5 years of M.Ch./DNB) or plastic surgery trainee from anywhere in the country - To visit one center for training in Tamil Nadu.)*
- Chennai Fellowship outside Tamil Nadu (Junior Plastic Surgeon) .....One  
*(Within 5 years of M.Ch./DNB) or plastic surgery trainee from Tamil Nadu. To visit a center outside Tamil Nadu for training.)*
- APSICON 2010 Goa Research Award .....One
- Assistance to attend APSICON 2018 (Junior Plastic Surgery Resident) ..... Two

contd....



## Publication Awards

Kindly use email mode, send hot link of article or send pdf reprint of the article along with the application form.

- N.H. Antia Best Article Published in any Journal including IJPS during 2017.
- Armed Forces endowment Best Case Report / Ideas and Innovation Award published in IJPS in 2017.



**Dr. Sam C. Bose  
&  
Saroja Bose**

## Best Paper on Audit & Research in Plastic Surgery

Anyone of the members of APSI from the junior most to the senior most either individually or in combination can submit their paper for this category with the name of the principal presenter first.

While submitting the abstract of the paper on APSICON 2018 website, select the category as “Best Paper Award” on audit and Research in Plastic Surgery”. Depending on planning of Scientific Sessions at APSICON 2018, such papers may or may not be grouped for presentation simultaneously. Panel of Judges will choose winner from presentations. More details at end of the instructions on the page.

[www.apsicon2018.com](http://www.apsicon2018.com)

## 15th IPRAS 2009 Humanitarian Activities Fund

1. The fund will be governed by general rules applicable to all corpus managed by APSI Trust, i.e. the usual rules of APSI Trust will apply in disbursing the interest and in augmenting the corpus on an annual basis.
2. If there is no proposal in a financial year the entire interest generated will be used to augment the corpus.
3. It will be specifically used for organizing humanitarian activities on behalf of APSI, like organizing ‘Surgical Camps’ at remote places

with the help of local charitable groups or medical colleges, where Plastic Surgery facilities don't exist.

4. The first such disbursement was in the year 2013.
5. The proposals will be submitted to Secretary, APSI at least 8 months before the camp activity.
6. All proposals should include the complete plan, the co-hosts (and their role), financial details, list of surgeons and other staff, food and stay arrangements, venue of surgery etc. Proposals should be comprehensive in all aspects.
7. The Committee to consider such proposals will consist of the President and Secretary of APSI; President, Chairman and Secretary General of IPRAS-2009, and Dr. Chanjiv Singh (Chairman-Humanitarian Committee-IPRAS). This group (Secretary APSI) will present the proposal to the APSI Executive and an electronic approval of the APSI Executive will be taken by him/her to expedite the decision.
8. Surgeons from overseas will need MCI and / or State Medical Council Registration as per rule applicable at the time. This will be ensured by the organizers.
9. A separate bank account will be opened for this purpose by the Chief Organizer and it will have a minimum of two signatories, who will be authorized by APSI Executive to operate this account jointly,
10. This is a financial support of the nature of one time lump sum grant
11. APSI or IPRAS or IPRAS 2009 Organizing committee will take no responsibility in the conduct of the camp. APSI is only a disbursing agency in this regard. The Chief Organizer will furnish a signed statement absolving the above agencies from all risks and liabilities – clinical social and legal - in the conduct of the camp.
12. APSI or IPRAS or IPRAS 2009 Organizing committee will not accept or entertain any demands if there are shortfalls of any manner in the conduct of the camp.
13. The surgical camp will not be conducted in a personal nursing home of a member of APSI. However, it may be carried out in a nursing home where Plastic Surgery facilities don't exist in the Region.
14. Chief Organizer of the camp is to furnish a full

audited statement of accounts within 2 months of the conclusion of the activity. If there are any savings from the amount disbursed they will be returned along with the audited statement.

15. The Chief Organizer will also be responsible to furnish a report of the camp which includes the proceedings, number of cases operated (their detailed list) and some pictures of activity as well as clinical results.
16. All branding for the Camp will bear IPRAS, IPRAS 2009 and APSI Logo. Branding will also have the words inscribed, 'Supported by

Association of Plastic Surgeons of India'.

17. No personal promotion by way of pictures or names etc will be permissible.
18. Any misconduct during the 'Camp' which brought to the notice of APSI Executive will invite disciplinary proceedings according to 'Rules & Regulations' governing APSI.
19. The Chief Organizer requesting APSI funds will sign the 'Rules' mentioned above from serial 3-18 on a Rs. 100 non judicial stamp paper, as a token of acceptance, and get it notarized.

## Guidelines - International Visiting Scholar Programme APSICON 2012

### Introduction

- The Association of Plastic Surgeons of India (APSI) awards Two International Scholarships per Calendar year to a suitable overseas candidate for visiting Plastic Surgery centers in India to enhance his/her professional and academic career.
- The Fellowship was established in the year 2014 through a generous grant from the proceeds of APSICON2012, the 46th Annual meeting of the Association of Plastic Surgeons of India held at Lucknow, Uttar Pradesh, India in the year 2012.
- The Fellowship provides financial support to the tune of Indian Rs. 1,50,000 (One Hundred and Fifty Thousand Only) which is inclusive of the Early Bird Registration for the Annual Meeting of the APSI (APSICON) usually held towards last quarter of calendar year. It will be paid in Indian Rupees to the candidate or to any one of the host institute to be passed on to the scholar.
- The award amount is fixed and is intended to cover the travel costs and stay in the host institute. It can be used to cover costs for visa, passports, airport taxes etc. The award does not cover medical care, insurances or taxes in the country of the scholar; none of which the APSI will be liable for. They also should not be used to provide support for accompanying dependents.
- The Fellowship is not granted for basic training, courses, lectures, meetings, conferences, congresses, etc. It cannot be granted to candidates who are already physically present at the proposed host institute whilst their applications are under consideration.

- The period of fellowship in general will be for 3 months, which can be extended by the Fellow with mutual consent of the host institute for a period not more than another three months. The fellowship amount granted by the APSI will remain the same.
- The original Fellowship cannot be prolonged, or run concurrently with other awards, even those funded by other agencies. These Fellowships may not be financially supplemented by agencies other than the home or host institutes, or the Fellows personally.
- The candidate may choose to visit any center of his/her choice subject to approval from the Executive Committee of the APSI. In case the candidate is unable to find a placement, the association may assist him in the matter.
- The candidate shall be responsible for communicating directly with the centers that he or she wishes to visit and obtaining their approval, which then has to be communicated to the APSI before the application can be considered for approval.
- The candidate shall be responsible for making his or her own travel and lodging arrangements and visa formalities.
- If an individual is selected as an International Scholar and is unable to obtain a visa, APSI is not responsible for continuation of the offer beyond a reasonable date, in which case the offer shall be extended to next candidate in waiting.
- The APSI shall ask the host institute to furnish a

letter of acceptance to the fellowship program should the candidate require such a documentation for visa purposes.

- The candidate has to plan his or her itinerary such that he or she should be able to attend the Annual Conference of the Association of Plastic Surgeons of India (APSICON), which is usually held in the last quarter of the calendar year.
- The fellowship certificate shall be awarded to the candidate at this Annual Conference of the APSI.
- The fellowship award is inclusive of the Early Bird Registration fee of the candidate for attending the Annual Conference of the APSI following which the candidate shall be eligible to apply for the Overseas Membership of the APSI at prevailing rates.
- Majority funds shall be sent to the candidate or the host institute by APSI on receiving intimation of arrival of the scholar. The remaining remuneration if any shall be awarded to the candidate upon completion of the fellowship.
- The completion report along with a daily log of activity at the centers visited shall be submitted compulsorily to Secretary - APSI, before the award can be completed. The completion report should include details regarding the candidates' experience in India, what objectives were achieved and how the experience will affect their career goals.
- The candidates should, in their report, evaluate the program and the centers they visited and offer suggestions for modification and improvement.
- The report should be submitted preferably at the completion of the Fellowship related to visit of each of the centers.

### **Eligibility**

- The candidate has to be a Plastic Surgeon/Surgeon practicing plastic surgery in his/her native country in the early stages of his/her plastic surgical career.
- Candidates who have passed the eligibility exam of their respective country within ten years of the date of application shall be preferred.
- Candidate should be residing outside India.
- Candidate has to be a surgeon of good standing among his peers as attested by the recommendations required by the application process.
- Each applicant should submit a short project summary of the objective of the visit, the reasons for selecting the host supervisor and the way the experience will be utilized after return from India.

Hence, preference will be given to candidates who have shown adequate inclination to the sub-specialty they have chosen as well as their future prospects of utilization of the training obtained.

- The candidate has to be in good health and not suffering from any communicable diseases and has to furnish sufficient documentation to the effect.
- Candidate should be able to communicate in English language.
- The APSI or the host centers shall in no way be responsible for any health or safety issues that may arise during the course of the fellowship. The candidate should be suitably insured for the same.

### **Application process**

- The application process has to be completed and submitted to the APSI Secretary usually before 30th July of each year (30th July, 2018 for the fellowship commencing in the year 2019) for the fellowship program that begins the next year.
- The application has to be on the prescribed format downloadable from the Association's (APSI) website ([www.apsi.in](http://www.apsi.in))
- The application has to be bolstered by the necessary documents as mentioned in the concerned section.
- The application has to be submitted electronically to the Secretary of the Association of Plastic Surgeons of India (APSI) at email address specified in the form, and the same to be copied to [singhkarun@hotmail.com](mailto:singhkarun@hotmail.com)
- The candidate may re-apply for a maximum of three years in continuity.

### **Documentation**

- Application completed in all respects along with one recent frontal photograph and documents as demanded in application.
- Two recommendation – one from the Head / Director / Dean of the Department from where the candidate has passed the eligibility exam and another from the Secretary, President or any office bearer of the National Organization of the candidates specialty. In case there is no association then he may send the recommendation letter or from the association of his basic specialty.



## PGIMER-IT Jackson Cleft & Craniofacial Surgery Award

The award will be open to full members of APSI working in the field of cleft and craniofacial surgery.

The applicant will have to send the manuscript relating to his or her work to the selection committee well in advance of annual meeting.

The selected entry will be presented (10 minutes, Podium) in the annual meeting followed by its publication in IJPS. The award will carry a certificate, medal and cash reward.

### Eligibility:

1. Only a full member of APSI is eligible to apply for the award

### Selection Committee:

1. Chairman: Dr. Ramesh Sharma
2. Current President of APSI shall serve as member secretary
3. The chairman can co-opt one or more members as per discretion

### Procedure:

The submission shall be in the form of original article format for IJPS in single .pdf file which shall be sent to Secretary, APSI by 31st July every year. Nowhere in the submission, should name of author or organization be revealed. Entry will have to be accompanied by application form available by email from the secretary. Author also needs to submit an undertaking that work has not been published or presented earlier.

The winner will be chosen based on the subject matter, content and outline of the submission. All participants will be informed about result six weeks before the APSICON. Winner shall have to register for APSICON and present the topic from podium. The organizing committee will ensure the slot of the paper as a Keynote Address preferably just prior to Cleft and Craniofacial surgery session. The said submission will afterwards be published in IJPS with the superscript "PGIMER-IT Jackson Cleft & Craniofacial Surgery Award paper"

## PGIMER-Sawhney Outstanding Teacher of the Year Award

Prof. C.P. Sawhney, has donated amount of rupees 4 lakhs to start an award to be known as "PGIMER - Sawhney Outstanding Teacher of the Year" award that shall be given to one of the teachers of plastic surgery.

From the savings of APSICON 2014, Rs. 11 lakhs have been added to this corpus.

Members are requested to submit nominations for the teachers.

Please email to drsharmark@gmail.com before 30th September 2018.

### Eligibility:

1. A younger surgeon below 65 years of age
  2. Should be within 5 years of superannuation
  3. Should be a full member of APSI
  4. Should be a skillful professional actively involved in teaching and training of Plastic Surgeons
- Competence and expertise will be the sole criterion.

If there are two candidates of equal competence, senior person will be given due consideration

### Sponsorship:

1. Any Full member of APSI can sponsor

### Selection committee:

4. Chairman: Dr. C P Sawhney
5. Member Secretary: Dr. Ramesh Sharma.

He shall assume the role of Chairman in the absence of Dr. Sawhney

6. Current President of APSI shall be ex-officio member
7. The chairman and the member secretary can co-opt one or more members as per their discretion

### Presentation of Award:

Award shall be presented during the main Inaugural ceremony of the annual APSICON. The award will carry a certificate, medal and cash reward.

## Goa-APSICON-2010 International Training Fellowship (One)

Made available from the savings of APSICON 2010 held in Goa. The award amount is likely to be around Rs. One Lakh subject to realization of interest on the corpus and subject to TDS. The selection shall be done along with other fellowship applications.

APSI members may send application with approval from proposed centre of visit to Secretary - APSI by 31st July 2018.

## Goa-APSICON-2010 Research Award (One)

Made available from the savings of APSICON 2010 held in Goa. The award amount is likely to be around Rs. One Lakh subject to realization of interest on the corpus and subject to TDS. Recently concluded prospective and clinical research will get priority. The applicant will have to declare about all financial, departmental and other help received for the research. The application has to be done by the candidate with research results in the pattern of IJPS article. The three judges for selection are Dr. Mukund Thatte,

Dr. Rajeev Ahuja and Dr. K. Sridhar.

IJPS will have first right to publish the research. Winner will be free to submit it elsewhere if IJPS does not communicate within six months of declaration of selection.

Send entry in PDF format to Secretary APSI along with application form and letter from Head of the unit by 31st July, 2018.

## APSI – Plastic Surgeon for the Year 2018 Award

The Dr. K.S. Shekar endowment

Members can nominate by sending proposal in a prescribed form to The President of the year. Forms can be obtained by email to the secretary. The proposal

must reach the President by 15th September, 2018. Please email to [secretary.apsi@gmail.com](mailto:secretary.apsi@gmail.com) to obtain the proposal form.

## Peet Prize – APSICON 2018

Entries are invited from APSI members. The award is given for presentation of the paper after preliminary selection.

**Eligibility:** All full / life members of APSI

**Submission of papers:** The paper should be of high standard and should have originality. It should be relevant to the Indian context. If experience of a long series of cases is being presented, it is preferable to include a statistical analysis also. New ideas and innovation / new achievements and feats can be presented. Modification of techniques, highlighting cost effectiveness and superiority of results, development of newer instruments, etc. Necessary Application Form should be obtained from Secretary by sending email to [secretary.apsi@gmail.com](mailto:secretary.apsi@gmail.com). Send the same after signing as PDF.

Later entry is to be sent as One PDF attachment to email along with all photographs as well as

illustrations, in the same PDF so as to reach him before 31st July, 2018. Author also needs to submit a separate undertaking in another PDF that work has not been published. The format can be obtained from the Secretary APSI. Nowhere in the submission, should name of author or organization be revealed.

**Acceptance:** The final acceptance of the paper for podium presentation will be communicated to the participants by the Secretary, APSI. Authors who are not selected under Peet Category and still wish to present their papers in APSICON for the year if their paper is not accepted for the Peet Prize Session will have to themselves submit the same to the organizing secretary of the conference.

**Time for Presentation:** Ten minutes will be allowed for presentation, to be followed by 3 minutes of discussion. Anybody from the audience is free to ask questions on the presentation. The title slide should NOT indicate the name of the institution.

## Kilner Essay Award – APSICON 2018

1. Essay on any topic has to be submitted in the same way as IJPS submission, in single PDF by email attachment so as to reach the Secretary, APSI by 31st July 2018. Entry will have to be accompanied by application form available by email from the secretary. Author also needs to submit an undertaking that work has not been published. Nowhere in the submission, should name of author or organization be revealed.
2. Open to all Full or Associate Life members of the association of less than 10 years standing after post-graduation. Please attach scanned copy of MCh/DNB degree certificate
3. It should not be more than 5000 words, excluding references, charts, tables, photographs, etc.
4. This is an essay. It may also include author's original work in this suggested sequence, introduction, material and methods, review of literature, observations, discussion, summary and conclusions.
5. The winner will be chosen based on the subject matter, content and outline of the essay. Judges may also refuse selection for the award if entries are not up to the mark. All participants will be informed about result three weeks before the APSICON. Winner shall have to register for APSICON and present the topic from podium.

## APSI Junior Best Paper Award – APSICON 2018

**Eligibility:** Junior Plastic Surgeon undergoing post doctoral training, or not more than one year after training.

**Submission:** While submitting the abstract of the paper, select the category as “ APSI best paper ”. The paper should not have any co-author. The title should not indicate the name of the institution. After submitting the abstract, please also send a covering letter with scanned copy of certificate from the Head of the Dept. (where the participant is undergoing training) to [apsicon2018@gmail.com](mailto:apsicon2018@gmail.com)

**Presentation:** Seven minutes will be allowed for presentation, to be followed by 2 minutes discussion. Anybody from the audience is free to ask questions on the presentation. Submission is to be done to APSICON 2018 through their website .

For more details go to the end of page at:

<http://www.apsicon2018.com>

## APSICON 2018 Professorships

As decided by the GB 2017, the ETHICON visiting professorships were abolished by the GB 2017 because of lack of funds from ETHICON. As per wishes of APSICON 2018 AND approval given by the Midterm Executive Council, APSICON 2018 will be honouring following fellowships for the year 2018:

- **APSICON 2018 PROFESSOR Plastic surgery:**  
Dr. Yugesh Caplash, Royal Adelaide Hospital
- **APSICON 2018 PROFESSOR Micro surgery:**  
Dr. Vinay Shankhdhar
- **APSICON 2018 PROFESSOR Cosmetic surgery:**  
Dr. Ashish Davalbhakta



# Notice for General Body Meeting

The General Body meeting shall be held on 24th November, 2018, 5:00 p.m., at the venue of conference, Golden Blossom Imperial Resorts, Lucknow.

The detailed agenda of the meeting will be published in the Newsletter dated August 2018.

## New Scheme of Election

- i) Two Election Officers shall be appointed by the President for supervision of election process.
- ii) Nominations, duly proposed and seconded by members, can be submitted to Secretary, on the day of Charles Pinto CME and day one of conference i.e. 22nd and 23rd November 2018 till noon 12.00 hours.

**Application forms for the same shall be available with the Secretary. Candidates can write to secretary.apsi@gmail.com for the same.**

- iii) Scrutiny of nominations shall be done between 12 noon - 1 p.m. on day one of conference - 23rd Nov. 2018.
- iv) The list shall be displayed on the notice board by 1 p.m. on the same day
- v) **Withdrawal shall be permitted till 2 p.m. on same day**
- vi) The final list of contestants will be put on after 2 p.m. on day one of conference - 23rd Nov. 2018
- vii) The candidates contesting for post of Vice president

will be given time of 3 minutes to express their thoughts from the podium at a separate session after 2 p.m. during the conference on day one. No questions will be allowed from the floor. No PowerPoint presentation is allowed

- viii) Ballot paper shall be distributed and submitted between 10 a.m. and 3 p.m. on 24th November, 2018.

**The candidates contesting elections should not campaign near the election booths. If found doing so they will be debarred from contesting the elections**

- ix) Counting shall be done 4 p.m. onwards.

Once the counting has started no ballot papers shall be issued.

Two members nominated by the President with the help of the Secretary and Treasurer of APSI shall scrutinize the list of delegates for their good standing. The result shall be declared at appropriate time during the general body meeting, on 24th November 2018.

Members are requested to take note of this scheme and make it convenient to visit the election polling booth at specified time to be able to cast their vote.

**! ATTENTION**

The Draft Minutes of General Body Meeting 2017 are circulated as a separate file along with this Newsletter.

The Draft Minutes will be available in the Members Area on the website of the association.

This Newsletter is also available on the website of the association:

**www.apsi.in**

### Notice of Disposal of Used and Unused Ballot Papers and Election Related Stationary

The material of all previous Executive council elections held at past general body meetings shall be disposed off by 30th June, 2018. Objections, if any may please be sent to The Secretary.

# APSI Executive Council 2018

## Board of Trustees



### Chairman

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drsuresh11@yahoo.com



### Executive Trustee

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# Sad Demise

## Dr. Bijay Laxmi Nayak

Ex. Professor & HOD Plastic Surgery, SCB Medical College Cuttack, Dr. Bijay Laxmi Nayak passed away on the 8th of March at 81 years of age. She was the First Lady Plastic Surgeon of Odissa.

## Dr. Bijoy Methil



Dr. Bijoy Methil, Consultant Plastic Surgeon at the Jaslok & Saifee Hospitals in Mumbai passed away on 29th Jan. 2018 in a Tragic Bike Accident. Dr. Methil had a special interest in facial cosmetic surgery, non-surgical facial rejuvenation, cosmetic breast surgery & body contouring, head & neck reconstruction & breast reconstruction. He had also been developing a sub-specialty interest in autologous fat transfer, stem cells and regenerative medicine. He did his Fellowship Microsurgery Chang Gung Hospital Taiwan and Fellowship Aesthetic Surgery St. Vincent's Hospital Sydney Australia. He was a thinker and presented several papers at conferences. He received the prestigious Kilner Award of Association of Plastic Surgeons of India. He was a member of the Association of Plastic Surgeons of India (APSI), The International Society of Aesthetic Plastic Surgeons (ISAPS), World society of Reconstructive Microsurgery (WSRM), Indian Society of Reconstructive Microsurgery (ISRM), The American Society of Plastic Surgeons & the Indian Medical Association.

## Dr Anthony Dugald Dias (1927–2018)



### A Tribute

by

Dr. Ravin Thatte

(As read at the condolence meeting held at the Lokmanya Tilak Hospital on the 6/2/2018)

Today is perhaps the saddest day of my professional life. And that life includes all my successes and failures. In the past there was Dr Dias to whom I would turn to share my exultations and sorrows. In recent times the meetings had reduced having grown old myself but there was that feeling that he was still around should I need him. That situation has now changed for ever. I have grown old myself yet I feel orphaned. He was the one who gave me support succour and stability when I entered the portals of these institutions under difficult circumstances in 1961. He was my philosopher and guide who expressly

and also by example told me about the nature of our life and the purpose of our existence. That was the backdrop in front of which his clinical life played out and I used to be awed by the patience persistence and perseverance with which he went about his clinical work. Quintessentially he was a "Yogisurgeon". There is an ancient verse which compares a yogi to the Sun which to our eyes appears to go around the earth but which in fact is not orbiting but is steadfast. When I read that metaphor I was reminded of Dr Dias. His movements and his surgical skills were an extension of his peaceful interior and that is why they were efficient and artistic. It was he who once told me that there was no uglier sight in this world than a person in a hurry. It was this peaceful attribute which starkly reminded you of the difference between ego and AHANKAR on one hand and confidence and self-assurance on the other. I remember him telling me that we must not attempt to surpass others but to be good and useful in our own way. The idea was not to impress the world but to satisfy your conscience and to frame your practises to the conditions that confront us.



This attitude allowed him to contemplate in general and think about solutions to problems then extant in particular. His work on the treatment of post burn Myositis ossificans of the elbow by an excision arthroplasty through the physiological plane was invited to be included in the year book of plastic surgery when we were not even a plastic surgery department. He was perhaps the first one to move a muscle as a flap to close a hole in an organ, the sternomastoid muscle for a laryngeal fistula. I should know because I assisted him. The work on muscle flaps appeared in journals much later. He lived in the present and moved by the plight of patients with urethral strictures he adopted the urethroplasty described by Johanson and his was one of the longest series of successful treatment of that condition in those days. I know this information first hand because I used to calibrate these urethras for their long-term follow-up. Those reconstructed urethras were a cake walk when large metal dilators were used for calibration. In an era when plastic surgeons removed the stitches of their cases themselves I remember him telling me then that the results of a surgeon must always be evaluated by a peer. He was one of the earliest surgeons in India to adopt and publish the results of the rotation advancement technique for a cleft of the lip. After we evolved into a department of plastic surgery he described a new axial pattern flap the S.E.P.A. flap based on the superficial external pudendal artery only after undertaking anatomical dissections. Much much before the current hypothesis that the end stage velopharyngeal incompetence be treated by bolstering the posterior pharyngeal wall either by free tissue graft or an implant this technique was described by him in his paper on use of the stainless- steel mesh for a variety of conditions in the body. I have never again seen and heard such dramatic improvements in the speech of patients with V.P.I. after the mesh was introduced behind the posterior pharyngeal wall. He used to be the first volunteer to do cases which others would avoid, for example pressure sores. His work on the 'shift of the pressure points' after excision of bone in the treatment of pressure sores was proved by impressions on a plaster cast. In order to supply post auricular skin in cases of unilateral microtia he successfully carried that skin on a contralateral superficial temporal artery flap. The then editor of the British journal called it the P.A.R..A.S. flap. The man had vision but this vision was not born out of any divine qualities or a third eye

but was born out of a sustained painstaking clinical analysis followed by contemplation. His axiom that a sinus or a fistula or an ulcer is like a star that guides us in the desert called disease still rings in my ears. His questions such as what is the anatomical diagnosis, what is the pathological nature of the illness, how will you confirm the diagnosis, what is the apparent defect, what is or will be the actual defect, was like poetic mathematics. When regional anaesthesia was not even thought of for major surgery I remember him doing a partial gastrectomy under a regional block followed by a prostatectomy in the same sitting because the patient was too frail for general anaesthesia

He spoke little and said things very softly but like in an ancient verse what he said was like water, capable of breaking the tough resistance of a rock but was also soothing to the listener's mind like water on the sclera. He was a proud Indian and once advised me to go and see the frescos in the caves of Ajantha to know what Indians were capable of. Those frescos were made by Buddhists an atheistic religion while he himself was a devout catholic Christian. When I was intrigued he had told me "faith can move and carve mountains". In the sixties of the last century when the Eucharistic congress was held in Mumbai and his holiness the Pope graced the occasion Dr Dias in spite of an invitation from his parish opted to continue to do his work in the theatre. In answer to an enquiry from an anaesthetist he had said "this here is my eucharistic congress". Yet he was loyal to his parish and did a lot of work in blood and eye donation drives. Outside the unit he was a devoted father and husband and before Loretta his wife passed away there used to be frequent get togethers at his home where the whole unit would get invited for elaborate prolonged and sumptuous dinners. The family including the daughters were gracious and affectionate hosts.

Dr Dias gave to this country a veritable chain of outstanding plastic surgeons though he himself was a generalist because he allowed them to grow. Those of us who seem to think that they are shining, better remember from where the original glow came and bow down with humility because humbleness is what he taught us by example.

Dr A.D. Dias retired as the head of the department of plastic surgery at the Lokmanya Tilak Hospital in Mumbai In 1985.

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Every possible care is taken in collecting material and editing this E-Newsletter. However any omissions / errors are unintentional.

The Newsletter is e-printed and e-published by:

Dr. Parag B. Sahasrabudhe, Hon. Secretary, on behalf of Association of Plastic Surgeons of India.