



ASSOCIATION OF PLASTIC SURGEONS OF INDIA Newsletter

APRIL 2021 | E-NEWSLETTER NO. 88 | LUCKNOW

Dr Rakesh Khazanchi President –APSI



Dr Vijay Kumar Hon.Secretary-APSI



Prof. C R Sunderarajan
Video Workshop

55th Annual Conference of
Association of Plastic Surgeons of India

APSI CON

2020-21

22nd - 24th October

Virtual Conference

Quality & Safety Through Best Practices

SUBMIT YOUR VIDEOS NOW!

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The banner features a dark background with a colorful hexagonal pattern in the top-left and bottom-right corners. At the top, there is a small inset image showing the APSICON 2020-21 logo and the Association of Plastic Surgeons of India (APSI) seal. The main text is centered and reads: "55th Annual Conference of Association of Plastic Surgeons of India" in white, followed by "APSICON 2020-21" in large, bold, teal letters. Below this, it says "22 - 24 October | Virtual Conference" in red and teal. A colorful city skyline is visible in the background. At the bottom, a red and yellow gradient bar contains the text "Quality & Safety Through Best Practices" in white. The website address "www.apsicon2020.in" is displayed in white at the very bottom.

**55th Annual Conference of
Association of Plastic Surgeons
of India**

APSICON
2020-21

22 - 24 October | Virtual Conference

**Quality & Safety
Through Best Practices**

www.apsicon2020.in

Invitation

Dear Friends

Greetings from the organizing committee of APSICON 2020.

The COVID 19 pandemic is continuing unabated with waves and troughs and showing no signs of going away in near future. The APSI executive committee has therefore decided not to postpone the conference any further and carry on with a virtual conference. Keeping in mind the screen fatigue that all of us are facing, this virtual conference will be an abridged version held over 3 days with a total of 15-20 Hrs of scientific sessions which will include CME, orations, guest lectures, competition sessions and selected free papers. Additional free papers/ posters and video workshop will be hosted on the Conference website.

Being the first virtual APSICON, I request you to participate in large numbers and make it a grand success. The conference will be hosted on a 3D platform and will give you a feel of real conference along with a virtual exhibition. The registration fee is nominal. Please block your dates and take time off from your work to enjoy this scientific feast.

Stay safe

Welcome On Board.



Dr Rakesh K Khazanchi
Organising Chairman



Dr Aditya Aggarwal
Organising Secretary



Dr Sanjay Mahendru
Chair Scientific Committee

and All Executive Committee of Current APSICON Team



ORGANIZING COMMITTEE

Organizing Chairman



Dr. Rakesh K Khazanchi

Organizing Secretary



Dr. Aditya Aggarwal

Chair Scientific Committee



Dr. Sanjay Mahendru

Treasurer



Dr. Vimalendu Brajesh

Joint Organizing Secretary



Dr. Sukhdeep Singh

Joint Organizing Secretary



Dr. Hardeep Singh

Website, Audio, Video & Marketing



Dr. Ankit Jain



Dr. Rahul Jain

SCIENTIFIC HIGHLIGHTS

Orations

Key Note
Lectures

Recent
Advances
Update

Best
Practices
In
Plastic
Surgery

Video
Sessions

Award
Papers

E Posters

Free
Papers

Residents
Forum



55th Annual Conference of
Association of Plastic Surgeons of India

APSICON
2020-21

22nd - 24th October | Virtual Conference

Registration Form

DELEGATE DETAILS

Title: Prof. ☐ Dr. ☐ Mr. ☐ Ms. ☐ Mrs. ☐

APSI Membership No.

Gender: Male ☐ Female ☐

First Name

Last Name

Institution / Affiliation:

Address:

Country:

City:

State:

Pin:

Mobile No. with Country Code:

Email:

Registration Fees

Category	Reg. Fees	GST (18%)	Total Amount
APSI Member	2500 INR	450 INR	2950 INR <input type="checkbox"/>
Non APSI Member	3000 INR	540 INR	3540 INR <input type="checkbox"/>
PG Student	1500 INR	270 INR	1770 INR <input type="checkbox"/>

Mode of Payment

1. To Register Online Visit: www.apsicon2020.in

2. Bank Transfer Details

Account Name: APSICON 2020

Account No.: 50100322335893

Bank: HDFC

Branch: HDFC Bank Ltd., Shop No.4 - 8, D Block,
Commercial Shopping Centre, South City II, Gurugram

IFSC Code: HDFC0001721



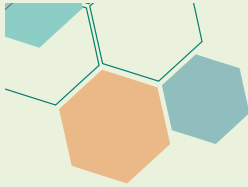
Virtual Conference Secretariat



Vikas Sharma
Conferences International
B-220/2, Second Floor,
Opposite Kali Masjid
Savitri Nagar, New Delhi - 110017
M: +91-9560493999 / 999216837
Email: apsicon2020@gmail.com

Note: Kindly email us bank deposit slip / UTR number Along with duly filled registration form once you made the payment.

www.apsicon2020.in

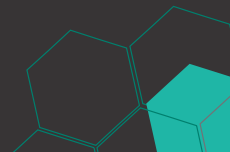


Virtual Conference Secretariat



Conferences International
Mr. Sumeet Ghai
B-220/2, 2nd Floor,
Opposite Kali Masjid, Savitri Nagar
New Delhi – 110017
Mobile: +91 9560493999

www.apsicon2020.in | apsicon2020@gmail.com



Various APSI Sponsorship and Grants for use in 2021-22

Financial Assistance is provided based on the available interest from respective corpus.

Applications in prescribed format along with short CVs as attachment in email should reach the Secretary, APSI by 31st August 2021.

The Training fellowships are for a period of 4 weeks. Applicants must be **Associate or Full Life members of the Association** and should submit their applications with the scanned approval of the consultants under whom they wish to train. Applications received after the due date and without accompanying approval letters will not be entertained.

APSI sponsorship for PG trainee to attend APSICON 2020-21

Apply in prescribed form so as to reach Secretary-APSI by 31st August, 2021.

Applicant may not be a member of APSI but must have registered for APSICON 2020-21.

GRANTS and FELLOWSHIPS

APSI Sponsorship Grants for use in 2021-22 till September 2022

1 15th IPRAS 2009 Humanitarian Activities FundOne
See separate rules

1 Plastic Surgery Venture FundOne 1

Promotion of Scientific Activity in

Gujarat FundOne 1

UP APSICON award for Promotion of

Scientific Activity in UP.....One 1

APSI Sponsorship to attend APSICON 2020-21 .. Two

Prescribed form available with Secretary-APSI, Last date 31st August, 2021.

Training Fellowships to be utilized in 2021-22

1 GOA APSICON 2010 - International Training Fellowship
.....One

Successful applicants are required to maintain a daily diary as per proforma during the period and obtain a certificate of attendance from the consultant. Failure to submit report after being awarded the fellowship or grant will amount to default and the applicant will not be allowed to apply for fellowship or grant for period of three years.

Application from PG trainees to attend APSICON should include acceptance letter for their presentation, proof of registration, a short CV and a scanned forwarding letter from Head of the department. PGs who are not members of Association can also apply in this category.

1 IX IPRAS Fund International Traveling FellowshipOne

1 Prof. S. R. Tambawekar KEM Microsurgery fellowshipOne

1 Myovatec Training Fellowship in Plastic SurgeryOne

1 Vasudhan Arjin Fellowship in Laser SurgeryOne

1 Brig Kathpalia fellowship in Hand Surgery /Gen N C Sanyal Armed forces Professorship.....One

1 IX IPRAS Fund National Traveling FellowshipOne

1 Chennai Fellowship for training in and outside Tamil Nadu (Junior Plastic Surgeon).One *(Within 5 years of M.Ch./DNB) or plastic surgery trainee from anywhere in the country ...1*

1 APSICON 2010 Goa Research AwardOne 1

Assistance to attend APSICON2019

(Junior Plastic Surgery Resident) Two

Publication Awards

Kindly use email mode, send hot link of article or send pdf reprint of the article along with the application form.

1 N.H. Antia Best Article Published in any Journal including IJPS during 2019.

1 N.H. Antia Best Article Published in any Journal including IJPS during 2020.

R.N. Sinha Award for Best paper published in IJPS

1 Armed Forces endowment Best Case Report / Ideas and Innovation Award published in IJPS in 2019.

1 Armed Forces endowment Best Case Report / Ideas and Innovation Award published in IJPS in 2020.



Dr. Sam C. Bose & Saroja Bose

Best Paper on Audit & Research in

Plastic Surgery

Anyone of the members of APSI from the junior most to the senior most either individually or in combination can submit their paper for this category with the name of the principal presenter first.

While submitting the abstract of the paper on APSICON 2019 website, select the category as “Best Paper Award” on audit and Research in Plastic Surgery”. Depending on planning of Scientific Sessions at APSICON 2020-21, such papers may or may not be grouped for presentation simultaneously. Panel of Judges will choose winner from presentations. More details at end of the instructions on the page.

Guidelines - International Visiting Scholar Programme APSICON 2012

Introduction

- 1 The Association of Plastic Surgeons of India (APSI) awards Two International Scholarships per Calendar year to a suitable overseas candidate for visiting Plastic Surgery centers in India to enhance his/her professional and academic career.
- 1 The Fellowship was established in the year 2014 through a generous grant from the proceeds of APSICON2012, the 46th Annual meeting of the Association of Plastic Surgeons of India held at Lucknow, Uttar Pradesh, India in the year 2012.
- 1 The Fellowship provides financial support to the tune of Indian Rs. 1,50,000 (One Hundred and Fifty Thousand Only) which is inclusive of the Early Bird Registration for the Annual Meeting of the APSI (APSICON) usually held towards last quarter of calendar year. It will be paid in Indian Rupees to the candidate or to any one of the host institute to be passed on to the scholar.
- 1 The award amount is fixed and is intended to cover the travel costs and stay in the host institute. It can be used to cover costs for visa, passports, airport taxes etc. The award does not cover medical care, insurances or taxes in the country of the scholar; none of which the APSI will be liable for. They also should not be used to provide support for accompanying dependents.
- 1 The Fellowship is not granted for basic training, courses, lectures, meetings, conferences, congresses, etc. It cannot be granted to candidates who are already physically present at the proposed host institute whilst their applications are under consideration.
- 1 The period of fellowship in general will be for 3 months, which can be extended by the Fellow with mutual consent of the host institute for a period not more than another three months. The fellowship amount granted by the APSI will remain the same.
- 1 The original Fellowship cannot be prolonged, or run concurrently with other awards, even those funded by other agencies. These Fellowships may not be

financially supplemented by agencies other than the home or host institutes, or the Fellows personally.

1 The candidate may choose to visit any center of his/ her choice subject to approval from the Executive Committee of the APSI. In case the candidate is unable to find a placement, the association may assist him in the matter.

1 The candidate shall be responsible for communicating directly with the centers that he or she wishes to visit and obtaining their approval, which then has to be communicated to the APSI before the application can be considered for approval.

1 The candidate shall be responsible for making his or her own travel and lodging arrangements and visa formalities.

1 If an individual is selected as an International Scholar and is unable to obtain a visa, APSI is not responsible for continuation of the offer beyond a reasonable date, in which case the offer shall be extended to next candidate in waiting.

1 The APSI shall ask the host institute to furnish a letter of acceptance to the fellowship program should the candidate require such a documentation for visa purposes.

1 The candidate has to plan his or her itinerary such that he or she should be able to attend the Annual Conference of the Association of Plastic Surgeons of India (APSICON), which is usually held in the last quarter of the calendar year.

1 The fellowship certificate shall be awarded to the candidate at this Annual Conference of the APSI.

1 The fellowship award is inclusive of the Early Bird Registration fee of the candidate for attending the Annual Conference of the APSI following which the candidate shall be eligible to apply for the Overseas Membership of the APSI at prevailing rates.

1 Majority funds shall be sent to the candidate or the host institute by APSI on receiving intimation of arrival of the scholar. The remaining remuneration if any shall be awarded to the candidate upon completion of the fellowship.

1 The completion report along with a daily log of activity at the centers visited shall be submitted compulsorily to Secretary - APSI, before the award can be completed. The completion report should include details regarding the candidates' experience in India, what objectives were achieved and how the experience will affect their career goals.

1 The candidates should, in their report, evaluate the program and the centers they

visited and offer suggestions for modification and improvement.

1 The report should be submitted preferably at the completion of the Fellowship related to visit of each of the centers.

Eligibility

1 The candidate has to be a Plastic Surgeon/Surgeon practicing plastic surgery in his/her native country in the early stages of his/her plastic surgical career.

1 Candidates who have passed the eligibility exam of their respective country within ten years of the date of application shall be preferred.

1 Candidate should be residing outside India.

1 Candidate has to be a surgeon of good standing among his peers as attested by the recommendations required by the application process.

1 Each applicant should submit a short project summary of the objective of the visit, the reasons for selecting the host supervisor and the way the experience will be utilized after return from India.

Hence, preference will be given to candidates who have shown adequate inclination to the sub- specialty they have chosen as well as their future prospects of utilization of the training obtained.

1 The candidate has to be in good health and not suffering from any communicable diseases and has to furnish sufficient documentation to the effect.

1 Candidate should be able to communicate in English language.

1 The APSI or the host centers shall in no way be responsible for any health or safety issues that may arise during the course of the fellowship. The candidate should be suitably insured for the same.

Application process

1 The application process has to be completed and submitted to the APSI Secretary usually before 30th July of each year (30th July, 2018 for the fellowship commencing in the year 2019) for the fellowship program that begins the next year.

1 The application has to be on the prescribed format downloadable from the Association's (APSI) website (www.apsi.in)

1 The application has to be bolstered by the necessary documents as mentioned in the

concerned section.

1 The application has to be submitted electronically to the Secretary of the Association of Plastic Surgeons of India (APSI) at email address specified in the form, and the same to be copied to singhkarun@ hotmail.com

1 The candidate may re-apply for a maximum of three years in continuity.

Documentation

1 Application completed in all respects along with one recent frontal photograph and documents as demanded in application.

1 Two recommendation – one from the Head / Director / Dean of the Department from where the candidate has passed the eligibility exam and another from the Secretary, President or any office bearer of the National Organization of the candidates specialty. In case there is no association then he may send the recommendation letter or from the association of his basic speciality.

APSI – Dr S Raja Sabapathy Leadership award

(supported by Dr. Somes Guha)

The APSI – DrS Raja Sabapathy Leadership Award (supported by Dr Somes Guha), was instituted by Dr Somes Guha, a Plastic Surgeon of Indian Origin presently settled in the US. A corpus of Rs 15,00,000 has been deposited by him with the APSI to present one award each year. The award will be of the value of Rs 1,00,000 with a medal.

The Goal of the Award:

The intention of Dr Somes Guha in instituting this award is to provide a member of the APSI to develop leadership skills to help develop institutions , nurture academic bodies,

innovations to reach out to the masses or to enhance the quality of care, thus improving the status of Plastic and Reconstructive Surgery in the country. The award is to be used by the awardees preferentially to develop the non-surgical skills which are so essential to leave behind a legacy. It could be used to take leadership and management courses, spending time with mentors to realise specific goals or any such activity which would benefit the field of Plastic Surgery and the Association of Plastic Surgeons of India. It is expected that the awardees will in future rise up to take leadership positions in the Association of Plastic Surgeons of India.

Criteria for Selection

1. The applicant must be a member of the APSI, and within 25 years from qualification. While there is no lower or upper age limit, it is expected for the awardee to be in a position to utilise the award to the stated goals of the award.
2. The applicant must send a copy of the CV, with a letter limited to 500 words providing justification of the award and as to how he/she will utilize the award. Goals with timelines will be appreciated and this letter will form one of the important criteria of selection.
3. The applicant will provide the name of two referees who will vouch for the candidates selection.
4. Selection will be made by a committee consisting of the President, President-Elect, Immediate Past President of APSI, one co opted member of the EC and Dr S Raja

Sabapathy

5. The award becomes operational in 2019. The EC decided that the committee will select the first candidate and from then on applications will be called for the selection for the award in future years.
6. Applications are called for the selection for 2021 and the last date for receiving the application is 31st August 2021 by the secretary on kuhuvidush@hotmail.com. The winner will be announced during the APSICON 2020-21. The awardee must complete the assignment before Aug, 2022 and submit a report to the Secretary of the APSI, who in turn will forward it to the EC and the members of the selection committee for approval.
7. The award money and the medal will be given to the candidate during the APSICON 2022.

Background Information

Dr Somes Guha is a Plastic Surgeon of Indian Origin, who worked for the major part of his life in the United Kingdom and USA and presently settled in the United States. He is passionate about Indian History and the history of Sushruta in particular. He donated a fund of over US \$ 100,000 to the Royal College of Surgeons of Edinburgh to establish the Sushruta – Guha oration. A committee of the British Association of Plastic, Reconstructive and Aesthetic Surgeons chose a surgeon with international reputation to deliver the oration during the summer meeting of the BAPRAS. Established in the year 2012, Dr S Raja Sabapathy delivered the 5th oration in 2016 at the meeting of the BAPRAS in Bristol. From 2018, the oration has been moved by the Royal College of

Surgeons of Edinburgh to be delivered during the ICOPLAST meeting.

Dr Guha wished to establish an award for developing the leadership skills in Plastic

Surgeons which he felt would be of immense benefit for the growth of Plastic Surgery in India.

PGIMER-IT Jackson Cleft & Craniofacial Surgery Award

The award will be open to full members of APSI working in the field of cleft and craniofacial surgery.

The applicant will have to send the manuscript relating to his or her work to the selection committee well in advance of annual meeting.

The selected entry will be presented (10 minutes, Podium) in the annual meeting followed by its publication in IJPS. The award will carry a certificate, medal and cash reward.

Eligibility:

1. Only a full member of APSI is eligible to apply for the award

Selection Committee:

1. Chairman: Dr. Ramesh Sharma
2. Current President of APSI shall serve as member secretary
3. The chairman can co-opt one or more members as per discretion

Procedure:

The submission shall be in the form of original article format for IJPS in single .pdf file which shall be sent to Secretary, APSI by 31st July every year. Nowhere in the submission, should name of author or organization be revealed. Entry will have to be accompanied by application form available by email from the secretary. Author

also needs to submit an undertaking that work has not been published or presented earlier.

The winner will be chosen based on the subject matter, content and outline of the submission. All participants will be informed about result six weeks before the APSICON. Winner shall have to register for APSICON and present the topic from podium. The organizing committee will ensure the slot of the paper as a Keynote Address preferably just prior to Cleft and Craniofacial surgery session. The said submission will afterwards be published in IJPS with the superscript “PGIMER-IT Jackson Cleft & Craniofacial Surgery Award paper”

PGIMER-Sawhney Outstanding Teacher of the Year Award

Prof. C.P. Sawhney, has donated amount of rupees 4 lakhs to start an award to be known as “PGIMER - Sawhney Outstanding Teacher of the Year” award that shall be given to one of the teachers of plastic surgery.

From the savings of APSICON2014, Rs.11lakh have been added to this corpus.

Members are requested to submit nominations for the teachers.

Please email to drsharmark@gmail.com before 30th September 2019.

Eligibility:

1. A younger surgeon below 65 years of age
2. Should be within 5 years of superannuation
3. Should be a full member of APSI
4. Should be a skillful professional actively involved in teaching and training of Plastic Surgeons Competence and expertise will be the sole criterion.

If there are two candidates of equal competence, senior person will be given due consideration

Sponsorship:

1. Any Full member of APSI can sponsor

Selection committee:

4. Chairman: Dr. C P Sawhney
5. Member Secretary: Dr. Ramesh Sharma. He shall assume the role of Chairman in the absence of Dr. Sawhney
6. Current President of APSI shall be ex-officio member
7. The chairman and the member secretary can co-opt one or more members as per their discretion

Presentation of Award:

Award shall be presented during the main Inaugural ceremony of the annual APSICON. The award will carry a certificate, medal and cash reward.

Goa-APSICON-2010 International Training Fellowship (One)

Made available from the savings of APSICON 2010 held in Goa. The award amount is likely to be around Rs. One Lakh subject to realization of interest on the corpus and subject to TDS. The selection shall be done along with other fellowship applications.

APSI members may send application with approval from proposed centre of visit to Secretary - APSI by 31st August 2021.

Goa-APSICON-2010 Research Award (One)

Made available from the savings of APSICON 2010 held in Goa. The award amount is likely to be around Rs. One Lakh subject to realization of interest on the corpus and subject to TDS. Recently concluded prospective and clinical research will get priority. The applicant will have to declare about all financial, departmental and other help received for the research. The application has to be done by the candidate with research results in the pattern of IJPS article. The three judges for selection are Dr. Mukund Thatte, Dr. Rajeev Ahuja and Dr. K. Sridhar.

IJPS will have first right to publish the research.

Winner will be free to submit it elsewhere if IJPS does not communicate within six months of declaration of selection.

Send entry in PDF format to Secretary APSI along with application form and letter from Head of the unit by 31st August, 2021.

APSI – Plastic Surgeon for the Year 2018 Award

The Dr. K.S. Shekar endowment

Members can nominate by sending proposal in a prescribed form to The President of the year. Forms can be obtained by email to the secretary. The proposal

must reach the President by 15th September, 2021. Please email to secretary.apsi@gmail.com to obtain the proposal form.

Peet Prize – APSICON 2020-21

Entries are invited from APSI members. The award is given for presentation of the paper after preliminary selection.

Eligibility: All full / life members of APSI

Submission of papers: The paper should be of high standard and should have originality. It should be relevant to the Indian context. If experience of a long series of cases is being presented, it is preferable to include a statistical analysis also. New ideas and innovation / new achievements and feats can be presented. Modification of techniques, highlighting cost effectiveness and superiority of results, development of newer instruments, etc. Necessary Application Form should be obtained from Secretary by sending email to secretary.apsi@gmail.com. Send the same after signing as PDF.

Later entry is to be sent as One PDF attachment to email along with all photographs as well as

illustrations, in the same PDF so as to reach him before 31st August, 2021. Author also needs to submit a separate undertaking in another PDF that work has not been published. The format can be obtained from the Secretary APSI. Nowhere in the submission, should name of author or organization be revealed.

Acceptance: The final acceptance of the paper for

podium presentation will be communicated to the participants by the Secretary, APSI. Authors who are not selected under Peet Category and still wish to present their papers in APSICON for the year if their paper is not accepted for the Peet Prize Session will have to themselves submit the same to the organizing secretary of the conference.

Time for Presentation: Ten minutes will be allowed for presentation, to be followed by 3 minutes of discussion. Anybody from the audience is free to ask questions on the presentation. The title slide should NOT indicate the name of the institution.

Kilner Essay Award – APSICON 2020-21

1. Essay on any topic has to be submitted in the same way as IJPS submission, in single PDF by email attachment so as to reach the Secretary, APSI by 31st

August 2021. Entry will have to be accompanied by application form available by email from the secretary. Author also needs to submit an undertaking that work has not been published. Nowhere in the submission, should name of author or organization be revealed.

2. Open to all Full or Associate Life members of the association of less than 10 years standing after post-graduation. Please attach scanned copy of MCh/DNB degree certificate
- 3 It should not be more than 5000 words, excluding references, charts, tables, photographs, etc.
4. This is an essay. It may also include author's original work in this suggested sequence, introduction, material and methods, review of literature, observations, discussion, summary and conclusions.
5. The winner will be chosen based on the subject matter, content and outline of the essay. Judges may also refuse selection for the award if entries are not up to the mark. All participants will be informed about result three weeks before the APSICON. Winner shall have to register for APSICON and present the topic from podium.

APSI Junior Best Paper Award – APSICON 2020-21

Eligibility: Junior Plastic Surgeon undergoing post doctoral training, or not more than one year after training.

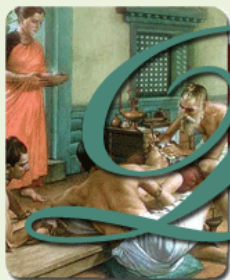
Submission: While submitting the abstract of the paper, select the category as “APSI best paper”. The paper should not have any co-author. The title should not indicate the name of the institution. After submitting the abstract, please also send a covering letter with scanned copy of certificate from the Head of the Dept. (where the participant is undergoing training) to apsicon2020@gmail.com

Presentation: Seven minutes will be allowed for presentation, to be followed by 2 minutes discussion. Anybody from the audience is free to ask questions on the presentation. Submission is to be done to APSICON 2020-21 through their website .

APSICON 2022 Professorships

As decided by the GB 2017, the ETHICON visiting professorships were abolished by the GB 2017 because of lack of funds from ETHICON. As per wishes of APSICON 2018 AND approval given by the Midterm Executive Council, APSICON 2019 will be honouring following fellowships for the year 2022:

- | **APSICON 2022 PROFESSOR Plastic surgery:**
- | **APSICON 2022 PROFESSOR Micro surgery:**
- | **APSICON 2022 PROFESSOR Cosmetic surgery:**



Association of Plastic Surgeons of India



1 Feb 2021

Following the deliberations by the executive committee of APSI, and APSI trust during the APSI EXCO meeting of 31st October 2020 and APSI trust meeting of 29th November 2020 the deliberations, decisions, and the Resolutions thereof, are being circulated to all APSI members for approval.

President proposed for setting up of a virtual office to ease the working of the key office bearers and to archive the documentation for posterity. This idea emerged because the physical premises of APSI have not materialized and there is mounting workload because of increase in membership and other activities. In a virtual office all documents can be stored at one place and digitalized in soft copy. A secretary / manager shall be hired to do the secretarial work for APSI. This is required because the quantum of work which the honorary secretary does has increased significantly and it needs to be delegated to a full time/part time executive secretary / manager. Dr Raja Sabapathy, from the savings of the 2011 APSICON, has offered Rs.40 lacs for merger with the Journal Corpus and remaining amount (around Rs.16 lacs approximately) for creating a virtual office corpus. This was approved by the Executive committee. (minutes 8 & 13 APSI EXCO meeting October 2020).

- Hence resolved that, 'Rs 40 lakhs from the APSICON 2011 Corpus will be merged with the Journal Corpus. Further resolved that the balance amount in the 2011 APSICON Corpus shall be used to create a 'Virtual Office' Corpus. Further Resolved that the APSICON 2011 Corpus shall be extinguished.'**

Proposed by Dr Rakesh Khazanchi

Seconded by Dr Sandeep Vijay Raghwan

Dr Rajiv Ahuja informed that approx. Rs. 40Lacs in humanitarian fund (created from the savings of the IPRAS 2009) is lying unutilized for last two years and Ethicon has withdrawn all the funding towards the APSI courses. We can use this humanitarian fund for funding the APSI courses which have become very popular and sought after by the Trainees. This 'Humanitarian Fund corpus' can be added to the APSI course fund corpus to move towards self-reliance in conducting these courses. Later, other sources can be identified to augment this APSI Course Corpus. All the executive members agreed. The APSI Accredited Courses shall now be acknowledged as supported by APSICON 2005 & IPRAS 2009 funds. (from minute 25 APSI EXCO meeting October 2020)

2. Hence resolved that, 'The Humanitarian Corpus and the APSI Accredited Course Corpus' shall be merged.

Proposed by Dr Rajeev Ahuja

Seconded by Dr Rakesh khazanchi

Dr. Ahuja informed that there are Rs1000 left in Canara bank account and about Rs 7 thousand in Central bank account. These two accounts are not being used and both these accounts will be closed as and when feasible (from minute 7 APSI EXCO meeting October 2020 and from minutes of APSI trust meeting Nov. 2020)

3. Hence resolved that the accounts in the Canara Bank and Central Bank shall be closed.

As informed earlier the Chairman of APSI Trust, Dr Suresh Gupta, passed away on the 4th November 2020 due to COVID 19. In the Trust meeting of 29th Nov 2020, Dr V. Bhattacharya, the officiating Chairman was unanimously elected as the new Chairman of the Trust. Dr Ramesh Sharma was nominated as the 5th Trustee of the APSI Trust by the existing Trust members.

Further, it was decided that the new Signatories to the Trust account will be Dr V Bhattacharya (Chairman), Dr Ahuja (Executive Trustee) and Dr Mukund Thatte. Dr Ahuja shall initiate the process for the change of signatories. Dr Ahuja also mentioned that he was also trying to shift the SBI account from Mumbai to Delhi to ease the operational convenience. (from minutes of APSI trust meeting Nov. 2020)

4. Hence resolved that, The three signatories to all the APSI Trust accounts shall be Dr V Bhattacharya (Chairman), Dr Rajeev B. Ahuja (Executive Trustee) and Dr Mukund Thatte (Trustee). Any two of them to sign any bank / Deposit instrument.

Dr Khazanchi, President, stated that the Organizing committee of APSICON 2020 had spent a lot of money in the organization of the conference for bookings etc., and as most of the registration fee had to be refunded to the delegates, as no conference could be held, the Organizing committee was requesting Rs 10 lacs as seed money to meet with the expenses. The Executive committee agreed to extend this amount as a loan to the President. (minute 19 APSI EXCO meeting October 2020)

5. Hence resolved that Rs 10 lac be given to Dr Rakesh Khazanchi president APSI as a seed money for APSICON 2020

Proposed by Dr Selva

Seconded by Dr Durga karki

The following are relevant minutes of the APSI Accredited Course Committee Meeting held on 12th December, 2020. These are being shared with the GB for approval so that the work on APSI accredited courses can be started in its new format. The funds for these courses in the new format shall be made available from APSI Accredited Course Fund.

Minutes of the APSI Accredited Course Committee Meeting held on 12th December, 2020 at 6PM on Zoom Platform

Dr. Ahuja and Dr.Khazanchi made proposals to start online APSI accredited courses. Everyone favoured the holding of these 'online courses' and agreed a wide audience could be interested. In future, once the pandemic scare is over, it may be possible to have Hybrid courses where some participants are present physically and the rest participate 'online'. The following suggestions were made:

1. The courses shall be conducted on a subscribed ZOOM platform for which the Treasurer shall make a Registration and payment on behalf of APSI. The subscription should be for one year and the platform will be available for unlimited time during the subscription period. This platform can then also be used for any other official APSI meetings also. The indicative cost of such a subscription was about \$15 per month, which all agreed was extremely reasonable.
2. Since the hosting cost was extremely low there was no immediate need to charge any registration fee from the delegates. At least for the first year APSI could test waters by making the course free and then depending on the interest expressed by the participants a charge could be decided from the next year onwards. This could even be a once-a-year charge for all the courses for that year, and for new APSI members it could be made mandatory in the membership fee by adding a loading fee of Rs 1000 for that year.
3. With an estimated interest available being Rs 2.4 lakhs annually, there should be no immediate requirement for a major sponsor of these courses. However, small local sponsorship could be availed by the convenors to mitigate some incidental expenses. Such a sponsorship amount shall be paid directly to the Treasurer who will reimburse the convenors against actual invoices forwarded to him. This arrangement shall obviate the need to open individual 'course accounts' by the convenors and also do away with the system of APSI having a signed contract with the Convenors.
4. Large sponsors could be later invited to bolster support for these courses. The sponsorship levies can be worked out in a subsequent discussion. Similarly, the fee for the small local sponsorship also needs to be worked out. Henceforth, the Course Title shall drop the name 'Ethicon' and will now be known as;

APSI Accredited Course

(Supported by APSICON 2005 & IPRAS 2009)

5. It was agreed that a structured curriculum for 3 years be drafted, focussed on PG training in all aspects, including lectures, case discussions, journal clubs and operative discussions on video.
6. Since this increase in scope of the courses envisaged tremendous insight and involvement in course designing and its conduct, it was suggested by Dr Khazanchi that a HOD of a Teaching Institution should be actively involved in this work. Hence, it was unanimously agreed that Dr Ramesh Sharma shall be appointed as the Co-Chairman of these courses.
7. Further, it was agreed to have these courses every month or every other month so that they impart comprehensive teaching, and become very attractive to postgraduate resident doctors and younger consultants. This format will also be not competing with other surfeit of webinars being held currently by other individuals or Societies.
8. If any APSI course date conflicts with the webinar of any other Society then APSI shall not change the announced date for its course.
9. Since it is difficult to sit before a computer for a long period of time it was agreed that these courses shall follow the weekend schedule as before but for only 4 hours each day (Saturday & Sunday) with a 30 min break after 2 hours. The course should be designed to complete in 8 hours schedule and if it is necessary it may be carried over to the next or any subsequent weekend, as may be feasible.
10. Dr Vinita was requested to prepare templates for graphic publicity and share in the next meeting.
11. Dr Vinita shall be hosting the first 'online module' in January / February 2021, as may be feasible, and on the same topic as assigned to her last year because the course content and the speakers are already planned.
12. Dr Khazanchi mentioned that APSI was shortly hiring a part time Secretary for its virtual office and she could assist in Registration for these courses, and handling all other correspondence, including sending the mailers.

13. It was decided that a registration link would be sent so that each delegate / faculty would register and receive an individual unique password. This would help us keep listing of those registering and would help increase our database for sending further program links.
14. Dr. Vinita was requested to procure the contact ids (email and phone numbers) of the resident groups in the country. This list shall complement the APSI membership mailing database.
15. The next meeting will be scheduled for 26th / 27th December. **This meeting couldn't be held.**
16. These 'Minutes' should be immediately shared with the Executive Committee and then a GB approval to be obtained so that the work can proceed.

The GB needs to pass the following resolutions regarding certain expenditures.

The APSI Trust informed that the grants and payment of following awardees and professorships who have completed their assignments and submitted their reports be made at the rate of 6% of corpus amount.

Visiting Professorships

APSICON 2019 V P in Plastic Surgery – Dr. R. P. Narayanan
 APSICON 2019 V P in Cosmetic Surgery- Dr.MedhaBhave
 APSICON 2019 V P in Micro Surgery – Dr. Vinay Jacob
 Gen. N. C. Sanyal V P in Plastic Surgery – Dr.Bibhuti Bhushan Nayak

Fellowship Grants 2018

APSICON2010 International Travel Grant- Dr.Sumit Singhal
 IX IPRAS International Dr. Harsha Vardhan

National Travelling Fellowships 2018

KEM Dr.Tambwekar Microsurgery - Dr.AmreshBiradar
 IX IPRAS Fund National - Dr. Mayur Goklani
 Chennai Fund fellowship - Dr.Suhas S.
 VasudhanArjin Laser Surgery - Dr. Vickey Jain
 Myovatec Plastic surgery - Dr. Shwetha Agrawal

Grants for year 2018

Plastic Surgery Venture Fund – Office for Member Directory
 APSICON 2010 Goa Research Grant 2017 - **Neehar R Patel, Mukund R Thatte, Anupam B Takwale**
 Promotion of Scientific Activity in Gujarat Fund – **Dr. M F Shaikh**
 Promotion of Scientific Activity in U.P. Fund – **Dr. Vijay kumar**
 Promotion of Scientific Activity Mumbai Fund – MAHA Association
 Promotion of Scientific & Educational Program Maharashtra Chapter - MAHA Association
 Maharashtra Chapter Office Premises Fund - MAHA Association

Dr Ravin Thatte by his letter of 12 Nov 2020 requested Rs 60000/- be paid to the publishers towards the Plastic Surgery notes. Since this request was received after the Executive meeting a formal approval of the Executive couldn't be obtained and hence it is being directly placed before the General body for approval. Since there is no corpus for paying this amount and the Venture Fund is already designated for the Membership Directory, Dr Prabha Yadav has agreed that this amount be paid from the APSICON 2015 Corpus this year.

Membership

Following is the list of application for the membership of APSI, approved by executive council of APSI, needs approval from GBLIST as below

Sl.no	APSI No.		Membersh ip Sought	Name	Date of Birth	Address	Email	Phone No.
01	181 7	G123 FL 2020	Full Life	Akhil Garg	18- Aug- 1985	425, Hawa Singh Block Asiad Village Complex, New Delhi 110049	drgargakhil@gmail.com	987337833 1
02	181 8	B 145 FL202 0	Full Life	Padmini Rajita Naga Bonam	11 July 1981	Flat no. 803 A- block, Western Plaza, OU colony, Sheikpet, Hyderabad 500008	honey.brn81@gmail.com	900057033 3
03	181 9	P 158 FL202 0	Full Life	Sudhanshu Punia	02 May 1985	41, Gautam Apartments, DDA, SFS flats ,Gautam Nagar New Delhi 110049	sudhanshupunia@gmail.com	981827673 0
04	182 0	M 155 FL202 0	Full Life	Samiksha Suresh Mehare	13 Jan 1984	A-71, sector 93B Noida UP 201304	meharesamiksha@gmail.com	837795401 3
05	182 1	C 066 FL202 0	Full Life	UjwalNarayan raoChirde	12 March 1988	Flat No. 204, Two October chs, Eknath Ghadimarg, Parel, Mumbai 400012	drujwalchirde@gmail.com	950373631 5
06	182 2	G 124 FL202 0	Full Life	Rahul Gorka	21 Jun 1984	House No. 94, Sector-6 Model Town, Gangyal, Jammu 180010	placoreclinics@gmail.com	962232940 4
07	182 3	W 015 FL202 0	Full Life	Snehjeet Hemant Wagh	05 Jan 1989	202 JankiSahnivas, 158 shivaji Nagar Nagpur Maharashtra 440010	waghsh@gmail.com	992092518 9
08	182 4	R 104 FL202 0	Full Life	Sinnet Pullarcot Roy	27 April 1986	Pullorcot House, Madaplahuhurt h, Moothakunnam PO, North Paravur Ernakulam Kerala 683516	sinnetpr@gmail.com	949656567 9
09	182 5	S 326 FL202 0	Full Life	Raunak Shinde	26 Sept. 1986	HB 5, Muni Nagar, Indore Road Ujjain MP 456010	drRaunak@hotmail.com	983678800 8
10	182 6	J 075 FL202 0	Full Life	Anand Prasath Jayachandiran	12 June 1989	16,7 th Cross street, New Street, Cheyyar, Tiruvannamalai TN 604407	j7anand@gmail.com	988474932 1
11	182 7	S 326 FL202 0	Full Life	Priyanka Komalkant Sharma	13 Augus t 1987	171 Telegraph Lane, Palika Nikunj, Janpath Delhi 110001	drpriyanka1387@gmail.com	988469351 8
12	182 8	S 327 FL202 0	Full Life	Ashwani Kumar	01 Sept. 1985	House No. 28/23, Police Staff Quarters, Tughlak Road Delhi 110011	Ashwani19185@gmail.com	968107885 6

13	1829	K 155 FL2020	Full Life	Karnasula Chinni Venkata Chalapathi	03 March 1987	Sri Venkata Chalapathi Nursing Home, 10-7-39, Ramaraopeta Kakinada AP 533004	Drchalapathi.kcv@gmail.com	9959011111
14	1830	K 156 FL2020	Full Life	Venkata Nageswara Reddy Komma	20 Dec. 1972	House No. 87/682-1, Kamlanagar, Amma Hospital lane Kurnool AP 518002	Reddy2000komma@gmail.com	8639631665
15	1831	S 328 FL2020	Full Life	Madhuchandra H S	16 March 1984	NO. 113 "Shivapriya", Behind S S High School, Hirehalli AT Post, Tumakuru Taluk Tumakuru Karnataka 572168	madhuchandrahs@gmail.com	9164986688
16	1832	B 146 FL2020	Full Life	Ateesh Jayram Borole	17 August 1979	RH-6, Sector 6, Plot 43, Shreeji CHS, Near Police Station, Koparkhairane, Navi Mumbai Maharashtra 400709	Ateeshborole@gmail.com	7350205150
17	1833	I 008 FL2020	Full Life	Raja kiran Kumar Goud Ireni	05 July 1974	Fl No. A-81, H No. 2-20-3, Sri Nivas Heights, Adarshnagar, Chilananagar Road, Uppal, Hyderabad, AP 500039	Kiransurgeon@yahoo.co.in	9032581599
18	1834	K 157 FL2020	Full Life	Nishant Khare	23 Nov. 1977	C 103 Gulmarg Pride, 1 Kanadia Road Indore MP 452001	drnishantkhare@gmail.com	8224055822
19	1835	G 125 FL2020	Full Life	Richa Premnarayan Goyal	16 Feb 1988	C/O Mr. P R Gupta, Near Hanuman Temple, behind soni automobiles, motinagarPusad DistYuvatmalMa harashtra 445204	Richa.goyal2005@gmail.com	9833829580
20	1836	B 147 FL2020	Full Life	Siddartha Biswas	26 Dec 1976	P 70 Kalindi Housing Estate Kolkata WB 700089	Drjoy2676@gmail.com	9830204976
21	1837	M 156 FL2020	Full Life	Mohd Altaf Mir	11 Dec 1975	ShivnathSumbal SonawariDist Bandipora Srinagar JK 193501	draltafmir@gmail.com	9897561144

22	183 8	D 091 FL202 0	Full Life	Tejaswini Divakar	26 Jan 1987	Flat No. 104, Anvita Apartments, Near cochin Bakery, Kankanady old Road Mangalore Karnataka 575002	tejasdiva@gmail.com	813055075 8
23	183 9	R 105 FL202 0	Full Life	Aadithya Rangarajan	14 Dec 1983	Aster CMI Hospital, Hahakarnagar, Hebbal Bangalore Karnataka	aadidoc14@gmail.com	953521631 0
24	184 0	K 158 FL202 0	Full Life	Pankaj Kumar	04 Dec 1974	B 3 ,Kamalnayan Apartment Gautambuddha Marg,Bariatu Ranchi Jharkhand 834009	Drpankaj95@gmail.com	943006281 1
25	184 1	B 148 FL202 0	Full Life	Umesh Bansal	18 Oct 1976	32/74 Swarn Path Mansarovar Jaipur Rajasthan 302020	Umesh_bansal2003@yahoo.com	986844079 2
26	184 2	R 106 FL202 0	Full Life	Sourabh Rawat	29 March 1981	Sanjeevani Hospital, A-10 Laxminarayan Puri, Near Surajpole Gate, Galta Road Jaipur Rajasthan 302003	Saurabh.rawat1@gmail.com	876400998 9
27	184 3	S 329 FL202 0	Full Life	Anoop Sivakumar	12 May 1989	Sivaas, TC 27/1383, Rishimangalam, Vanchiyoor P O, Tiruvananthapuram, Kerala 695035	dranoopsivakumar@gmail.com	949681590 5
28	184 4	G 126 FL202 0	Full Life	Ankit Gupta	16 Dec 1985	19 Samrat Enclave Pitampura Delhi 110034	Drankit1612@yahoo.com	995822289 7
29	184 5	N 063 FL202 0	Full Life	RavikiranNaala	24 June 1988	709, Gaur Ganga apartment, sector 4 , Vaishali Ghaziabad UP 201010	Ravi_2488@yahoo.co.in	982182658 0
30	184 6	L 018 AL202 0	Associate Life	Angelica Laiphrakpam	05 Feb 1991	ThangmeibandL ourangPurelleik ai, Imphal, Municipal Council Imphal West Manipur 795004	angelicalaiphrakpam@gmail.com	700517490 4
31	184 7	S 330 FL202 0	Full Life	Shivani Atri Singh	25 Dec 1983	D-375, HardevPuri, Loni Road Delhi	atrishivani@yahoo.in	999962676 8

						110093		
32	1848	V 077 FL2020	Full Life	Mukta Verma	23 September 1986	8/189 Jankipuram Extension, Lucknow UP 226031	Drmukta23@gmail.com	9451738117
33	1849	A 117 FL 2020	Full life	Karthik Aithal	18 January 1987	Ashirvad house, 3 rd main cross, Subhas nagar, Mangalore 575001	Dr.karthikaithal@gmail.com	9677077617
34	1850	A 118 FL 2020	Full life	Sheikh Sarfraz Ali	31 March 1986	Street number-08, Iqra colony, New Sirsyednagar Aligarh 202001	drsheikhsarfrazali@gmail.com	9897302089
35	1851	K 159 FL 2020	Full life	Ankur Sharad Karanjkar	16 Sept. 1987	13 Datta colony, karanja (LAD), Dist. WashimMaharashtra 444105	Ankur1596@gmail.com	904988597
36	1852	J 76 FL 2020	Full life	Umesh Jena	22 Oct 1984	Anasuyaresidency, plot 78, OPP. iMFA park, Sahidnagar, Bhubneshwar Orissa 751007	Cooldoc104@gmail.com	9439726899
37	1853	M 157 AL 2020	Associate life	Kushal Monga	16 Nov. 1987	A-56, Shanker Garden, Vikas Puri, New Delhi 110018	Mongakushal87@gmail.com	9829111048
38	1854	M 158 FL 2020	Full Life	Madhusudana Naik Mude	21 April 1976	Flat-204, Royal Garden, Beside Reliance Digital, Nacharam Hyderabad 500076 AP	drmadhuplastic@rajagmail.com	9000033004
39	1855	A 119 FL2020	Full Life	Krittika Aggarwal	30 October 1988	958720 durgacolony, near Sonipat bus stand Rohtak 124001 Hariyana	Krittika.agga@gmail.com	9868601105
40	1856	D 092 FL 2020	Full Life	Pratap Duggirala	15 June 1979	12-456/5/4/A1.Sri Sai Villas,OPP NH5, Tadepalle, Guntur,AP 522501	doc.prathap@gmail.com	8106217468
41	1857	R 107 FL 2020	Full Life	Neeraj Rao	30 May 1986	D-26,Jayant Society Jamnagar, Gujrat 361008	Neeraj1207@gmail.com	8527619707
42	1858	T FL 2020	Full Life	SiddharthaTala bhathula	18 April 1980	Flat No. B 316, oxygen tower 51-1-1 Seethammadhar aVishakapatnam 530013	siddarth.rmc@gmail.com	9949715570

43	185 9	B 149 FL202 0	Full Life	Bellala Naga Bhushanam	01 July 1962	17-1-382/K/I, flat no.410, SVRS Neeladri apartments, opp Govt press colony arch, Champapet, Hyderabad Telangana 500079	nagbellala@gmail.com	984802345 2
44	186 0	K 160 FL202 0	Full Life	Anuradha Kishor	21 March 1985	K-88 Bahadur Park Colaba Mumbai 400005	anurahakishor@gmail.com	880969530 7
45	186 1	S 331 FL 2020	Full Life	Mohammed Rafi Shaik	29 October 1980	Plot no. 2, phase- 1, saket,ecil, kapra Hyderabad AP 500062	rafisurgeon@gmail.com	770291378 6
46	186 2	S 332 AA 2020	Associate Annual	MohsinaSubai r	15 Dec 1989	Shifa company purayidomThath ampally PO, AlleppeyKerala 688013	Mohsinasubair1989@gmail.c om	948619917 6
47	186 3	T FL202 0	Full Life	Komal Tripathi	02 June 1984	317/1, Doctors lane, canal Road TikoniaHaldwani Uttranchal 263139	komalvt@gmail.com	914909768 3
48	186 4	P 159 FL 2020	Full Life	Amit Vinayak Patil	13 May 1982	Flat No. A wing 2101, plot 40, Regency Crest,sector 19, Khargar, Navi Mumbai Maharashtra 410210	Amit.v.patil.mumbai@gmail.c om	922582865 5
49	186 5	S 333 FL202 0	Full Life	Raman Sharma	07 july 1984	437,sector 31 Gurgaon Hariyana 122001	dr.sharma.raman@gmail.co m	989128045 0

If the APSI Secretary receives no objection to this Resolution within 3 weeks of this mail it shall be deemed to have been approved by the General Body.

Please forward any other constructive suggestions you may have regarding the resolution.

A handwritten signature in blue ink, appearing to read "Vijay Kumar", is displayed within a white rectangular box.

**Hon. Secretary
Association of Plastic Surgeons of India**

No objections were received

NOTICE FOR GENERAL BODY MEETING

The General Body meeting of Association of Plastic Surgeons of India shall be held on 24th October, 2021, at 6:00 pm online. Link will be shared

later. The following shall be the agenda:- 1. Opening remarks by the president.

2. Reading the notice of the meeting.

3. Condolences to deceased members.

4. Laurels

5. Confirmation of the minutes of the last general body meeting held at Bhubaneswar (Already circulated)

6. Secretary's report.

7. Editor's report and accounts for 2019-21

8. Treasurer's report and Accounts for 2019-21 9. Accounts- Year Ending 31st March 2021

10. Trustee's report for the year 2019-21.

11. Matters arising out of executive council meetings ,Midterm EC 15 march 2020, emergency EC 30 may 2020, emergency EC 31 October 2020, Midterm EC 7 march 2021, EC meeting 6 June 2021, EC meeting 23 September 2021, Ec meeting on 17 10.21.

12. New memberships & distribution of certificates. 13. Results of awards:

a. Peet Prize,

Kilner essay award,

APSI best paper (Junior),

Dr. S. K. Bhatnagar Quiz,

Dr. Sam and Mrs. Saroja Bose Research and Audit paper,

Kamath McNeil best poster, R.N. Sinha best paper,

NH Antia best publication, Armed Forces Best report, etc.

14. Elections to the following posts:

a). President - One (for 2022)

b). Vice President - One (for 2022)

(c) Honorary Treasurer- One (2022-2024)

(d) Editor-One (2022-2024)

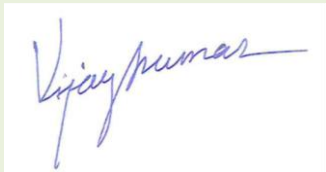
c). Executive members - Three (for 2022-24)

15. Remarks by the incoming President, and outline of activities and 56th APSICON 2022 .

16. Welcoming the new President Elect and permission for Bank Accounts for APSICON 2022 .

17. Any other matter with permission of the chair.

18. Thanks to the chair.

A handwritten signature in blue ink, reading "Vijay Kumar", is displayed on a white rectangular background.

Dr. Vijay Kumar

Hon. Secretary APSI



World Plastic Surgery Day on 15th July– Press note

**Plastic Surgery – It is more than what meets the eyes,
It is also about restoring livelihood and reconstructing lives.....**

The mention of the word, 'Plastic Surgery', could mean different things to different people. Most will think that it is the surgery for the rich to satisfy their vanity, the field for the cine stars to maintain their image, and that surgeons use the material plastic to alter the shape of the nose or the breast. Many also have the idea that Plastic Surgery is beyond the reach of the common man. Much of this confusion comes because of the word, 'Plastic', which is in the name.

It will be interesting to know how the speciality got its name. In Greek, the word 'Plasticos' means 'to mould'. The speciality got its name since the surgeons who practiced this field of surgery moulded the tissues to make them more functional and aesthetic. Adding to the intrigue is the fact that this is only specialty, where the surgeons are not bound to any particular organ or organ system. For example, with the word cardio thoracic surgeon, people identify the specialist as a heart surgeon, neurosurgeon– operates on the brain, GI surgeon – operates on the digestive tract. Plastic Surgeons operate from head to foot, operate on all organ systems, on all ages and on all sexes. In fact, what they do is to restore to form and function what nature missed during formation, or what nature gave but chance destroyed due to infection, accidents, cancer or burns in these areas. Thus, a Plastic Surgeon will operate on a child with cleft of the lips and palate, create an ear for a child when it is not formed, a thumb when it is missing at birth or bring to shape abnormally big feet which cannot fit into the shoes.

Next we come to the situations where 'nature gave but chance destroyed'. A classic example is burns. Advances in burns helps us to save more lives, but many of the burn survivors get their hands and faces deformed. When that happens, the burn survivors become totally dependent even to perform the basic day to day activities. Plastic surgeons due to their efforts and skill make the hands functional and provide them a face to face the world.

One of the modalities for cancer treatment is surgery. By surgery we remove the part that is affected by cancer. Common cancers where surgery is done are cancer of the mouth, and breast. Surgery for cancer of the mouth may involve removal of the jaw bone and without it the patient becomes a cripple while eating. The whole lifestyle becomes altered. Plastic Surgeons can make a new jaw by microsurgery by using the smaller of the two bones from the leg. Over the newly created jaw, even teeth can be implanted. Treatment of breast cancer may involve removal of the entire breast. An almost similar breast in look and feel can be reconstructed by microsurgery from the excess tissues in the lower part of the abdomen.

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Plastic Surgeons just don't operate to change the shape of the nose or the size of the breast. They do that and do more. The field is broadly divided into Aesthetic Surgery and Reconstructive Surgery. In Aesthetic Surgery, the Plastic Surgeon makes the normal even better. With the rising middle class and awareness, the demand for aesthetic surgery is becoming higher in our country. Plastic Surgeons are keeping up to the challenge and the members of the Association of Plastic Surgeons of India (APSI) provide quality aesthetic surgery increasing access at an affordable cost. Safety in aesthetic surgery is ensured by the members of the APSI.

In India, most of the Plastic Surgery that is done is Reconstructive Surgery. Microsurgery, a technique is the marvel of Modern Surgery. By this the plastic surgeons have mastered the art of joining blood vessels as small as 1 mm in diameter. This skill has enabled us to reattach amputated fingers and hands and transfer tissues en bloc to missing areas. Because of this many limbs which would have otherwise got amputated are salvaged.

Apart from the examples mentioned above, it will surprise people if they know the entire gamut of services of Plastic surgery and how it can influence the lives of people. Presently Diabetes is increasing in India. One of the complications of diabetes is foot ulcers. Twenty five percent of diabetics in their lifetime get a foot ulcer and 50 % of ulcers get complicated and 20 % end up in amputation. It is mostly due to neuropathy, wherein the feet lose sensation resulting in the insults to the feet being unrecognized, causing deformities. Deformities change the biomechanics of weight bearing. Plastic Surgeons perform surgery to correct the altered biomechanics to prevent the recurrence of foot ulcers which might lead to amputation.

National Plastic Surgery Day

All Indians can be proud that Plastic Surgery originated in India. Sushruta, the father of Surgery is known to have reconstructed noses and even today that method is known as the Indian Rhinoplasty. Since the field is so vast, present day Plastic Surgeons feel that the scope is not known to the public. To increase awareness, Dr S Raja Sabapathy, the President of the Association of Plastic Surgeons of India for the year 2011, conceptualized the National Plastic Surgery Day and fixed a convenient day of July 15th in the middle of the year to be celebrated every year.

On the day of the inauguration in 2011, all the Plastic Surgeons of the country did one free surgery that day helping countless number of poor people. Since then, every year July 15th is celebrated by all Plastic Surgeons as the National Plastic Surgery Day. Plastic Surgeons do free operations, conduct camps, awareness meetings, write their experiences or start new services. Every Plastic Surgeon on that day does something to increase the awareness of the specialty and extend its reach.

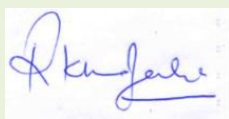
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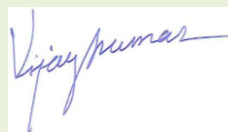
National Plastic Surgery Day becomes the World Plastic Surgery Day

The concept of the National Plastic Surgery day was so successful that the current President of the Association of Plastic Surgeons of India, Dr Rakesh Khazanchi spoke about its success in India in the World council of Leaders. It is a meeting of the Presidents of Plastic Surgery Associations of various countries, organized by the American Society of Plastic Surgeons. Appreciating the concept, all agreed to celebrate July 15th as the World Plastic Surgery Day.

India gave Plastic Surgery to the World. Now Indians can again be proud that what started as the National Plastic Surgery Day in India will be celebrated all over the world as the World Plastic Surgery Day.



Dr. Rakesh K Khazanchi
President
APSI



Dr. Vijay Kumar
Hon. Secretary
APSI

Chairman

Executive Trustee

Executive Council 2020-2021

Board of Trustees



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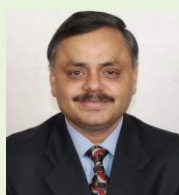


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Immediate Past President
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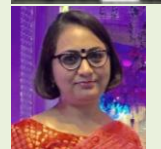
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